



Race #1
Girls Jr High 2 Mile

FINAL RESULTS

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread	Division
1 MS_Pleasant Valley	26	1-3-4-8-10(15)(17)	1:01:38	12:20	1:44.0	
2 MS_Southeast (Iowa City)	46	5-6-7-12-16(22)(28)	1:04:10	12:50	0:37.9	
3 MS_Northwest	88	9-11-13-23-32(34)(36)	1:06:43	13:21	1:35.5	
4 MS_North Central (North Liberty)	108*	14-18-21-25-30(33)(38)	1:08:42	13:45	1:14.5	
5 MS_CR Prairie	108*	2-24-26-27-29(40)(41)	1:07:52	13:35	2:31.1	
6 MS_Evans	189	20-35-42-45-47(52)(53)	1:16:44	15:21	2:33.4	
7 MS-Taft	198	19-37-43-49-50(51)(57)	1:18:14	15:39	3:08.9	
8 MS_Regina	231	31-39-48-55-58(62)	1:22:31	16:31	3:59.5	
9 MS_Roosevelt	259	44-46-54-56-59(60)(61)	1:27:10	17:26	3:15.1	

***Tiebreakers**

MS_North Central (North Liberty)	14	18	21	25	30	33	38
MS_CR Prairie	2	24	26	27	29	40	41

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
1 Sarah Foad	7	2737	MS_Pleasant Valley	1	11:03.30	---	5:31.6
2 Harper Groteluschen	8	3895	MS_CR Prairie	2	11:35.82	32.52	5:47.9
3 Emma Richards	7	2749	MS_Pleasant Valley	3	12:25.80	1:22.50	6:12.9
4 Cali McDermott	8	2744	MS_Pleasant Valley	4	12:37.38	1:34.08	6:18.7
5 Calissa Fruin	8	2874	MS_Southeast (Iowa City)	5	12:38.28	1:34.98	6:19.1
6 Nadia LeClair	8	2882	MS_Southeast (Iowa City)	6	12:43.22	1:39.92	6:21.6
7 Camille Leman	8	2883	MS_Southeast (Iowa City)	7	12:43.62	1:40.32	6:21.8
8 Sadie Morales	8	2746	MS_Pleasant Valley	8	12:44.10	1:40.80	6:22.0
9 Emma Hong	8	2698	MS_Northwest	9	12:46.27	1:42.97	6:23.1
10 Peyton Rexroth	8	2748	MS_Pleasant Valley	10	12:47.23	1:43.93	6:23.6
11 Savannah Mathias	8	2701	MS_Northwest	11	12:47.83	1:44.53	6:23.9
12 Eliza Doster	8	2872	MS_Southeast (Iowa City)	12	12:48.65	1:45.35	6:24.3
13 Carly Moreau	7	2704	MS_Northwest	13	12:51.26	1:47.96	6:25.6
14 Natalie Schechinger	8	2628	MS_North Central (North Liberty)	14	12:57.56	1:54.26	6:28.8
15 Campbell Berg	8	2734	MS_Pleasant Valley	15	13:10.87	2:07.57	6:35.4
16 Louisa Berry-Stoelzle	8	2865	MS_Southeast (Iowa City)	16	13:16.08	2:12.78	6:38.0
17 Charlotte Drayer	8	2736	MS_Pleasant Valley	17	13:31.87	2:28.57	6:45.9
18 Kenna Jenn	8	2613	MS_North Central (North Liberty)	18	13:39.30	2:36.00	6:49.6

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
19	Maeli Sanchez Carmona	8	2750	MS_Pleasant Valley	--	13:44.87	2:41.57	6:52.4
20	Kyanna Green	8	2739	MS_Pleasant Valley	--	13:45.70	2:42.40	6:52.8
21	Aida Kaffenberger	7	2742	MS_Pleasant Valley	--	13:46.30	2:43.00	6:53.2
22	Aila Moylan	7	2747	MS_Pleasant Valley	--	13:46.50	2:43.20	6:53.2
23	Layla Coleman	8	2911	MS_Taft	19	13:47.09	2:43.79	6:53.5
24	Hayden Keith	7	3924	MS_Evans	20	13:47.56	2:44.26	6:53.8
25	Elsie Bisgard	8	2601	MS_North Central (North Liberty)	21	13:51.03	2:47.73	6:55.5
26	Maci Tammaro	7	2752	MS_Pleasant Valley	--	13:53.16	2:49.86	6:56.6
27	Zoe Cacho	8	2735	MS_Pleasant Valley	--	13:53.61	2:50.31	6:56.8
28	Maeve Nordlund	7	2889	MS_Southeast (Iowa City)	22	13:55.14	2:51.84	6:57.6
29	Burah Aldow	8	2692	MS_Northwest	23	13:55.82	2:52.52	6:57.9
30	Jaelyn Sickels	8	3902	MS_CR Prairie	24	14:01.00	2:56.70	7:00.5
31	Sophie Norman	7	2621	MS_North Central (North Liberty)	25	14:01.17	2:57.87	7:00.6
32	Rosalee Serbousek	8	3901	MS_CR Prairie	26	14:02.74	2:59.44	7:01.4
33	Addison Kay	7	3897	MS_CR Prairie	27	14:04.67	3:01.37	7:02.3
34	Charlotte Doran	7	2871	MS_Southeast (Iowa City)	28	14:05.81	3:02.51	7:02.9
35	Sarah Hughes	7	3896	MS_CR Prairie	29	14:06.88	3:03.58	7:03.4
36	Aleah Williams	7	2638	MS_North Central (North Liberty)	30	14:12.05	3:08.75	7:06.0
37	Etta Winders	8	2774	MS_Regina	31	14:16.44	3:13.14	7:08.2
38	Josslynn Jordan	7	2699	MS_Northwest	32	14:21.70	3:18.40	7:10.8
39	Isabel Madsen	7	2617	MS_North Central (North Liberty)	33	14:22.91	3:19.61	7:11.5
40	Adia Scott	7	2707	MS_Northwest	34	14:27.96	3:24.66	7:14.0
41	Lyla Johnson	7	2741	MS_Pleasant Valley	--	14:30.12	3:26.82	7:15.1
42	Maya Ferguson	8	3923	MS_Evans	35	14:43.01	3:39.71	7:21.5
43	Alaina Baxter	7	2862	MS_Southeast (Iowa City)	--	14:46.67	3:43.37	7:23.3
44	Claire France	8	2738	MS_Pleasant Valley	--	14:50.64	3:47.34	7:25.3
45	Katie Koester	7	2743	MS_Pleasant Valley	--	15:01.57	3:58.27	7:30.8
46	Emery O'Brien	7	2705	MS_Northwest	36	15:02.48	3:59.18	7:31.2
47	Willa Coleman	8	2912	MS_Taft	37	15:04.61	4:01.31	7:32.3
48	Ayla Trolliet	7	2634	MS_North Central (North Liberty)	38	15:06.95	4:03.65	7:33.5
49	Amelie Bechtel	8	2863	MS_Southeast (Iowa City)	--	15:08.04	4:04.74	7:34.0
50	Amelia Terrill	8	2895	MS_Southeast (Iowa City)	--	15:08.92	4:05.62	7:34.5
51	Mary Kate Johannes	7	2740	MS_Pleasant Valley	--	15:13.11	4:09.81	7:36.6
52	Clare McMahon	7	2745	MS_Pleasant Valley	--	15:14.41	4:11.11	7:37.2
53	Angela Wang	7	2712	MS_Northwest	--	15:14.94	4:11.64	7:37.5
54	Lindy Clark	8	2695	MS_Northwest	--	15:16.45	4:13.15	7:38.2
55	Ella Stone	7	2709	MS_Northwest	--	15:17.94	4:14.64	7:39.0
56	Vienna Batdorf	7	2733	MS_Pleasant Valley	--	15:18.69	4:15.39	7:39.3
57	Kelsey Herrig	8	2879	MS_Southeast (Iowa City)	--	15:19.09	4:15.79	7:39.5
58	Paige Fethke	7	2873	MS_Southeast (Iowa City)	--	15:19.29	4:15.99	7:39.6
59	Ava Solis	8	2751	MS_Pleasant Valley	--	15:20.10	4:16.80	7:40.0
60	Greta Daniels	8	2604	MS_North Central (North Liberty)	--	15:20.79	4:17.49	7:40.4
61	Gabbi Swift	7	2633	MS_North Central (North Liberty)	--	15:25.70	4:22.40	7:42.8

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
62	Abigail Ooms	7	2706	MS_Northwest	--	15:31.56	4:28.26	7:45.8
63	Maisie Martinez	8	2618	MS_North Central (North Liberty)	--	15:37.45	4:34.15	7:48.7
64	Hailey Hansen	8	2611	MS_North Central (North Liberty)	--	15:39.30	4:36.00	7:49.6
65	Lola Hakes	7	2609	MS_North Central (North Liberty)	--	15:40.36	4:37.06	7:50.2
66	Adeline Smith	8	2772	MS_Regina	39	15:45.34	4:42.04	7:52.7
67	Arden Voldase	7	3905	MS_CR Prairie	40	15:47.73	4:44.43	7:53.9
68	Arianna Cook-McCormick	8	3894	MS_CR Prairie	41	15:50.11	4:46.81	7:55.1
69	Sophie Schmidt	7	3926	MS_Evans	42	15:50.33	4:47.03	7:55.2
70	Layla Borgen	8	2866	MS_Southeast (Iowa City)	--	15:50.94	4:47.64	7:55.5
71	Anna Platte	8	2890	MS_Southeast (Iowa City)	--	15:50.97	4:47.67	7:55.5
72	Justine Barker	8	2693	MS_Northwest	--	15:57.34	4:54.04	7:58.7
73	Zelda Ayers	8	2861	MS_Southeast (Iowa City)	--	15:59.50	4:56.20	7:59.7
74	Chandler Gardner	7	2914	MS-Taft	43	16:00.22	4:56.92	8:00.1
75	Brynn Thompson	7	3904	MS_CR Prairie	--	16:01.19	4:57.89	8:00.6
76	Sadie Feit	8	2798	MS_Roosevelt	44	16:01.60	4:58.30	8:00.8
77	Kennedy Sexton	8	3927	MS_Evans	45	16:01.66	4:58.36	8:00.8
78	Akiho Sugiyama	7	2710	MS_Northwest	--	16:08.07	5:04.77	8:04.0
79	Harini Mohan	8	2702	MS_Northwest	--	16:10.26	5:06.96	8:05.1
80	Mariam Wendo	7	2807	MS_Roosevelt	46	16:17.27	5:13.97	8:08.6
81	Chihiro Murakami	7	2886	MS_Southeast (Iowa City)	--	16:19.07	5:15.77	8:09.5
82	Finley Zuitoff	8	3928	MS_Evans	47	16:20.91	5:17.61	8:10.5
83	Emilia Harel	7	2877	MS_Southeast (Iowa City)	--	16:21.62	5:18.32	8:10.8
84	Coroline O'Rourke	7	2771	MS_Regina	48	16:23.99	5:20.69	8:12.0
85	Olivia Becker	8	2864	MS_Southeast (Iowa City)	--	16:25.71	5:22.41	8:12.9
86	Kalista Koppel	7	2915	MS-Taft	49	16:25.80	5:22.50	8:12.9
87	Hana Hadzic	8	2876	MS_Southeast (Iowa City)	--	16:45.86	5:42.56	8:22.9
88	Madalyn Tucker	7	2635	MS_North Central (North Liberty)	--	16:53.39	5:50.09	8:26.7
89	Mary Corizzo	8	2913	MS-Taft	50	16:55.98	5:52.68	8:28.0
90	Naomi Lehnhardt	8	2916	MS-Taft	51	17:03.04	5:59.74	8:31.5
91	Gabby Mostaert	8	3898	MS_CR Prairie	--	17:09.60	6:06.30	8:34.8
92	Maiya Barnes	7	3921	MS_Evans	52	17:15.84	6:12.54	8:37.9
93	Lily Kealey	8	2880	MS_Southeast (Iowa City)	--	17:27.81	6:24.51	8:43.9
94	Emily Rothfuss	7	2627	MS_North Central (North Liberty)	--	17:34.57	6:31.27	8:47.3
95	Isabel DeMoss	7	3922	MS_Evans	53	17:38.75	6:35.45	8:49.4
96	Lise Batige	7	2795	MS_Roosevelt	54	17:43.68	6:40.38	8:51.8
97	Selah Dickerson	8	2870	MS_Southeast (Iowa City)	--	17:44.64	6:41.34	8:52.3
98	Ciara Goldsmith	7	2769	MS_Regina	55	17:48.97	6:45.67	8:54.5
99	Joice Tshibangu	7	2806	MS_Roosevelt	56	17:49.90	6:46.60	8:54.9
100	Tilly Johnsen	8	2614	MS_North Central (North Liberty)	--	17:52.33	6:49.03	8:56.2
101	Ada Meineke	8	2884	MS_Southeast (Iowa City)	--	17:55.01	6:51.71	8:57.5
102	Phoebe Smart	7	2630	MS_North Central (North Liberty)	--	18:00.93	6:57.63	9:00.5
103	Josie Martinez-White	7	2917	MS-Taft	57	18:04.72	7:01.42	9:02.4
104	Mahala Smith	8	2631	MS_North Central (North Liberty)	--	18:12.53	7:09.23	9:06.3

