

GRINNELL INVITATIONAL 2023

Grinnell, IA
Ahrens Recreation Complex
Weather: Partly Cloudy, SSE 10-20mph, 80% & 74
Host: Grinnell
Tuesday, September 05, 2023

MEET OFFICIALS

Meet Director:
Chris Coffman
Timing:
Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT
printed: 9/5/2023 10:08 AM

Race #3
Girls 5K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Pella	18	1-2-4-5-6(8)(10)	1:42:29	20:30	0:56.6
2 Williamsburg	60	7-11-13-14-15(16)(18)	1:57:06	23:26	2:49.7
3 Benton Community	98	3-12-21-26-36(37)(38)	2:05:09	25:02	8:32.7
4 Grinnell	113	9-20-23-29-32(34)(41)	2:07:56	25:36	6:07.8
5 Newton	126	17-24-27-28-30(31)(33)	2:10:09	26:02	2:21.0
6 Knoxville	140	19-22-25-35-39(40)	2:17:56	27:36	7:45.2

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 DUNHAM, Ruth	FR	Pella	1	20:00.4	6:26.0	4:00.1
2 BLINK, Autumn	SR	Pella	2	20:01.7	6:26.4	4:00.3
3 LYONS, Jaida	SR	Benton Community	3	20:31.2	6:35.9	4:06.2
4 SNIEDER, Raegan	JR	Pella	4	20:34.0	6:36.8	4:06.8
5 SCHROEDER, Macy	SR	Pella	5	20:55.7	6:43.7	4:11.1
6 NEUMANN, Lizzie	SO	Pella	6	20:56.9	6:44.1	4:11.4
7 AXMEAR, Edie	FR	Williamsburg	7	21:31.4	6:55.2	4:18.3
8 BRENNEMAN, Elsie	FR	Pella	(8)	21:37.6	6:57.2	4:19.5
9 ZLYSTRA, Kyilee	FR	Grinnell	9	21:57.1	7:03.5	4:23.4
10 PAULSEN, Tess	SR	Pella	(10)	22:04.5	7:05.9	4:24.9
11 TRINE, Kamry	FR	Pella	-	22:12.5	7:08.4	4:26.5
12 TRINE, Jacie	SR	Pella	-	22:17.1	7:09.9	4:27.4
13 BOONSTRA, Sophia	SR	Pella	-	22:24.9	7:12.4	4:29.0
14 BUCHHOLTZ, Zada	SR	Williamsburg	11	23:03.1	7:24.7	4:36.6
15 PUNT, Chloe	JR	Pella	-	23:44.5	7:38.0	4:44.9
16 KAUDER, Kyra	FR	Benton Community	12	23:48.7	7:39.4	4:45.7
17 SCHIEBOUT, Mara	JR	Pella	-	23:59.7	7:42.9	4:47.9
18 CAPPER, Makenna	FR	Williamsburg	13	24:03.7	7:44.2	4:48.7
19 HUNSINGER, Avary	SO	Pella	-	24:04.8	7:44.6	4:49.0
20 UHLMANN, Graceyn	FR	Williamsburg	14	24:07.0	7:45.3	4:49.4
21 HOFFMAN, Ashlyn	SO	Williamsburg	15	24:21.0	7:49.8	4:52.2
22 McMENOMY, Reagan	SR	Williamsburg	(16)	24:28.1	7:52.1	4:53.6
23 VAN WYK, Addison	SO	Pella	-	24:32.4	7:53.4	4:54.5
24 TEAGARDEN, Abigail	SR	Pella	-	24:33.6	7:53.8	4:54.7
25 WITTENBERG, Rebekah	SO	Pella	-	24:37.4	7:55.0	4:55.5
26 WINTHON, Bella	JR	Newton	17	24:40.3	7:56.0	4:56.0
27 RIVERA, Anya	SO	Williamsburg	(18)	24:45.9	7:57.8	4:57.2
28 BAKER, Janae	SR	Knoxville	19	24:46.5	7:58.0	4:57.3
29 DEVRIES, Reanna	SO	Pella	-	24:57.0	8:01.3	4:59.4
30 ABERNATHY, Lillaryna	JR	Williamsburg	-	25:08.1	8:04.9	5:01.6
31 LINDBERG, Lucy	FR	Grinnell	20	25:11.1	8:05.9	5:02.2
32 HECK, Kayla	SR	South Tama County	-	25:26.5	8:10.8	5:05.3
33 DEVRIES, Rose	SO	Pella	-	25:34.0	8:13.2	5:06.8
34 DEMOSS, Layna	FR	Benton Community	21	25:42.7	8:16.0	5:08.5
35 SCHULTZ, Nicole	SO	Knoxville	22	25:44.0	8:16.5	5:08.8
36 JACOBSON, Mary	SR	Grinnell	23	25:56.6	8:20.5	5:11.3