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
105	Josie Hartzler	8	2770	MS_Regina	58	18:15.93	7:12.63	9:08.0
106	Anaya Patil	8	2622	MS_North Central (North Liberty)	--	18:19.79	7:16.49	9:09.9
107	Molly Molsberry	8	2885	MS_Southeast (Iowa City)	--	18:20.34	7:17.04	9:10.2
108	Vera Neal	8	3899	MS_CR Prairie	--	18:30.73	7:27.43	9:15.4
109	Navina Brown	7	2603	MS_North Central (North Liberty)	--	18:31.44	7:28.14	9:15.7
110	Sephora Whalen	8	2637	MS_North Central (North Liberty)	--	18:32.47	7:29.17	9:16.2
111	Elise Riehl	7	2624	MS_North Central (North Liberty)	--	18:39.45	7:36.15	9:19.7
112	Ivy Shi	7	2893	MS_Southeast (Iowa City)	--	18:44.10	7:40.80	9:22.1
113	Nevaleigh Haverhals	7	2878	MS_Southeast (Iowa City)	--	18:44.26	7:40.96	9:22.1
114	Alice Abbas	8	2689	MS_Northwest	--	19:08.71	8:05.41	9:34.4
115	Sadie Shonrock	7	2708	MS_Northwest	--	19:14.39	8:11.09	9:37.2
116	Irene Delgado Gonzalez	8	2796	MS_Roosevelt	59	19:16.62	8:13.32	9:38.3
117	Harper Dean	8	2697	MS_Northwest	--	19:44.74	8:41.44	9:52.4
118	Daphne Faga	8	2608	MS_North Central (North Liberty)	--	19:54.44	8:51.14	9:57.2
119	Avery Rolfes	7	2626	MS_North Central (North Liberty)	--	20:15.01	9:11.71	10:07.5
120	Monique Pamazi	8	2802	MS_Roosevelt	60	20:22.62	9:19.32	10:11.3
121	Izaelea Coleman	7	2868	MS_Southeast (Iowa City)	--	20:36.60	9:33.30	10:18.3
122	Penelope Decker	7	2869	MS_Southeast (Iowa City)	--	20:46.53	9:43.23	10:23.3
123	Diamond Riggins	7	2804	MS_Roosevelt	61	21:19.96	10:16.66	10:40.0
124	Lisa Soka	8	2773	MS_Regina	62	21:31.99	10:28.69	10:46.0
125	Emma Smith	8	2894	MS_Southeast (Iowa City)	--	21:44.79	10:41.49	10:52.4
126	Lily Doobay	7	2606	MS_North Central (North Liberty)	--	21:47.65	10:44.35	10:53.8
127	Anna Klein	7	2881	MS_Southeast (Iowa City)	--	21:49.02	10:45.72	10:54.5
128	Mari Berquam	7	4000	MS_North Central (North Liberty)	--	22:00.61	10:57.31	11:00.3
129	Taraji Riley	8	2805	MS_Roosevelt	--	22:02.45	10:59.15	11:01.2
130	Hattie Hoffman	7	2612	MS_North Central (North Liberty)	--	22:13.60	11:10.30	11:06.8
131	Abbigail Dyson	7	2797	MS_Roosevelt	--	22:15.93	11:12.63	11:08.0
132	Sophia Osterkamp	7	2801	MS_Roosevelt	--	22:17.70	11:14.40	11:08.8
133	Sarah Schott	7	2629	MS_North Central (North Liberty)	--	22:34.20	11:30.90	11:17.1
134	Nora McDonald	7	2619	MS_North Central (North Liberty)	--	23:32.06	12:28.76	11:46.0
135	Molly Nolan	7	2888	MS_Southeast (Iowa City)	--	24:49.69	13:46.39	12:24.8
136	Alexis Tranel	7	2711	MS_Northwest	--	25:01.92	13:58.62	12:31.0
137	Kaedyn Arivett	8	2794	MS_Roosevelt	--	27:12.00	16:07.70	13:36.0
138	Christina Kalonji	7	2799	MS_Roosevelt	--	27:14.17	16:10.87	13:37.1
139	Rebekka Steele	7	2632	MS_North Central (North Liberty)	--	28:06.33	17:03.03	14:03.2
140	Lydia Niemitalo	7	2620	MS_North Central (North Liberty)	--	28:07.75	17:04.45	14:03.9
141	Kaylee Blakely	7	2694	MS_Northwest	--	33:03.87	22:00.57	16:31.9

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread	Division
1 MS_Pleasant Valley	43	3-4-8-9-19(21)(23)	56:41	11:21	0:47.2	
2 MS_Southeast (Iowa City)	44	2-6-7-11-18(20)(25)	56:37	11:20	0:51.1	
3 MS_Northwest	100	5-15-16-26-38(40)(42)	58:47	11:46	1:24.3	
4 MS_CR Prairie	111	10-12-14-29-46(54)(58)	59:34	11:55	1:15.9	
5 MS_North Central (North Liberty)	118	13-22-24-28-31(33)(35)	59:35	11:55	0:42.5	
6 MS_Roosevelt	186	1-32-37-55-61(66)(68)	1:02:45	12:33	3:44.8	
7 MS_Regina	205	17-43-47-48-50(51)(52)	1:02:54	12:35	1:09.5	
8 MS_Taft	209	30-34-41-45-59(60)(63)	1:03:38	12:44	1:24.2	
9 MS_Evans	229	27-36-53-56-57(64)(65)	1:03:56	12:48	1:23.3	
10 MS_Durant	261	39-44-49-62-67	1:07:51	13:35	2:52.6	

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
1 Gracia Kabula	8	2785	MS_Roosevelt	1	10:31.38	---	5:15.7
2 Leif Eastlund	8	2824	MS_Southeast (Iowa City)	2	10:53.39	22.01	5:26.7
3 Matthew Sargent	8	2728	MS_Pleasant Valley	3	10:59.20	27.82	5:29.6
4 Griffynn Evans	8	2719	MS_Pleasant Valley	4	11:04.16	32.78	5:32.1
5 Michael Hanna	8	2655	MS_Northwest	5	11:05.62	34.24	5:32.8
6 Zach Howard	8	2837	MS_Southeast (Iowa City)	6	11:11.28	39.90	5:35.6
7 Jasper McRoberts	8	2846	MS_Southeast (Iowa City)	7	11:13.73	42.35	5:36.9
8 Dexter Needham	8	2726	MS_Pleasant Valley	8	11:21.14	49.76	5:40.6
9 Connor Feehan	7	2720	MS_Pleasant Valley	9	11:29.49	58.11	5:44.7
10 Kolten Switzer	8	3891	MS_CR Prairie	10	11:32.91	1:01.53	5:46.5
11 Colin Beerends	8	2813	MS_Southeast (Iowa City)	11	11:33.91	1:02.53	5:47.0
12 Eli Dahlem	8	3877	MS_CR Prairie	12	11:34.85	1:03.47	5:47.4
13 Atticus Weis	8	3995	MS_North Central (North Liberty)	13	11:35.92	1:04.54	5:48.0
14 Grady Sauser	8	3890	MS_CR Prairie	14	11:36.59	1:05.21	5:48.3
15 Adam Lee	8	2662	MS_Northwest	15	11:37.93	1:06.55	5:49.0
16 Ahmed Elbeshti	8	2648	MS_Northwest	16	11:38.20	1:06.82	5:49.1
17 Andrew Welter	7	2767	MS_Regina	17	11:43.03	1:11.65	5:51.5
18 Gavin Wedemeyer	8	2858	MS_Southeast (Iowa City)	18	11:44.43	1:13.05	5:52.2
19 Robert Broughton	8	2718	MS_Pleasant Valley	19	11:46.33	1:14.95	5:53.2
20 John Seamans	8	2854	MS_Southeast (Iowa City)	20	11:47.14	1:15.76	5:53.6
21 Augie Prior	7	2727	MS_Pleasant Valley	21	11:47.97	1:16.59	5:54.0
22 Carter Konrardy	8	3968	MS_North Central (North Liberty)	22	11:48.35	1:16.97	5:54.2
23 Joe Allen	7	2714	MS_Pleasant Valley	23	11:49.94	1:18.56	5:55.0
24 Jack Kresowik	8	2724	MS_Pleasant Valley	--	11:50.29	1:18.91	5:55.1
25 Ibraheem Baig	7	2715	MS_Pleasant Valley	--	11:50.76	1:19.38	5:55.4

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
26	Jens Strand	8	3991	MS_North Central (North Liberty)	24	11:54.20	1:22.82	5:57.1
27	Soren Miller	8	2847	MS_Southeast (Iowa City)	25	11:54.60	1:23.22	5:57.3
28	Alexander Moss	8	2670	MS_Northwest	26	11:54.68	1:23.30	5:57.3
29	Titus O'Dell	8	3917	MS_Evans	27	11:56.80	1:25.42	5:58.4
30	Joel Bilskemper	8	3931	MS_North Central (North Liberty)	28	11:58.11	1:26.73	5:59.1
31	Oliver Erickson	8	2829	MS_Southeast (Iowa City)	--	11:58.38	1:27.00	5:59.2
32	Tristan Stolley	7	3886	MS_CR Prairie	29	12:00.26	1:28.88	6:00.1
33	Rowen Adkins	7	2713	MS_Pleasant Valley	--	12:03.57	1:32.19	6:01.8
34	Adam Blomme	8	2899	MS_Taft	30	12:15.00	1:42.62	6:07.5
35	Maxwell Kinzer	7	3966	MS_North Central (North Liberty)	31	12:18.39	1:47.01	6:09.2
36	Sam Elliott	7	2826	MS_Southeast (Iowa City)	--	12:20.49	1:49.11	6:10.2
37	Ben Sauder	8	2852	MS_Southeast (Iowa City)	--	12:22.98	1:51.60	6:11.5
38	Faraja Claude	7	2778	MS_Roosevelt	32	12:24.81	1:53.43	6:12.4
39	Hans Hildebrand	7	3960	MS_North Central (North Liberty)	33	12:25.61	1:54.23	6:12.8
40	Alex Anderson	8	2896	MS_Taft	34	12:26.00	1:53.62	6:13.0
41	James Roth	8	3986	MS_North Central (North Liberty)	35	12:27.49	1:56.11	6:13.7
42	Ty Wetrich	7	3920	MS_Evans	36	12:28.28	1:56.90	6:14.1
43	Uwezo Baraka	7	2777	MS_Roosevelt	37	12:29.53	1:58.15	6:14.8
44	Mert Ince	7	2658	MS_Northwest	38	12:29.92	1:58.54	6:15.0
45	Aaron Garcia	8	3906	MS_Durant	39	12:30.90	1:59.52	6:15.4
46	Leo Jordan	8	2659	MS_Northwest	40	12:32.09	2:00.71	6:16.0
47	Dylan Gatewood	8	2901	MS_Taft	41	12:32.34	2:00.96	6:16.2
48	Jameson Provorse	7	3984	MS_North Central (North Liberty)	--	12:33.35	2:01.97	6:16.7
49	Axel Brandsmeier	7	2644	MS_Northwest	42	12:35.69	2:04.31	6:17.8
50	Amrit Wattal	8	2731	MS_Pleasant Valley	--	12:37.59	2:06.21	6:18.8
51	Cristiano Pratt	7	2764	MS_Regina	43	12:38.04	2:06.66	6:19.0
52	Tiernan Burke	8	3938	MS_North Central (North Liberty)	--	12:41.16	2:09.78	6:20.6
53	Brayden Mosier	8	3907	MS_Durant	44	12:42.00	2:10.62	6:21.0
54	Harrison Foley	7	2649	MS_Northwest	--	12:43.68	2:12.30	6:21.8
55	Andrew Hamilton	7	2833	MS_Southeast (Iowa City)	--	12:44.19	2:12.81	6:22.1
56	Alex Neuenschwander	7	2675	MS_Northwest	--	12:44.31	2:12.93	6:22.2
57	sam Baranowski	7	2898	MS_Taft	45	12:44.74	2:13.36	6:22.4
58	Roman Stocking	8	2729	MS_Pleasant Valley	--	12:45.31	2:13.93	6:22.7
59	Elijah Howe	8	2656	MS_Northwest	--	12:45.43	2:14.05	6:22.7
60	Peter Tigges	7	2857	MS_Southeast (Iowa City)	--	12:46.45	2:15.07	6:23.2
61	Harris Peterson	8	2851	MS_Southeast (Iowa City)	--	12:46.67	2:15.29	6:23.3
62	Logan Brunkhorst	8	3936	MS_North Central (North Liberty)	--	12:48.30	2:16.92	6:24.1
63	Ben Lanxon	8	3970	MS_North Central (North Liberty)	--	12:48.38	2:17.00	6:24.2
64	Max Haight	8	3882	MS_CR Prairie	46	12:48.73	2:17.35	6:24.4
65	Drew Leeman	7	2761	MS_Regina	47	12:49.44	2:18.06	6:24.7
66	Ben Wade	8	2766	MS_Regina	48	12:50.34	2:18.96	6:25.2
67	Cory Wethington	8	3910	MS_Durant	49	12:51.60	2:20.22	6:25.8
68	Alexander Gibson	8	2652	MS_Northwest	--	12:51.94	2:20.56	6:26.0

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
69	Graham Heflin	8	2835	MS_Southeast (Iowa City)	--	12:52.12	2:20.74	6:26.1
70	Jack Piper	8	2762	MS_Regina	50	12:52.48	2:21.10	6:26.2
71	Connor Wagner	8	2683	MS_Northwest	--	12:52.73	2:21.35	6:26.4
72	Konnon Chen	8	2646	MS_Northwest	--	12:53.67	2:22.29	6:26.8
73	Jake Weiler	8	2686	MS_Northwest	--	12:54.68	2:23.30	6:27.3
74	Aiden Clasen	7	3941	MS_North Central (North Liberty)	--	12:56.74	2:25.36	6:28.4
75	Wyatt Kaeding	8	2759	MS_Regina	51	12:56.94	2:25.56	6:28.5
76	Pranav Bhardwaj	7	2716	MS_Pleasant Valley	--	12:57.58	2:26.20	6:28.8
77	Andrew Broughton	7	2717	MS_Pleasant Valley	--	12:58.01	2:26.63	6:29.0
78	Nik Polyak	7	2763	MS_Regina	52	12:59.54	2:28.16	6:29.8
79	Alex Abernathy	8	3911	MS_Evans	53	13:00.49	2:29.11	6:30.2
80	Jonah Frost	7	3879	MS_CR Prairie	54	13:00.53	2:29.15	6:30.3
81	Dillon Hofstadter	7	2721	MS_Pleasant Valley	--	13:02.69	2:31.31	6:31.3
82	Drake Smith	7	2792	MS_Roosevelt	55	13:03.08	2:31.70	6:31.5
83	Colin Laubscher	8	2760	MS_Regina	--	13:04.27	2:32.89	6:32.1
84	Carter DuBois	7	3944	MS_North Central (North Liberty)	--	13:05.68	2:34.30	6:32.8
85	William Durney	7	2757	MS_Regina	--	13:07.63	2:36.25	6:33.8
86	Brayden Aeschliman	7	3912	MS_Evans	56	13:10.17	2:38.79	6:35.1
87	Deegan Wood	8	3996	MS_North Central (North Liberty)	--	13:14.13	2:42.75	6:37.1
88	Desmond Knock	8	3967	MS_North Central (North Liberty)	--	13:17.57	2:46.19	6:38.8
89	Cedrik VanEngelhoven	8	3919	MS_Evans	57	13:20.03	2:48.65	6:40.0
90	Wyatt Howes	8	2839	MS_Southeast (Iowa City)	--	13:21.43	2:50.05	6:40.7
91	Ethan Trujillo	8	2730	MS_Pleasant Valley	--	13:22.64	2:51.26	6:41.3
92	Bennett Jess	7	2723	MS_Pleasant Valley	--	13:23.09	2:51.71	6:41.5
93	Charles Weime	7	2687	MS_Northwest	--	13:24.55	2:53.17	6:42.3
94	Hudson Mulford	8	2672	MS_Northwest	--	13:25.82	2:54.44	6:42.9
95	Griffin Welling	8	2732	MS_Pleasant Valley	--	13:29.21	2:57.83	6:44.6
96	Graham Cummer	8	2822	MS_Southeast (Iowa City)	--	13:33.63	3:02.25	6:46.8
97	Evan Farley	7	2831	MS_Southeast (Iowa City)	--	13:35.34	3:03.96	6:47.7
98	Hewitt Caspers	7	3876	MS_CR Prairie	58	13:37.79	3:06.41	6:48.9
99	Lasdi Musambwa	7	2907	MS_Taft	59	13:39.19	3:07.81	6:49.6
100	Ryan Doerschug	8	3943	MS_North Central (North Liberty)	--	13:40.26	3:08.88	6:50.1
101	Jake Potter	7	3983	MS_North Central (North Liberty)	--	13:41.17	3:09.79	6:50.6
102	Chase Hunnemuller	8	2722	MS_Pleasant Valley	--	13:41.46	3:10.08	6:50.7
103	Calvin Noska	8	3887	MS_CR Prairie	--	13:41.99	3:10.61	6:51.0
104	Cruz Healy	7	3883	MS_CR Prairie	--	13:43.70	3:12.32	6:51.8
105	Elijah Benson	8	2642	MS_Northwest	--	13:47.72	3:16.34	6:53.9
106	Edison Sasa	7	2908	MS_Taft	60	13:47.81	3:16.43	6:53.9
107	Charlie Mausser	7	2725	MS_Pleasant Valley	--	13:50.92	3:19.54	6:55.5
108	Jackson Hughes	8	2657	MS_Northwest	--	13:51.84	3:20.46	6:55.9
109	Patrick Leary	7	2661	MS_Northwest	--	13:54.52	3:23.14	6:57.3
110	Jakob Schoen	7	2853	MS_Southeast (Iowa City)	--	13:54.91	3:23.53	6:57.5
111	Ezra O'Connor	7	2849	MS_Southeast (Iowa City)	--	13:55.26	3:23.88	6:57.6

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
112	Henry Simon	7	2856	MS_Southeast (Iowa City)	--	13:55.94	3:24.56	6:58.0
113	Cyrus Ghabel	7	2651	MS_Northwest	--	13:58.47	3:27.09	6:59.2
114	Jacob Kearney	7	2660	MS_Northwest	--	14:01.14	3:29.76	7:00.6
115	Bennett Halverson	8	3956	MS_North Central (North Liberty)	--	14:04.58	3:33.20	7:02.3
116	Asher Byler	8	2816	MS_Southeast (Iowa City)	--	14:05.42	3:34.04	7:02.7
117	Cole Everhart	7	2830	MS_Southeast (Iowa City)	--	14:06.38	3:35.00	7:03.2
118	Noah Goldsmith	8	3880	MS_CR Prairie	--	14:08.15	3:36.77	7:04.1
119	Ashvid Sudheer	8	2680	MS_Northwest	--	14:11.60	3:40.22	7:05.8
120	Colin Greenlee	8	2653	MS_Northwest	--	14:14.05	3:42.67	7:07.0
121	Landon Hoffman	8	2758	MS_Regina	--	14:15.23	3:43.85	7:07.6
122	Bonke Mahirwe	7	2787	MS_Roosevelt	61	14:16.14	3:44.76	7:08.1
123	Cashton Krumm	8	3885	MS_CR Prairie	--	14:18.12	3:46.74	7:09.1
124	Logan Beard	7	2754	MS_Regina	--	14:18.16	3:46.78	7:09.1
125	Quinn Lalor	7	2842	MS_Southeast (Iowa City)	--	14:21.43	3:50.05	7:10.7
126	Griffin Wagaman	7	3909	MS_Durant	62	14:22.50	3:51.12	7:11.2
127	Owen Gehl	7	3951	MS_North Central (North Liberty)	--	14:24.38	3:53.00	7:12.2
128	Cooper Newland	8	3980	MS_North Central (North Liberty)	--	14:25.27	3:53.89	7:12.6
129	Tyler Burco	7	2900	MS_Taft	63	14:26.37	3:54.99	7:13.2
130	Robert Haw	8	3915	MS_Evans	64	14:30.88	3:59.50	7:15.4
131	Thomas Farley	8	3948	MS_North Central (North Liberty)	--	14:31.36	3:59.98	7:15.7
132	Cylus Brown	8	3913	MS_Evans	65	14:31.51	4:00.13	7:15.8
133	Soma Suzuki	8	2681	MS_Northwest	--	14:32.48	4:01.10	7:16.2
134	Graham Rocha	8	2677	MS_Northwest	--	14:33.08	4:01.70	7:16.5
135	Theisen Green	7	3881	MS_CR Prairie	--	14:33.26	4:01.88	7:16.6
136	Henry Kopelman	7	2841	MS_Southeast (Iowa City)	--	14:34.03	4:02.65	7:17.0
137	Jett Cho	7	3940	MS_North Central (North Liberty)	--	14:35.29	4:03.91	7:17.6
138	Aiden Roman	7	2765	MS_Regina	--	14:36.55	4:05.17	7:18.3
139	William Follmer	8	2650	MS_Northwest	--	14:39.02	4:07.64	7:19.5
140	Thomas Hand	8	2834	MS_Southeast (Iowa City)	--	14:40.25	4:08.87	7:20.1
141	Jude Young	8	2860	MS_Southeast (Iowa City)	--	14:42.42	4:11.04	7:21.2
142	Grayson Nance	7	2673	MS_Northwest	--	14:46.46	4:15.08	7:23.2
143	Riehle Pavlovec	8	3982	MS_North Central (North Liberty)	--	14:48.66	4:17.28	7:24.3
144	Logan Vega	8	2793	MS_Roosevelt	66	14:51.76	4:20.38	7:25.9
145	Mohamed Mogassbi	8	2667	MS_Northwest	--	14:52.84	4:21.46	7:26.4
146	Jack Young	7	2859	MS_Southeast (Iowa City)	--	14:53.32	4:21.94	7:26.7
147	Nicholas Bradley	7	3933	MS_North Central (North Liberty)	--	15:03.94	4:32.56	7:32.0
148	Elisha Emry	8	2828	MS_Southeast (Iowa City)	--	15:07.72	4:36.34	7:33.9
149	Mason Owens	7	2850	MS_Southeast (Iowa City)	--	15:08.47	4:37.09	7:34.2
150	Kieran Miller-Jacobs	7	2666	MS_Northwest	--	15:15.07	4:43.69	7:37.5
151	Dylan Howes	8	2838	MS_Southeast (Iowa City)	--	15:15.60	4:44.22	7:37.8
152	William Youmans	8	2688	MS_Northwest	--	15:16.19	4:44.81	7:38.1
153	Jesus Martinez	8	3916	MS_Evans	--	15:20.61	4:49.23	7:40.3
154	Jaynou Ma	8	2664	MS_Northwest	--	15:22.09	4:50.71	7:41.0