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INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
37 TROUT, Meghan	FR	Newton	24	25:57.5	8:20.8	5:11.5
38 COLLINS, Natalie	SR	Knoxville	25	26:01.5	8:22.1	5:12.3
39 WOLF, Lizzy	SO	Benton Community	26	26:01.8	8:22.2	5:12.4
40 SHARP, Cameron	SR	Newton	27	26:01.9	8:22.2	5:12.4
41 SMITH, Isabella	SO	Pella	-	26:04.4	8:23.0	5:12.9
42 BOLL, Josie	SO	Pella	-	26:12.1	8:25.5	5:14.4
43 MANATT, Clair	SO	BGM Brooklyn	-	26:25.6	8:29.8	5:17.1
44 PRESTON, Abbie	SO	Newton	28	26:27.9	8:30.6	5:17.6
45 PEREZ VALENTIN, Judith	JR	Grinnell	29	26:46.1	8:36.4	5:21.2
46 MALOW, Sarah	FR	Newton	30	27:01.2	8:41.3	5:24.2
47 PANADA, Paxton	SO	Newton	(31)	27:57.2	8:59.3	5:35.4
48 DAYTON, Maggie	SO	Grinnell	32	28:04.8	9:01.7	5:36.9
49 KINGERY, Alivia	FR	Newton	(33)	28:12.8	9:04.3	5:38.6
50 OLSON, Olivia	SR	Grinnell	(34)	28:19.6	9:06.5	5:39.9
51 HENRY, Carlyn	SO	Pella	-	28:33.9	9:11.1	5:42.8
52 NORTON, Lyndon	SO	Pella	-	28:36.6	9:12.0	5:43.3
53 AUSMAN, Nora	JR	Pella	-	28:38.2	9:12.5	5:43.6
54 MAASDAM, Janie	JR	Knoxville	35	28:52.4	9:17.0	5:46.5
55 WELTE, Alex	SO	Benton Community	36	29:03.9	9:20.7	5:48.8
56 FRESE, Libi	FR	Benton Community	(37)	29:03.9	9:20.7	5:48.8
57 SNOW, Kaitlyn	SR	Williamsburg	-	29:29.7	9:29.0	5:53.9
58 JAWORSKI, Kadence	JR	Pella	-	30:11.4	9:42.4	6:02.3
59 GALEAZZI, Faith	SR	Pella	-	30:11.5	9:42.5	6:02.3
60 MILLER, Greta	FR	Pella	-	30:24.8	9:46.7	6:04.9
61 VANDUSSSELDORP, Lily	SR	Pella	-	30:50.1	9:54.9	6:10.0
62 SITAS, Naomi	FR	Williamsburg	-	30:54.5	9:56.3	6:10.9
63 PADILLA, Andrea	SR	South Tama County	-	31:16.9	10:03.5	6:15.4
64 BLANKENSHIP, Allie	SO	BGM Brooklyn	-	32:00.8	10:17.6	6:24.2
65 PHILLIPS, Mary	SR	Benton Community	(38)	32:13.6	10:21.7	6:26.7
66 MANZO, Jenny	SO	South Tama County	-	32:27.1	10:26.1	6:29.4
67 WILLIS, Charlye	SR	Knoxville	39	32:31.6	10:27.5	6:30.3
68 KEARNEY, Payton	FR	Knoxville	(40)	32:31.8	10:27.6	6:30.3
69 CAMPBELL, Cady	SR	Williamsburg	-	34:46.9	11:11.0	6:57.4
70 WADSWORTH, Lilian	FR	Newton	-	35:04.7	11:16.7	7:00.9
71 ROBBINS, Juliana	FR	Pella	-	35:55.6	11:33.1	7:11.1
72 KNOUSE, Cameron	SO	Pella	-	35:58.8	11:34.1	7:11.8
73 HAMMOND, Abigail	FR	Grinnell	(41)	36:01.9	11:35.1	7:12.4
74 MCANINCH, Morgan	SO	Pella	-	36:44.8	11:48.9	7:20.9
75 PELOCK, Olivia	SR	Newton	-	37:49.1	12:09.6	7:33.8
76 JOHNSON, Kylee	FR	Newton	-	38:31.8	12:23.3	7:42.3
77 RODENBORN, Tamika	JR	Newton	-	42:16.2	13:35.5	8:27.2