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
155	Isaac Nelson	7	2674	MS_Northwest	--	15:22.30	4:50.92	7:41.1
156	Owen Sievers	7	3908	MS_Durant	67	15:23.47	4:52.09	7:41.7
157	Maxwell Martin	8	2665	MS_Northwest	--	15:28.96	4:57.58	7:44.5
158	Noah Adams	7	2640	MS_Northwest	--	15:30.45	4:59.07	7:45.2
159	Truman Crigger	7	2756	MS_Regina	--	15:32.04	5:00.66	7:46.0
160	Cole Campbell	8	2817	MS_Southeast (Iowa City)	--	15:33.66	5:02.28	7:46.8
161	Fin Daufeldt	8	2823	MS_Southeast (Iowa City)	--	15:40.04	5:08.66	7:50.0
162	Charlie Franken	8	3950	MS_North Central (North Liberty)	--	15:42.15	5:10.77	7:51.1
163	Tyler Meaney	8	2906	MS_Taft	--	15:46.17	5:14.79	7:53.1
164	William (Liam) Moss	7	2671	MS_Northwest	--	15:47.22	5:15.84	7:53.6
165	Kyros Wu	8	3997	MS_North Central (North Liberty)	--	15:50.85	5:19.47	7:55.4
166	Kellen Deahl	8	3878	MS_CR Prairie	--	15:51.28	5:19.90	7:55.6
167	Leopaul Chan	8	2645	MS_Northwest	--	15:53.20	5:21.82	7:56.6
168	Benjamin Shepard	7	3988	MS_North Central (North Liberty)	--	15:54.93	5:23.55	7:57.5
169	Taha Salem	8	2678	MS_Northwest	--	15:55.14	5:23.76	7:57.6
170	Connor Gibbons	8	3952	MS_North Central (North Liberty)	--	15:59.43	5:28.05	7:59.7
171	Moise Ikizakukuntu	8	2784	MS_Roosevelt	68	16:00.09	5:28.71	8:00.0
172	Maiko Deogratias	8	2781	MS_Roosevelt	--	16:02.36	5:30.98	8:01.2
173	Ethan Klosak	7	2905	MS_Taft	--	16:04.60	5:33.22	8:02.3
174	Jacob Quinn	7	3985	MS_North Central (North Liberty)	--	16:06.45	5:35.07	8:03.2
175	Charlie Chambers	7	2818	MS_Southeast (Iowa City)	--	16:07.42	5:36.04	8:03.7
176	Coleson Mason	7	3975	MS_North Central (North Liberty)	--	16:07.78	5:36.40	8:03.9
177	Nolan Hensel	7	3959	MS_North Central (North Liberty)	--	16:08.04	5:36.66	8:04.0
178	Brennan Madsen	7	3974	MS_North Central (North Liberty)	--	16:09.21	5:37.83	8:04.6
179	Evan Dudley	7	3945	MS_North Central (North Liberty)	--	16:09.82	5:38.44	8:04.9
180	Escher Eicke	7	2825	MS_Southeast (Iowa City)	--	16:10.43	5:39.05	8:05.2
181	Collin Finn	7	3949	MS_North Central (North Liberty)	--	16:11.40	5:40.02	8:05.7
182	Jack Smith	8	3989	MS_North Central (North Liberty)	--	16:13.74	5:42.36	8:06.9
183	Chase Lestina	8	2843	MS_Southeast (Iowa City)	--	16:15.41	5:44.03	8:07.7
184	William Lennox	7	3971	MS_North Central (North Liberty)	--	16:16.92	5:45.54	8:08.5
185	Henry Gottschalk	8	2902	MS_Taft	--	16:22.69	5:51.31	8:11.3
186	Reid Stuart	7	2909	MS_Taft	--	16:24.79	5:53.41	8:12.4
187	Dane Harvey	8	2783	MS_Roosevelt	--	16:25.59	5:54.21	8:12.8
188	Joshua Oehler	7	2921	MS_Wilson	--	16:27.88	5:56.50	8:13.9
189	IYad Abou Ghanima	7	3929	MS_North Central (North Liberty)	--	16:29.83	5:58.45	8:14.9
190	Caden Baker	8	2897	MS_Taft	--	16:44.50	6:13.12	8:22.2
191	Finn Benway	7	2814	MS_Southeast (Iowa City)	--	16:47.24	6:15.86	8:23.6
192	Jonah Silver	8	2855	MS_Southeast (Iowa City)	--	16:49.30	6:17.92	8:24.6
193	Krishna Pagedar	8	3981	MS_North Central (North Liberty)	--	16:50.70	6:19.32	8:25.3
194	Ben Conlon	7	2755	MS_Regina	--	16:51.52	6:20.14	8:25.8
195	Isiah Aloe	7	2753	MS_Regina	--	16:56.11	6:24.73	8:28.1
196	Dylan Sweeney	7	2910	MS_Taft	--	16:56.83	6:25.45	8:28.4
197	Briggs Canton	7	3939	MS_North Central (North Liberty)	--	17:03.49	6:32.11	8:31.7

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
198	Zachariah Ho	8	3961	MS_North Central (North Liberty)	--	17:04.05	6:32.67	8:32.0
199	Cooper Turnis	7	3993	MS_North Central (North Liberty)	--	17:07.91	6:36.53	8:34.0
200	Victor Yao	8	3998	MS_North Central (North Liberty)	--	17:14.28	6:42.90	8:37.1
201	Dustin Kramer	8	3969	MS_North Central (North Liberty)	--	17:15.07	6:43.69	8:37.5
202	Moise Abarikiwe	8	2775	MS_Roosevelt	--	17:17.61	6:46.23	8:38.8
203	Desmond Smith	7	2679	MS_Northwest	--	17:19.97	6:48.59	8:40.0
204	Thomas Parham	7	2676	MS_Northwest	--	17:22.34	6:50.96	8:41.2
205	Xander Petitt	8	2789	MS_Roosevelt	--	17:22.90	6:51.52	8:41.4
206	Charles Becker	7	2641	MS_Northwest	--	17:23.06	6:51.68	8:41.5
207	Brennon Spurgeon	8	3918	MS_Evans	--	17:23.66	6:52.28	8:41.8
208	Asher Ackermann	8	2808	MS_Southeast (Iowa City)	--	17:23.86	6:52.48	8:41.9
209	Eli Furne	8	2782	MS_Roosevelt	--	17:26.44	6:55.06	8:43.2
210	Hariharan Mohan	8	2668	MS_Northwest	--	17:40.08	7:08.70	8:50.0
211	Daniel Lowe	7	2844	MS_Southeast (Iowa City)	--	17:49.08	7:17.70	8:54.5
212	Renn Morton	7	2848	MS_Southeast (Iowa City)	--	17:49.89	7:18.51	8:54.9
213	Sky Johnston	7	2919	MS_Wilson	--	18:19.17	7:47.79	9:09.6
214	Jean Louis Coly	7	2918	MS_Wilson	--	18:31.48	8:00.10	9:15.7
215	Cooper McGowan	7	3977	MS_North Central (North Liberty)	--	18:34.01	8:02.63	9:17.0
216	Owen Hoenig	7	3962	MS_North Central (North Liberty)	--	18:43.41	8:12.03	9:21.7
217	Reed Cheyney	8	2820	MS_Southeast (Iowa City)	--	19:34.96	9:03.58	9:47.5
218	Harrison Ahern	7	2810	MS_Southeast (Iowa City)	--	19:37.20	9:05.82	9:48.6
219	Casen Breinholt	8	3935	MS_North Central (North Liberty)	--	19:38.87	9:07.49	9:49.4
220	Farhan Abdul	8	2639	MS_Northwest	--	19:40.26	9:08.88	9:50.1
221	Samuel Thompson	8	3992	MS_North Central (North Liberty)	--	19:57.67	9:26.29	9:58.8
222	Pascal Adjaho	7	2809	MS_Southeast (Iowa City)	--	20:00.66	9:29.28	10:00.3
223	Emiliano Estrada	8	3947	MS_North Central (North Liberty)	--	20:01.13	9:29.75	10:00.6
224	Ethan Boothby	8	2643	MS_Northwest	--	20:02.61	9:31.23	10:01.3
225	Isaac Voshell	7	2682	MS_Northwest	--	20:18.52	9:47.14	10:09.3
226	Harshit Mohapatra	7	2669	MS_Northwest	--	20:46.13	10:14.75	10:23.1
227	Leif Charis-Carlson	7	2819	MS_Southeast (Iowa City)	--	20:48.25	10:16.87	10:24.1
228	Jack McGarvey	8	2845	MS_Southeast (Iowa City)	--	20:48.68	10:17.30	10:24.3
229	Liam Gibbons	8	3953	MS_North Central (North Liberty)	--	20:48.70	10:17.32	10:24.3
230	Justin Hall	8	2654	MS_Northwest	--	21:02.55	10:31.17	10:31.3
231	Brett Connelly	7	3942	MS_North Central (North Liberty)	--	21:09.38	10:38.00	10:34.7
232	Brody Rathje	7	3889	MS_CR Prairie	--	21:40.30	11:08.92	10:50.1
233	Isaiah Cosner	7	2821	MS_Southeast (Iowa City)	--	22:01.55	11:30.17	11:00.8
234	Payton Armstrong	8	2776	MS_Roosevelt	--	22:23.57	11:52.19	11:11.8
235	Danny Hammitt	8	2903	MS_Taft	--	22:28.64	11:57.26	11:14.3
236	Bugale Ndenganiza	8	2788	MS_Roosevelt	--	22:53.44	12:22.06	11:26.7
237	Usman Ibrahim	7	2840	MS_Southeast (Iowa City)	--	22:54.88	12:23.50	11:27.4
238	Ezra Hodges	7	2836	MS_Southeast (Iowa City)	--	23:12.59	12:41.21	11:36.3
239	Henry Walter	7	2685	MS_Northwest	--	23:17.45	12:46.07	11:38.7
240	Gabe Scott	8	2791	MS_Roosevelt	--	23:18.73	12:47.35	11:39.4