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TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Pella	18	1-2-4-5-6(9)(11)	1:24:47	16:58	1:18.6
2 South Tama County Tama	76	3-7-17-22-27(30)(43)	1:30:34	18:07	2:43.0
3 Williamsburg	90	8-12-14-24-32(34)(37)	1:32:25	18:29	2:09.1
4 Grinnell	101	13-15-19-26-28(29)(31)	1:33:33	18:43	1:15.8
5 Newton	131	16-20-23-25-47(48)(49)	1:40:09	20:02	6:36.6
6 Knoxville	139	10-18-33-38-40(41)(44)	1:38:11	19:39	3:34.2
7 Benton Community	173	21-35-36-39-42(45)(46)	1:41:19	20:16	2:44.1

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 DUNHAM, Canaan	SO	Pella	1	16:11.2	5:12.3	3:14.2
2 VANDERWAAL, Nathan	SR	Pella	2	16:16.1	5:13.8	3:15.2
3 TYYNISMAA, Tommy	SR	South Tama County	3	16:31.4	5:18.8	3:18.3
4 SCHUKNECHT, Noah	SO	Pella	4	17:23.4	5:35.5	3:28.7
5 HELLBUSCH, Aren	JR	Pella	5	17:26.7	5:36.5	3:29.3
6 GAULKE, Mason	SO	Pella	6	17:29.8	5:37.5	3:29.9
7 BRANT, James	SR	South Tama County	7	17:31.7	5:38.2	3:30.3
8 SEEMAN, Calvin	SR	Williamsburg	8	17:34.7	5:39.1	3:30.9
9 BROWNE, Devon	JR	Pella	(9)	17:37.4	5:40.0	3:31.5
10 RANKIN, Isaac	SO	Knoxville	10	17:41.9	5:41.4	3:32.4
11 GAUL, Stephen	SR	Pella	(11)	17:50.9	5:44.3	3:34.2
12 EBERSOLE, Jonah	FR	Pella	-	17:54.5	5:45.5	3:34.9
13 BUSCH, Nile	SO	Williamsburg	12	18:00.6	5:47.4	3:36.1
14 HUSTON, Jake	SR	Pella	-	18:04.8	5:48.8	3:36.9
15 CONNER, Cadel	SO	Grinnell	13	18:08.2	5:49.9	3:37.6
16 HULSEBERG, Wes	SR	Williamsburg	14	18:10.9	5:50.8	3:38.2
17 CRITES, Liam	SO	Grinnell	15	18:19.0	5:53.4	3:39.8
18 DOLAND, Javin	JR	Newton	16	18:26.8	5:55.9	3:41.4
19 JESINA, Barrett	SO	South Tama County	17	18:28.7	5:56.5	3:41.7
20 COOK, Cael	SO	Knoxville	18	18:31.4	5:57.3	3:42.3
21 SANDQUIST, Isaac	FR	Grinnell	19	18:35.2	5:58.6	3:43.0
22 MENNINGA, Landon	SR	Newton	20	18:42.8	6:01.0	3:44.6
23 OLSON, Caleb	SO	Benton Community	21	18:43.5	6:01.2	3:44.7
24 ROSENBERGER, Cade	SR	South Tama County	22	18:47.9	6:02.7	3:45.6
25 WOOD, Asher	SR	Newton	23	18:51.4	6:03.8	3:46.3
26 VAN DYKE, Wyatt	SR	Pella	-	18:53.5	6:04.5	3:46.7
27 ROZENBOOM, Daniel	SO	Pella	-	18:54.0	6:04.6	3:46.8
28 MCMULLIN, Tyler	SO	Williamsburg	24	18:55.3	6:05.0	3:47.0
29 CARLTON, Porter	FR	Pella	-	18:56.2	6:05.3	3:47.2
30 TUEL, Caiden	FR	Pella	-	18:57.6	6:05.8	3:47.5
31 CHAPEL, Mars	JR	Pella	-	19:03.8	6:07.8	3:48.7
32 BUCHLI, Christian	JR	Newton	25	19:04.4	6:07.9	3:48.9
33 BLANCHARD, Beaux	JR	Grinnell	26	19:06.2	6:08.5	3:49.2
34 BROWNE, Kaiden	JR	Pella	-	19:07.1	6:08.8	3:49.4
35 SCHIRMER, Holden	SR	South Tama County	27	19:14.3	6:11.2	3:50.9