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
241 Elijah Good	8	3955	MS_North Central (North Liberty)	--	27:07.34	16:35.96	13:33.7
242 CJ Godwin	7	2832	MS_Southeast (Iowa City)	--	30:24.24	19:52.86	15:12.1
243 Asher Hamann	7	3957	MS_North Central (North Liberty)	--	30:32.07	20:00.69	15:16.0

Race #3
Girls Varsity 5000M**FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread	Division
1 Dubuque Senior	45	1-6-9-14-15(16)(29)	1:36:43	19:21	1:14.8	
2 Pleasant Valley	50	3-8-10-12-17(20)(21)	1:37:29	19:30	1:05.0	
3 Ankeny Centennial	87	2-13-22-24-26(27)(28)	1:39:17	19:52	1:53.5	
4 Iowa City City High	93	4-7-19-30-33(34)(38)	1:39:47	19:58	1:51.9	
5 Prairie Cedar Rapids	153	18-25-31-35-44(45)(46)	1:43:56	20:48	1:46.4	
6 Des Moines Roosevelt	184	11-23-47-49-54(55)(59)	1:49:02	21:49	4:16.9	
7 Clear Creek-Amana	189	32-36-39-40-42(48)(51)	1:46:39	21:20	0:53.2	
8 Pekin	200	5-41-43-53-58(61)(62)	1:50:07	22:02	4:57.2	
9 Ottumwa	252	37-50-52-56-57(67)	1:55:27	23:06	2:54.4	
10 Cedar Rapids Jefferson	318	60-63-64-65-66(68)(69)	2:07:58	25:36	1:44.4	

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
1 Leah Klapatauskas	SR	3681	Dubuque Senior	1	18:33.67	---	5:58.1
2 Anika Mohrhauser	JR	3457	Ankeny Centennial	2	18:34.59	.92	5:58.4
3 Grace Boleyn	JR	3231	Pleasant Valley	3	18:56.79	23.12	6:05.5
4 Ani Wedemeyer	JR	3813	Iowa City City High	4	18:57.79	24.12	6:05.8
5 Chloe Glosser	SO	2968	Pekin	5	19:05.12	31.45	6:08.2
6 Claire Hoyer	JR	3676	Dubuque Senior	6	19:10.17	36.50	6:09.8
7 Abigail Burns	SO	3775	Iowa City City High	7	19:13.85	40.18	6:11.0
8 Maddie Millage	FR	3252	Pleasant Valley	8	19:26.40	52.73	6:15.0
9 Briel Bechen	SO	3658	Dubuque Senior	9	19:27.37	53.70	6:15.4
10 Brynn Edgin	SO	3236	Pleasant Valley	10	19:28.33	54.66	6:15.7
11 Elena Gentry	SR	3579	Des Moines Roosevelt	11	19:28.40	54.73	6:15.7
12 Vivian McCombs	FR	3248	Pleasant Valley	12	19:35.41	1:01.74	6:17.9
13 Bella Hodges	JR	3439	Ankeny Centennial	13	19:38.52	1:04.85	6:18.9
14 Nevaeh Kessler	SO	3679	Dubuque Senior	14	19:43.33	1:09.66	6:20.5
15 Emily Gorton	JR	3671	Dubuque Senior	15	19:48.41	1:14.74	6:22.1
16 Emma Chesterman	SO	3661	Dubuque Senior	16	19:48.68	1:15.01	6:22.2
17 Selah Flanigan	SO	3237	Pleasant Valley	17	20:01.73	1:28.06	6:26.4
18 Keirra Hess	SR	3317	Prairie Cedar Rapids	18	20:04.99	1:31.32	6:27.5
19 Nicole Peterson	JR	3800	Iowa City City High	19	20:05.65	1:31.98	6:27.7
20 Jaylee Duncan	SO	3235	Pleasant Valley	20	20:08.19	1:34.52	6:28.5
21 Kaylee Mowan	JR	3254	Pleasant Valley	21	20:10.36	1:36.69	6:29.2
22 Haley Hveem	JR	3441	Ankeny Centennial	22	20:14.35	1:40.68	6:30.5
23 Meredith Gentry	SO	3580	Des Moines Roosevelt	23	20:15.83	1:42.16	6:30.9
24 Cora DenHartog	JR	3427	Ankeny Centennial	24	20:21.43	1:47.76	6:32.7
25 Marie Yoder	FR	3719	Hillcrest Academy	--	20:22.37	1:48.70	6:33.0

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
26	Ava Christensen	SR	3310	Prairie Cedar Rapids	25	20:23.73	1:50.06	6:33.5
27	Tillie Smith	JR	3475	Ankeny Centennial	26	20:28.00	1:53.33	6:34.9
28	Tallie Plueger	JR	3467	Ankeny Centennial	27	20:36.79	2:03.12	6:37.7
29	Anja Peck	SR	3465	Ankeny Centennial	28	20:36.89	2:03.22	6:37.7
30	Lise Hoyer	FR	3677	Dubuque Senior	29	20:38.40	2:04.73	6:38.2
31	Claire Locher	SO	3795	Iowa City City High	30	20:39.66	2:05.99	6:38.6
32	Ellie Blevins	FR	3420	Ankeny Centennial	--	20:43.96	2:10.29	6:40.0
33	Hannah Hughes	JR	3318	Prairie Cedar Rapids	31	20:43.98	2:10.31	6:40.0
34	Josie Case	SR	3233	Pleasant Valley	--	20:44.34	2:10.67	6:40.1
35	Kylee Patterson	SO	3463	Ankeny Centennial	--	20:49.02	2:15.35	6:41.6
36	Kira Barker	JR	3548	Clear Creek-Amana	32	20:49.56	2:15.89	6:41.8
37	Grace Hamann	FR	3787	Iowa City City High	33	20:49.61	2:15.94	6:41.8
38	Naomi Downing-Sherer	FR	3778	Iowa City City High	34	20:50.16	2:16.49	6:42.0
39	Olivia Divoky	SO	3311	Prairie Cedar Rapids	35	20:51.78	2:18.11	6:42.5
40	Lexi Minard	SR	3253	Pleasant Valley	--	20:57.24	2:23.57	6:44.3
41	Sara Kinzenbaw	JR	3554	Clear Creek-Amana	36	21:01.28	2:27.61	6:45.6
42	Kaitlyn Miller	SR	3684	Dubuque Senior	--	21:02.36	2:28.69	6:45.9
43	Jasmin Luedtke	SR	2944	Ottumwa	37	21:03.46	2:29.79	6:46.3
44	Sophia Foad	JR	3238	Pleasant Valley	--	21:10.97	2:37.30	6:48.7
45	Madeline Fischer	FR	3781	Iowa City City High	38	21:11.34	2:37.67	6:48.8
46	Frankie Gotto	FR	3240	Pleasant Valley	--	21:17.54	2:43.87	6:50.8
47	Nina Peterson	JR	3801	Iowa City City High	--	21:22.87	2:49.20	6:52.5
48	Ella Romero	FR	3806	Iowa City City High	--	21:24.67	2:51.00	6:53.1
49	Kadence Whitmer	FR	3564	Clear Creek-Amana	39	21:30.24	2:56.57	6:54.9
50	Piper Zeman	SO	3481	Ankeny Centennial	--	21:31.33	2:57.66	6:55.2
51	Kiera Rogers	SR	3556	Clear Creek-Amana	40	21:34.26	3:00.59	6:56.2
52	Lauren Steigleder	SR	2971	Pekin	41	21:39.57	3:05.90	6:57.9
53	Harper Tecklenburg	JR	3562	Clear Creek-Amana	42	21:42.73	3:09.06	6:58.9
54	Audrey Fariss	SR	2967	Pekin	43	21:46.97	3:13.30	7:00.2
55	Sophie McNabb	SO	3328	Prairie Cedar Rapids	44	21:51.32	3:17.65	7:01.6
56	Caitlin Reiter	SR	3255	Pleasant Valley	--	21:56.44	3:22.77	7:03.3
57	Chloe Bishop	SO	3308	Prairie Cedar Rapids	45	21:57.48	3:23.81	7:03.6
58	Stella Rose	SO	3339	Prairie Cedar Rapids	46	21:58.41	3:24.74	7:03.9
59	Catie Reittinger	SR	3336	Prairie Cedar Rapids	--	21:59.37	3:25.70	7:04.2
60	Karlee Hamilton	SR	3314	Prairie Cedar Rapids	--	22:06.43	3:32.76	7:06.5
61	Ella Welch	JR	3263	Pleasant Valley	--	22:21.90	3:48.23	7:11.5
62	Josephine LeClair	JR	3794	Iowa City City High	--	22:23.41	3:49.74	7:12.0
63	Charlotte McCoy	SO	3593	Des Moines Roosevelt	47	22:30.75	3:57.08	7:14.3
64	Summer Stiltner	FR	3559	Clear Creek-Amana	48	22:36.95	4:03.28	7:16.3
65	Allison Schafer	JR	3259	Pleasant Valley	--	22:40.53	4:06.86	7:17.5
66	Reese Wiley	FR	3345	Prairie Cedar Rapids	--	22:50.06	4:16.39	7:20.5
67	Lauren Hunt	JR	3319	Prairie Cedar Rapids	--	22:57.36	4:23.69	7:22.9
68	Emma Sherman	SO	3604	Des Moines Roosevelt	49	23:00.96	4:27.29	7:24.0