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
36 WOLF, Aden	FR	Grinnell	28	19:23.9	6:14.2	3:52.8
37 VOS, Atticus	SR	Pella	-	19:25.3	6:14.7	3:53.0
38 LAUG, Harrison	JR	Grinnell	(29)	19:31.4	6:16.6	3:54.3
39 ROHRS, Braxten	SR	South Tama County	(30)	19:33.1	6:17.2	3:54.6
40 BLANCHARD, Aaron	FR	Grinnell	(31)	19:35.9	6:18.1	3:55.2
41 KENT, Nolan	SO	Williamsburg	32	19:43.7	6:20.6	3:56.7
42 SCHULTZ, Connor	SO	Knoxville	33	19:44.1	6:20.7	3:56.8
43 SCHIEBOUT, Asher	SO	Pella	-	19:45.1	6:21.0	3:57.0
44 BRUMMEL, Finn	SO	Williamsburg	(34)	19:49.3	6:22.4	3:57.9
45 O'NEIL, Loic	JR	Pella	-	19:58.4	6:25.3	3:59.7
46 LANGE, Luke	JR	Benton Community	35	19:58.8	6:25.5	3:59.8
47 SIECK, Jeff	SR	Grinnell	-	20:02.1	6:26.5	4:00.4
48 PICKART, Noah	SO	Benton Community	36	20:10.1	6:29.1	4:02.0
49 REED, Colin	FR	Williamsburg	(37)	20:10.2	6:29.1	4:02.0
50 CONNER, Gideon	FR	Grinnell	-	20:11.5	6:29.5	4:02.3
51 ARWINE, Hayes	SO	Williamsburg	-	20:12.5	6:29.8	4:02.5
52 KOONS, Charlie	FR	Williamsburg	-	20:14.3	6:30.4	4:02.8
53 ERICKSON, Abner	SO	Pella	-	20:15.6	6:30.9	4:03.1
54 DEBRUIN, Aaron	SR	Pella	-	20:17.9	6:31.6	4:03.6
55 KLINGNER, Crew	SR	Williamsburg	-	20:26.6	6:34.4	4:05.3
56 COPELAND, MacK	JR	Pella	-	20:35.9	6:37.4	4:07.2
57 THOMPSON, Ben	JR	Pella	-	20:36.2	6:37.5	4:07.2
58 SCHALMO, William	FR	Grinnell	-	20:38.2	6:38.1	4:07.6
59 JOHNSTON, Evan	SO	Pella	-	20:38.4	6:38.2	4:07.7
60 THOMPSON, Keller	SO	Grinnell	-	20:47.3	6:41.0	4:09.4
61 STEENHOEK, Brady	SR	Pella	-	20:51.1	6:42.3	4:10.2
62 NUNNELLEY, Hudson	SO	Williamsburg	-	20:54.0	6:43.2	4:10.8
63 PUNT, Caleb	FR	Pella	-	20:54.0	6:43.2	4:10.8
64 SUTTON, Trevin	FR	Pella	-	20:56.8	6:44.1	4:11.4
65 SINCLAIR, Reid	JR	Knoxville	38	20:57.7	6:44.4	4:11.5
66 ARAIZA, Brian	FR	Benton Community	39	20:59.0	6:44.8	4:11.8
67 HUFFAKER, Noah	JR	Pella	-	21:00.2	6:45.2	4:12.0
68 MESSER, Kolton	SR	Pella	-	21:10.8	6:48.6	4:14.2
69 HEMBROOK, Bradley	FR	Knoxville	40	21:16.1	6:50.3	4:15.2
70 LOPATTO, Billy	JR	Grinnell	-	21:18.4	6:51.1	4:15.7
71 CONRAD, Jack	SR	Pella	-	21:19.9	6:51.5	4:16.0
72 SHAFFER, Jordan	JR	Pella	-	21:24.3	6:53.0	4:16.9
73 GRAY, Hunter	SR	Knoxville	(41)	21:27.2	6:53.9	4:17.4
74 RICKLEFS, Marcus	SR	Benton Community	42	21:27.6	6:54.0	4:17.5
75 KOESTER, Jase	SO	Grinnell	-	21:29.1	6:54.5	4:17.8
76 PEREZ, Jovanie	SO	South Tama County	(43)	21:41.1	6:58.3	4:20.2
77 RUSSELL, Ethan	JR	Knoxville	(44)	21:46.7	7:00.1	4:21.3
78 ARAIZA, Luis	JR	Benton Community	(45)	21:48.0	7:00.6	4:21.6
79 EBELING, Eli	SR	Pella	-	21:49.4	7:01.0	4:21.9
80 CARRERA, Alex	SR	South Tama County	-	21:50.5	7:01.4	4:22.1
81 MITCHELL, Parker	JR	Benton Community	(46)	21:51.1	7:01.6	4:22.2