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
69	Mcelderry Kaelin	SO	2942	Ottumwa	50	23:10.92	4:37.25	7:27.2
70	Julia Flick	JR	3432	Ankeny Centennial	--	23:18.94	4:45.27	7:29.8
71	Eva Leighton-Dick	JR	3555	Clear Creek-Amana	51	23:19.14	4:45.47	7:29.9
72	Yaeli Carapia	SR	2939	Ottumwa	52	23:21.06	4:47.39	7:30.5
73	Lexi Swearingen	SR	2972	Pekin	53	23:32.83	4:59.16	7:34.3
74	Kathleen Loder	SR	3589	Des Moines Roosevelt	54	23:45.24	5:11.57	7:38.3
75	Isabelle Raymer	FR	3601	Des Moines Roosevelt	55	23:51.31	5:17.64	7:40.2
76	Sylvie Monaghan	JR	2947	Ottumwa	56	23:53.29	5:19.62	7:40.9
77	Eve Rust	JR	2948	Ottumwa	57	23:57.84	5:24.17	7:42.3
78	Abby Guise	SO	2969	Pekin	58	24:02.22	5:28.55	7:43.7
79	Rya Scott	SO	3717	Hillcrest Academy	--	24:20.00	5:45.33	7:49.5
80	Ada Bogdanski	SO	3569	Des Moines Roosevelt	59	24:29.18	5:55.51	7:52.4
81	Anna Krueger	FR	3586	Des Moines Roosevelt	--	24:34.46	6:00.79	7:54.1
82	Himidi Kuundu	JR	3511	Cedar Rapids Jefferson	60	24:37.18	6:03.51	7:55.0
83	Lily Brickley	FR	3570	Des Moines Roosevelt	--	24:39.14	6:05.47	7:55.6
84	Blaine Bruning	FR	3572	Des Moines Roosevelt	--	24:39.18	6:05.51	7:55.6
85	Cambree Earnest	FR	2965	Pekin	61	24:53.32	6:19.65	8:00.2
86	Lily Knight	FR	3584	Des Moines Roosevelt	--	24:58.41	6:24.74	8:01.8
87	Lydia Smith	SR	3606	Des Moines Roosevelt	--	25:13.66	6:39.99	8:06.7
88	Teagan Swearingen	SO	2973	Pekin	62	25:26.98	6:53.31	8:11.0
89	Ava Scott	SR	3603	Des Moines Roosevelt	--	25:30.21	6:56.54	8:12.0
90	Ryiah Nickell	JR	3516	Cedar Rapids Jefferson	63	25:33.97	7:00.30	8:13.2
91	Lydia Long	JR	3512	Cedar Rapids Jefferson	64	25:39.28	7:05.61	8:14.9
92	Breanna Drish	FR	2964	Pekin	--	25:43.42	7:09.75	8:16.3
93	Thursday Peterson	JR	3518	Cedar Rapids Jefferson	65	25:45.38	7:11.71	8:16.9
94	Tessa Bitner	JR	3568	Des Moines Roosevelt	--	25:55.71	7:22.04	8:20.2
95	Brinley Phillips	FR	2970	Pekin	--	26:02.44	7:28.77	8:22.4
96	Delaney Shaw	JR	3718	Hillcrest Academy	--	26:08.93	7:35.26	8:24.5
97	Lizeth Esqueda	JR	3505	Cedar Rapids Jefferson	66	26:21.52	7:47.85	8:28.5
98	Mia Berry	JR	3701	Durant	--	26:25.41	7:51.74	8:29.8
99	Brynn Addis	SR	2937	Ottumwa	67	26:25.92	7:52.25	8:29.9
100	Cheyanna Thompson-Williams	JR	3521	Cedar Rapids Jefferson	68	26:54.10	8:20.43	8:39.0
101	Sophia Kevitt	JR	3508	Cedar Rapids Jefferson	69	27:07.17	8:33.50	8:43.2
102	Brynna O'Rourke	FR	3716	Hillcrest Academy	--	27:18.25	8:44.58	8:46.8
103	Grace Euson	SO	3702	Durant	--	27:19.68	8:46.01	8:47.2
104	Curstin Sanders	FR	3519	Cedar Rapids Jefferson	--	29:24.85	10:51.18	9:27.5
105	Elise Hein	FR	3703	Durant	--	29:26.92	10:53.25	9:28.1
106	Jocelynn Richardson	FR	3706	Durant	--	29:27.64	10:53.97	9:28.4

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread	Division
1 Iowa City City High	62	3-9-14-17-19(31)(34)	1:23:45	16:45	0:28.6	
2 Dubuque Senior	64	7-10-11-16-20(37)(41)	1:23:54	16:47	0:15.9	
3 Ankeny Centennial	69	1-13-15-18-22(24)(27)	1:23:08	16:38	1:21.2	
4 Pleasant Valley	77	2-6-8-25-36(39)(40)	1:24:09	16:50	1:12.2	
5 Prairie Cedar Rapids	94	5-12-23-26-28(30)(33)	1:24:28	16:54	0:33.1	
6 Clear Creek-Amana	165	21-29-32-38-45(48)(51)	1:27:06	17:26	1:03.6	
7 Pekin	180	4-35-42-44-55(65)(71)	1:29:04	17:49	2:46.0	
8 Cedar Rapids Jefferson	259	43-46-47-59-64(66)(67)	1:33:51	18:47	2:08.2	
9 Iowa City Liberty	277	49-50-57-60-61(62)(63)	1:35:53	19:11	1:20.2	
10 Ottumwa	320	52-53-70-72-73(74)	1:41:45	20:21	2:50.0	
11 Hillcrest Academy	344	54-58-76-77-79	1:52:09	22:26	6:01.0	
12 Durant	346	56-68-69-75-78(80)(81)	1:49:09	21:50	5:31.7	

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
1 Aj Schermerhorn	SR	3408	Ankeny Centennial	1	15:34.90	---	5:00.6
2 Jack Perry	JR	3212	Pleasant Valley	2	16:18.54	43.64	5:14.6
3 Owyn Noble	SR	3752	Iowa City City High	3	16:24.80	49.90	5:16.7
4 Brady McWhirter	JR	2956	Pekin	4	16:29.77	54.87	5:18.3
5 Bennett Allred	JR	3266	Prairie Cedar Rapids	5	16:32.79	57.89	5:19.2
6 Max Sorgenfrey	SR	3223	Pleasant Valley	6	16:37.11	1:02.21	5:20.6
7 Calvin Lueken	JR	3637	Dubuque Senior	7	16:39.42	1:04.52	5:21.4
8 Joe Knepp	SO	2996	Pleasant Valley	8	16:39.65	1:04.75	5:21.4
9 Linus McRoberts	SO	3748	Iowa City City High	9	16:42.09	1:07.19	5:22.2
10 Jacob Haug	JR	3627	Dubuque Senior	10	16:42.54	1:07.64	5:22.4
11 Jack Kirman	SO	3633	Dubuque Senior	11	16:43.65	1:08.75	5:22.7
12 Nick Lee	JR	3288	Prairie Cedar Rapids	12	16:49.51	1:14.61	5:24.6
13 Brayden Vander Wilt	JR	3414	Ankeny Centennial	13	16:51.59	1:16.69	5:25.3
14 Max McDowell	SO	3747	Iowa City City High	14	16:51.60	1:16.70	5:25.3
15 Cohen Moll	SO	3398	Ankeny Centennial	15	16:51.81	1:16.91	5:25.3
16 Liam Kroger	SO	3635	Dubuque Senior	16	16:52.43	1:17.53	5:25.5
17 George Karr	JR	3740	Iowa City City High	17	16:52.78	1:17.88	5:25.7
18 Brendan Owens	SR	3404	Ankeny Centennial	18	16:52.93	1:18.03	5:25.7
19 David Randall	FR	3758	Iowa City City High	19	16:53.36	1:18.46	5:25.8
20 Danny Rothert	JR	3648	Dubuque Senior	20	16:55.31	1:20.41	5:26.5
21 Brock Hilsman	JR	3534	Clear Creek-Amana	21	16:55.76	1:20.86	5:26.6
22 Jack Behrens	SO	3369	Ankeny Centennial	22	16:56.08	1:21.18	5:26.7
23 Kyle Johnson	SO	3283	Prairie Cedar Rapids	23	16:57.01	1:22.11	5:27.0

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
24	Davis Johnson	SO	3388	Ankeny Centennial	24	17:00.53	1:25.63	5:28.1
25	Kamran Foad	FR	2990	Pleasant Valley	25	17:02.13	1:27.23	5:28.7
26	Tyler Stegemoller	JR	3301	Prairie Cedar Rapids	26	17:02.44	1:27.54	5:28.8
27	Corbin Vander Weerd	JR	3413	Ankeny Centennial	27	17:05.44	1:30.54	5:29.7
28	Cole Carrizales	FR	3271	Prairie Cedar Rapids	28	17:05.81	1:30.91	5:29.8
29	Isaac Sorensen	JR	3542	Clear Creek-Amana	29	17:11.26	1:36.36	5:31.6
30	Carter Mulford	JR	3293	Prairie Cedar Rapids	30	17:11.96	1:37.06	5:31.8
31	Aammin Hassan	JR	3384	Ankeny Centennial	--	17:19.06	1:44.16	5:34.1
32	Adam Schaefer	JR	3762	Iowa City City High	31	17:23.01	1:48.11	5:35.4
33	Thomas Stiltner	SR	3543	Clear Creek-Amana	32	17:24.72	1:49.82	5:35.9
34	Mark Nelson	JR	3401	Ankeny Centennial	--	17:25.00	1:49.10	5:36.0
35	Mason Nove	FR	3296	Prairie Cedar Rapids	33	17:26.03	1:51.13	5:36.3
36	Jarris Probstmann	SO	3757	Iowa City City High	34	17:27.21	1:52.31	5:36.7
37	Will Carey	FR	3726	Iowa City City High	--	17:27.26	1:52.36	5:36.7
38	William Karr	JR	3741	Iowa City City High	--	17:27.47	1:52.57	5:36.8
39	Jaedon Wolver	SR	2961	Pekin	35	17:28.59	1:53.69	5:37.2
40	Tyler Nels	SR	3206	Pleasant Valley	36	17:30.66	1:55.76	5:37.8
41	Sean Thomas	JR	3411	Ankeny Centennial	--	17:30.98	1:56.08	5:37.9
42	Emmett Palmberg	FR	3754	Iowa City City High	--	17:32.31	1:57.41	5:38.4
43	Beckett Brock	FR	3615	Dubuque Senior	37	17:33.17	1:58.27	5:38.6
44	Jamie Hayes	SR	3533	Clear Creek-Amana	38	17:34.94	2:00.04	5:39.2
45	Ben Platte	SR	3756	Iowa City City High	--	17:35.71	2:00.81	5:39.5
46	Landon Orris	FR	3208	Pleasant Valley	39	17:38.75	2:03.85	5:40.4
47	Easton Mai	JR	3290	Prairie Cedar Rapids	--	17:39.29	2:04.39	5:40.6
48	Carson Nove	JR	3295	Prairie Cedar Rapids	--	17:39.66	2:04.76	5:40.7
49	Jonah Whitson	FR	3226	Pleasant Valley	40	17:40.38	2:05.48	5:41.0
50	Ben Hohmann	SO	3631	Dubuque Senior	41	17:44.23	2:09.33	5:42.2
51	Jack Degner	SR	3729	Iowa City City High	--	17:47.26	2:12.36	5:43.2
52	Mason Dahlstrom	FR	2952	Pekin	42	17:51.54	2:16.64	5:44.5
53	Curtis Sanders	SR	3495	Cedar Rapids Jefferson	43	17:52.46	2:17.56	5:44.8
54	Sammy Lange	FR	3287	Prairie Cedar Rapids	--	17:55.05	2:20.15	5:45.7
55	Cole Millikin	SO	2958	Pekin	44	17:57.82	2:22.92	5:46.6
56	Nicholas Schieltz	SO	3540	Clear Creek-Amana	45	17:59.29	2:24.39	5:47.0
57	Caden Davis	SR	3487	Cedar Rapids Jefferson	46	18:06.45	2:31.55	5:49.3
58	Finn Kinkaid	JR	3632	Dubuque Senior	--	18:09.74	2:34.84	5:50.4
59	Rexton Travagiakis	FR	3498	Cedar Rapids Jefferson	47	18:10.03	2:35.13	5:50.5
60	William Parrish	JR	3210	Pleasant Valley	--	18:13.18	2:38.28	5:51.5
61	Gabe Christensen	SO	3618	Dubuque Senior	--	18:13.88	2:38.98	5:51.7
62	Logan Kafer	SR	3537	Clear Creek-Amana	48	18:16.08	2:41.18	5:52.4
63	Ethan McManus	SO	3291	Prairie Cedar Rapids	--	18:22.27	2:47.37	5:54.4
64	Ben Johnson	FR	3832	Iowa City Liberty	49	18:24.41	2:49.51	5:55.1
65	Tayson Cho	FR	3824	Iowa City Liberty	50	18:30.43	2:55.53	5:57.1
66	Parker Millage	JR	3204	Pleasant Valley	--	18:42.07	3:07.17	6:00.8

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
67	Carter Lust	SR	3392	Ankeny Centennial	--	18:44.42	3:09.52	6:01.5
68	Jackson VanHorn	SO	3545	Clear Creek-Amana	51	18:45.08	3:10.18	6:01.8
69	Lucas Peace	SR	2932	Ottumwa	52	18:48.58	3:13.68	6:02.9
70	Luke Eckman	SR	2988	Pleasant Valley	--	18:49.94	3:15.04	6:03.3
71	Waulfret Morales	JR	2930	Ottumwa	53	18:53.83	3:18.93	6:04.6
72	Micah Gerber	JR	3711	Hillcrest Academy	54	19:07.74	3:32.84	6:09.0
73	Lane Fariss	FR	2953	Pekin	55	19:15.71	3:40.81	6:11.6
74	Luke Young	FR	3547	Clear Creek-Amana	--	19:22.61	3:47.71	6:13.8
75	Race Starr	JR	3699	Durant	56	19:24.41	3:49.51	6:14.4
76	Julius Vidal	SO	3856	Iowa City Liberty	57	19:29.80	3:54.90	6:16.1
77	Jesse Blossom	JR	3708	Hillcrest Academy	58	19:30.26	3:55.36	6:16.3
78	Andrew Cartier	SR	3529	Clear Creek-Amana	--	19:38.15	4:03.25	6:18.8
79	Carl Krampitz	JR	3492	Cedar Rapids Jefferson	59	19:41.45	4:06.55	6:19.9
80	Samuel Lieu	FR	3837	Iowa City Liberty	60	19:43.28	4:08.38	6:20.5
81	Riley Dorman	JR	3827	Iowa City Liberty	61	19:44.53	4:09.63	6:20.9
82	Trevor Petersen	SO	3846	Iowa City Liberty	62	19:50.07	4:15.17	6:22.7
83	Yuma Squires	SO	3854	Iowa City Liberty	63	19:50.10	4:15.20	6:22.7
84	Jonathan Mittelsteadt	SO	3494	Cedar Rapids Jefferson	64	20:00.60	4:25.70	6:26.0
85	Ben Guise	SR	2954	Pekin	65	20:18.08	4:43.18	6:31.7
86	Malachi Armon	SO	3484	Cedar Rapids Jefferson	66	20:24.76	4:49.86	6:33.8
87	Alec Aschenbrenner	JR	3485	Cedar Rapids Jefferson	67	20:25.39	4:50.49	6:34.0
88	Roman Wright	SO	3500	Cedar Rapids Jefferson	--	20:25.91	4:51.01	6:34.2
89	Mason Schuett	FR	3697	Durant	68	20:35.31	5:00.41	6:37.2
90	Nolan Williams	SO	3700	Durant	69	20:39.10	5:04.20	6:38.4
91	Micah Rees	SR	3848	Iowa City Liberty	--	20:50.39	5:15.49	6:42.1
92	Quenten Mitchell	JR	2929	Ottumwa	70	21:02.42	5:27.52	6:45.9
93	Dylan Sobaski	JR	2960	Pekin	71	21:08.36	5:33.46	6:47.8
94	Lindberg Garek	SO	2924	Ottumwa	72	21:20.81	5:45.91	6:51.8
95	Alex Gomez	SO	2925	Ottumwa	73	21:38.52	6:03.62	6:57.5
96	Brody Sobaski	FR	2959	Pekin	--	21:57.56	6:22.66	7:03.7
97	Xayden Pauls	FR	2931	Ottumwa	74	22:35.28	7:00.38	7:15.8
98	Conor Cloyd	SO	2951	Pekin	--	22:41.59	7:06.69	7:17.8
99	Austin Deal	SR	3488	Cedar Rapids Jefferson	--	22:45.32	7:10.42	7:19.0
100	Hayden Miller	FR	2957	Pekin	--	23:24.17	7:49.27	7:31.5
101	Clayton Harvey	FR	2955	Pekin	--	23:29.22	7:54.32	7:33.1
102	Royce Richman	SO	3696	Durant	75	23:33.46	7:58.56	7:34.5
103	Braden Hartsock	FR	3712	Hillcrest Academy	76	24:02.19	8:27.29	7:43.7
104	Jeremiah Danker	JR	3710	Hillcrest Academy	77	24:19.90	8:45.00	7:49.4
105	Clayton Dierickx	SO	3694	Durant	78	24:56.04	9:21.14	8:01.0
106	Kyle Neuschwander	JR	3714	Hillcrest Academy	79	25:08.70	9:33.80	8:05.1
107	Matthew Sievers	FR	3698	Durant	80	25:29.39	9:54.49	8:11.8
108	William Richardson	SR	3695	Durant	81	25:35.86	10:00.96	8:13.8

Race #5
Girls JV 5000M**FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread	Division
1 Ankeny Centennial	18	1-2-3-4-8(15)(16)	1:45:29	21:06	1:25.2	
2 Iowa City City High	37	5-6-7-9-10(14)(17)	1:48:36	21:44	0:27.2	
3 Dubuque Senior	77	11-12-13-20-21(23)(24)	1:52:10	22:26	0:38.2	
4 Iowa City Liberty	125	18-19-22-32-34(38)(47)	1:56:12	23:15	1:28.5	
5 Prairie Cedar Rapids	138	25-26-27-29-31(35)(36)	1:58:08	23:38	0:46.5	
6 Clear Creek-Amana	201	28-30-37-51-55(57)(59)	2:07:14	25:27	4:13.7	
7 Des Moines Roosevelt	206	39-40-41-42-44(49)(50)	2:07:15	25:27	0:57.5	
8 Pleasant Valley	215	33-43-45-46-48(52)(53)	2:08:03	25:37	2:09.2	
9 Ottumwa	293	54-56-60-61-62	2:28:33	29:43	4:03.7	
10 Cedar Rapids Jefferson	316	58-63-64-65-66(67)(68)	2:38:48	31:46	2:41.6	

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
1 Kyra Zinn	JR	3482	Ankeny Centennial	1	20:23.10	---	6:33.3
2 Kylie Lincoln	SO	3450	Ankeny Centennial	2	20:58.89	35.79	6:44.8
3 Camryn Johnson	SO	3443	Ankeny Centennial	3	21:00.00	36.90	6:45.1
4 Taylor Porter	SO	3468	Ankeny Centennial	4	21:18.62	55.52	6:51.1
5 Nina Kuhlmann	JR	3793	Iowa City City High	5	21:28.82	1:05.72	6:54.4
6 Elizabeth Asklof	SO	3770	Iowa City City High	6	21:34.54	1:11.44	6:56.3
7 Brooklyn Riley-Poma	FR	3805	Iowa City City High	7	21:45.86	1:22.76	6:59.9
8 Trudy Haag	SO	3436	Ankeny Centennial	8	21:48.22	1:25.12	7:00.6
9 Elim Michael	JR	3797	Iowa City City High	9	21:50.55	1:27.45	7:01.4
10 Sophia Romero	SR	3807	Iowa City City High	10	21:55.97	1:32.87	7:03.1
11 Braeley Wullweber	SO	3693	Dubuque Senior	11	22:09.07	1:45.97	7:07.4
12 Stella Weber	SO	3692	Dubuque Senior	12	22:15.01	1:51.91	7:09.3
13 Roz Hoefflin	SR	3674	Dubuque Senior	13	22:17.03	1:53.93	7:09.9
14 Addi Schultes	SO	3808	Iowa City City High	14	22:17.63	1:54.53	7:10.1
15 Lizzie Beam	FR	3418	Ankeny Centennial	15	22:27.28	2:04.18	7:13.2
16 Lily Mohrhauser	FR	3458	Ankeny Centennial	16	22:28.35	2:05.25	7:13.6
17 Bria Kelly	SO	3444	Ankeny Centennial	--	22:28.56	2:05.46	7:13.6
18 Emily Evison	JR	3431	Ankeny Centennial	--	22:33.91	2:10.81	7:15.3
19 Alma Bhandary-Narayanan	SO	3773	Iowa City City High	17	22:35.40	2:12.30	7:15.8
20 Ashlyn Brubaker	FR	3858	Iowa City Liberty	18	22:38.80	2:15.70	7:16.9
21 Aubrey Meyer	JR	3865	Iowa City Liberty	19	22:40.04	2:16.94	7:17.3
22 Audrey Kilgore	JR	3680	Dubuque Senior	20	22:40.90	2:17.80	7:17.6
23 Evelyn Forrester	FR	3434	Ankeny Centennial	--	22:41.27	2:18.17	7:17.7
24 Audrey Holdener	FR	3675	Dubuque Senior	21	22:47.22	2:24.12	7:19.6
25 Nora Brown	SO	3857	Iowa City Liberty	22	22:47.48	2:24.38	7:19.7