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82 MCCOMBS, Timothy	SO	Grinnell	-	21:54.4	7:02.6	4:22.9
83 PAULSEN, Dane	SO	Pella	-	22:23.2	7:11.9	4:28.6
84 GROBE, Keegan	SO	Williamsburg	-	22:24.5	7:12.3	4:28.9
85 CHAVEZ, Amare	SR	South Tama County	-	22:26.2	7:12.8	4:29.2
86 DERUITER, Jacon	SR	Pella	-	22:27.0	7:13.1	4:29.4
87 REINERS, Colin	SO	Benton Community	-	22:29.0	7:13.8	4:29.8
88 SCHWAKE, Ethan	FR	Benton Community	-	23:15.4	7:28.7	4:39.1
89 CAREY, P.J.	SO	Williamsburg	-	23:16.2	7:28.9	4:39.2
90 ZIRKEL, Brevin	FR	Williamsburg	-	23:18.4	7:29.6	4:39.7
91 HAWK, Brody	SO	Williamsburg	-	23:20.2	7:30.2	4:40.0
92 SADLER, Jonathon	FR	Benton Community	-	23:45.4	7:38.3	4:45.1
93 BROWN, Jack	JR	Pella	-	23:51.5	7:40.3	4:46.3
94 HILL, Rayden	SO	South Tama County	-	24:13.2	7:47.2	4:50.6
95 ZOLLINGER, Dawson	SR	Williamsburg	-	24:14.7	7:47.7	4:50.9
96 VANDENBERG, Isaac	SO	Pella	-	24:22.4	7:50.2	4:52.5
97 BROWN, Thomas	SR	Grinnell	-	24:24.7	7:50.9	4:52.9
98 NORRIS, Dash	FR	Grinnell	-	24:51.8	7:59.6	4:58.3
99 CUMMINS, Colin	SR	Newton	47	25:03.4	8:03.4	5:00.7
100 MITCHEL, Alex	SR	Pella	-	25:13.7	8:06.7	5:02.7
101 EARLES, Shane	FR	Pella	-	25:24.7	8:10.2	5:04.9
102 GAULEY, Henry	SO	Pella	-	25:26.7	8:10.9	5:05.3
103 HUSTON, Aiden	SO	Pella	-	27:29.3	8:50.3	5:29.9
104 BECKER, Nathan	SO	Benton Community	-	27:48.6	8:56.5	5:33.7
105 TIDBALL, Thomas	SR	Newton	(48)	29:10.6	9:22.9	5:50.1
106 VAN WYK, Sawyer	FR	Pella	-	29:41.0	9:32.7	5:56.2
107 VAN WYK, Zack	FR	Pella	-	29:57.8	9:38.1	5:59.6
108 KLEINMEYER, Luke	SO	Williamsburg	-	30:19.9	9:45.2	6:04.0
109 THOMAS, Eli	SO	Williamsburg	-	30:38.2	9:51.0	6:07.6
110 DOUGLAS, Jaxson	SO	Williamsburg	-	30:38.2	9:51.0	6:07.6
111 POUSH, Wolfgang	FR	Grinnell	-	31:12.5	10:02.1	6:14.5
112 KRIEGEL, Beau	FR	BGM Brooklyn	-	31:29.2	10:07.4	6:17.8
113 HINES, Andrew	SO	Benton Community	-	31:46.6	10:13.1	6:21.3
114 THATCHER, Aaron	FR	Pella	-	33:24.0	10:44.3	6:40.8
115 SCHAEFER, Kayden	FR	Williamsburg	-	33:40.3	10:49.6	6:44.0
116 VAN HAAFTEN, Malachi	FR	Pella	-	35:30.7	11:25.1	7:06.1
117 TREIMER, Isaac	SR	Pella	-	43:22.1	13:56.7	8:40.4
118 WENGEL, Devan	SR	Newton	(49)	49:27.6	15:54.2	9:53.5