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
26	Halia Christensen	SO	3663	Dubuque Senior	23	22:48.00	2:23.90	7:19.9
27	Abby Drosieko	JR	3429	Ankeny Centennial	--	22:48.07	2:24.97	7:19.9
28	Hannah Varangkounh	SR	3479	Ankeny Centennial	--	22:57.05	2:33.95	7:22.8
29	Audrey Patkin	JR	3462	Ankeny Centennial	--	23:01.42	2:38.32	7:24.2
30	Auggie Christensen	SR	3662	Dubuque Senior	24	23:04.21	2:41.11	7:25.1
31	Nadia Spragg	FR	3810	Iowa City City High	--	23:05.72	2:42.62	7:25.6
32	Addison Klein	FR	3792	Iowa City City High	--	23:06.58	2:43.48	7:25.8
33	Megan Mallicoat	SR	3325	Prairie Cedar Rapids	25	23:10.29	2:47.19	7:27.0
34	Sara Brown	SO	3423	Ankeny Centennial	--	23:19.82	2:56.72	7:30.1
35	Willow Schultz	FR	3809	Iowa City City High	--	23:22.79	2:59.69	7:31.1
36	Talula Schetzslle	SR	3471	Ankeny Centennial	--	23:23.45	3:00.35	7:31.3
37	Tayli Lawler	FR	3447	Ankeny Centennial	--	23:27.90	3:04.80	7:32.7
38	Melody Urich	SR	3478	Ankeny Centennial	--	23:28.44	3:05.34	7:32.9
39	Anika Roe	FR	3338	Prairie Cedar Rapids	26	23:29.98	3:06.88	7:33.4
40	Addy Van Voorst	FR	3342	Prairie Cedar Rapids	27	23:34.77	3:11.67	7:34.9
41	Isabel Makovec	JR	3453	Ankeny Centennial	--	23:34.89	3:11.79	7:34.9
42	Millie Eikamp	FR	3670	Dubuque Senior	--	23:35.90	3:12.80	7:35.3
43	Ella Campbell	FR	3425	Ankeny Centennial	--	23:36.95	3:13.85	7:35.6
44	Ella Donovan	SR	3668	Dubuque Senior	--	23:43.06	3:19.96	7:37.6
45	Olivia Petersen	SR	3466	Ankeny Centennial	--	23:43.21	3:20.11	7:37.6
46	Ella Jorgenson	JR	3678	Dubuque Senior	--	23:47.35	3:24.25	7:39.0
47	Sienna Stitner	FR	3560	Clear Creek-Amana	28	23:50.15	3:27.05	7:39.9
48	Sarah Kwilose	JR	3322	Prairie Cedar Rapids	29	23:55.57	3:32.47	7:41.6
49	Alyssa Shounick	FR	3557	Clear Creek-Amana	30	23:56.19	3:33.09	7:41.8
50	Tori Allard	SR	3306	Prairie Cedar Rapids	31	23:56.79	3:33.69	7:42.0
51	Avery Riehl	JR	3869	Iowa City Liberty	32	23:57.60	3:34.50	7:42.3
52	Grace Hesselman	SO	3673	Dubuque Senior	--	24:03.84	3:40.74	7:44.3
53	Maryl Meeboer	FR	3249	Pleasant Valley	33	24:05.12	3:42.02	7:44.7
54	Elaina McDonald	JR	3863	Iowa City Liberty	34	24:07.27	3:44.17	7:45.4
55	Denise Steen	SR	3341	Prairie Cedar Rapids	35	24:08.52	3:45.42	7:45.8
56	Paige Nelson	JR	3459	Ankeny Centennial	--	24:13.94	3:50.84	7:47.5
57	Riley Cabossart	FR	3424	Ankeny Centennial	--	24:14.05	3:50.95	7:47.5
58	Alli Maile	SO	3452	Ankeny Centennial	--	24:15.41	3:52.31	7:48.0
59	Lila Blake	JR	3419	Ankeny Centennial	--	24:17.31	3:54.21	7:48.6
60	Nina Torkelson	SR	3812	Iowa City City High	--	24:23.71	4:00.61	7:50.6
61	Jolie Evans	FR	3780	Iowa City City High	--	24:34.40	4:11.30	7:54.1
62	Lexi Kuboushek	FR	3321	Prairie Cedar Rapids	36	24:34.71	4:11.61	7:54.2
63	Martha Willard	FR	3814	Iowa City City High	--	24:44.26	4:21.16	7:57.3
64	Kennedi Cartier	FR	3549	Clear Creek-Amana	37	24:48.85	4:25.75	7:58.7
65	Gabby Lawrence	SR	3448	Ankeny Centennial	--	24:50.81	4:27.71	7:59.4
66	Nora Ziehr	JR	3815	Iowa City City High	--	24:54.20	4:31.10	8:00.4
67	Elizabeth Hyland	JR	3442	Ankeny Centennial	--	24:56.53	4:33.43	8:01.2
68	Raegan McDermott	FR	3862	Iowa City Liberty	38	24:58.47	4:35.37	8:01.8

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
69	Olivia Hahn	JR	3581	Des Moines Roosevelt	39	24:58.85	4:35.75	8:01.9
70	Elyse Meyer	SO	3456	Ankeny Centennial	--	25:07.49	4:44.39	8:04.7
71	Aadilyn David	JR	3667	Dubuque Senior	--	25:12.61	4:49.51	8:06.4
72	Addison Lundahl	JR	3451	Ankeny Centennial	--	25:13.52	4:50.42	8:06.7
73	Hope Hazen	FR	3316	Prairie Cedar Rapids	--	25:19.60	4:56.50	8:08.6
74	Anna Lundy	SR	3591	Des Moines Roosevelt	40	25:20.19	4:57.09	8:08.8
75	Rachel Matel	JR	3796	Iowa City City High	--	25:22.83	4:59.73	8:09.7
76	Caroline Ramsey	JR	3600	Des Moines Roosevelt	41	25:26.45	5:03.35	8:10.8
77	Eleanor Lazaro	FR	3588	Des Moines Roosevelt	42	25:32.75	5:09.65	8:12.8
78	Ella Nove	SR	3332	Prairie Cedar Rapids	--	25:34.29	5:11.19	8:13.3
79	Jenna DeNike	FR	3234	Pleasant Valley	43	25:42.12	5:19.02	8:15.9
80	Brittney Opitz	SR	3333	Prairie Cedar Rapids	--	25:49.85	5:26.75	8:18.3
81	Chloe Sprague	FR	3689	Dubuque Senior	--	25:50.25	5:27.15	8:18.5
82	Joelle Haas	SR	3786	Iowa City City High	--	25:52.14	5:29.04	8:19.1
83	Annabelle Lorentzen	FR	3590	Des Moines Roosevelt	44	25:56.29	5:33.19	8:20.4
84	Cassie Swisher	FR	3811	Iowa City City High	--	25:57.85	5:34.75	8:20.9
85	Allie Johnson	JR	3244	Pleasant Valley	45	25:59.17	5:36.07	8:21.3
86	Tiffany Ku	SO	3246	Pleasant Valley	46	26:01.49	5:38.39	8:22.1
87	Mackenzie Baustian	SR	3307	Prairie Cedar Rapids	--	26:01.60	5:38.50	8:22.1
88	Matiana Edmonds	SR	3669	Dubuque Senior	--	26:02.32	5:39.22	8:22.4
89	Kaitlyn Raue	SO	3867	Iowa City Liberty	47	26:02.36	5:39.26	8:22.4
90	Lilly Vogts	JR	3875	Iowa City Liberty	--	26:02.72	5:39.62	8:22.5
91	Alexandria Sheesley	FR	3474	Ankeny Centennial	--	26:09.79	5:46.69	8:24.8
92	Muskan Mehta	SR	3251	Pleasant Valley	48	26:14.26	5:51.16	8:26.2
93	Kate Hayes	FR	3582	Des Moines Roosevelt	49	26:15.20	5:52.10	8:26.5
94	Haley Larsen	SR	3323	Prairie Cedar Rapids	--	26:17.08	5:53.98	8:27.1
95	Genesis Reyes	JR	3868	Iowa City Liberty	--	26:17.46	5:54.36	8:27.2
96	Delaney Carber	SR	3660	Dubuque Senior	--	26:18.76	5:55.66	8:27.6
97	Emma Semrow	SO	3473	Ankeny Centennial	--	26:23.75	6:00.65	8:29.2
98	Kate Johnson	JR	3605	Des Moines Roosevelt	50	26:26.00	6:01.90	8:30.0
99	Aidan Matney	SR	3454	Ankeny Centennial	--	26:29.23	6:06.13	8:31.0
100	Maddie Gunderson	SO	3785	Iowa City City High	--	26:29.88	6:06.78	8:31.2
101	Madi Tonelli	JR	3563	Clear Creek-Amana	51	26:34.22	6:11.12	8:32.6
102	Sabrina Richards	JR	3256	Pleasant Valley	52	26:37.88	6:14.78	8:33.8
103	Avery Lehman	JR	3247	Pleasant Valley	53	26:40.38	6:17.28	8:34.6
104	Melinda Tian	FR	3873	Iowa City Liberty	--	26:46.82	6:23.72	8:36.7
105	Ava Brewer	SR	3774	Iowa City City High	--	26:51.23	6:28.13	8:38.1
106	Addy Kramer	FR	3245	Pleasant Valley	--	26:54.08	6:30.98	8:39.0
107	Hailey Gammon	SR	3312	Prairie Cedar Rapids	--	26:55.09	6:31.99	8:39.3
108	Alli Cook	SR	3664	Dubuque Senior	--	26:56.57	6:33.47	8:39.8
109	Bella Brinson	JR	3421	Ankeny Centennial	--	27:05.00	6:40.90	8:42.5
110	Hannah Highberger	SO	3242	Pleasant Valley	--	27:06.62	6:43.52	8:43.0
111	Kaylyn Aroch Salais	SO	3566	Des Moines Roosevelt	--	27:09.20	6:46.10	8:43.9

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
112	Lillee Young	FR	3346	Prairie Cedar Rapids	--	27:10.06	6:46.96	8:44.1
113	Mackenzie Zuviri	FR	3483	Ankeny Centennial	--	27:11.99	6:48.89	8:44.8
114	Brooklyn Mayrose	FR	3455	Ankeny Centennial	--	27:12.19	6:49.09	8:44.8
115	Noreen He	FR	3437	Ankeny Centennial	--	27:14.50	6:51.40	8:45.6
116	Mia Tanner	SR	2949	Ottumwa	54	27:17.24	6:54.14	8:46.4
117	Maddie Green	FR	3313	Prairie Cedar Rapids	--	27:18.04	6:54.94	8:46.7
118	Harper Bailey	SO	3771	Iowa City City High	--	27:19.01	6:55.91	8:47.0
119	Rosie Howieson	SO	3440	Ankeny Centennial	--	27:20.29	6:57.19	8:47.4
120	Kaley Swanson	SO	3476	Ankeny Centennial	--	27:20.49	6:57.39	8:47.5
121	Millie Brooks	JR	3422	Ankeny Centennial	--	27:22.73	6:59.63	8:48.2
122	Audrey Forrester	JR	3433	Ankeny Centennial	--	27:22.92	6:59.82	8:48.3
123	Melissa Tian	FR	3874	Iowa City Liberty	--	27:25.02	7:01.92	8:48.9
124	Ruby Neal	FR	3685	Dubuque Senior	--	27:27.87	7:04.77	8:49.9
125	Mallory Knutson	SO	3585	Des Moines Roosevelt	--	27:28.93	7:05.83	8:50.2
126	Scarlett Brown	SO	3571	Des Moines Roosevelt	--	27:33.76	7:10.66	8:51.8
127	Anastasia Zipse	SR	3347	Prairie Cedar Rapids	--	27:35.38	7:12.28	8:52.3
128	Kacy Olson	JR	3461	Ankeny Centennial	--	27:36.28	7:13.18	8:52.6
129	Lillian Evans	FR	3430	Ankeny Centennial	--	27:37.45	7:14.35	8:52.9
130	Riley Heyer	FR	3438	Ankeny Centennial	--	27:41.91	7:18.81	8:54.4
131	Hilary Paulson	JR	3464	Ankeny Centennial	--	27:42.99	7:19.89	8:54.7
132	Ailin Mendoza	SO	3595	Des Moines Roosevelt	--	27:45.62	7:22.52	8:55.6
133	Madison Elg	SO	3578	Des Moines Roosevelt	--	27:48.46	7:25.36	8:56.5
134	Larkin McMorris	SO	3864	Iowa City Liberty	--	27:49.66	7:26.56	8:56.9
135	Kelly Salak	FR	3257	Pleasant Valley	--	28:01.62	7:38.52	9:00.7
136	Addie Smutz	SO	3558	Clear Creek-Amana	55	28:03.84	7:40.74	9:01.4
137	Leona Rupp	FR	3870	Iowa City Liberty	--	28:05.23	7:42.13	9:01.9
138	Elise Good	FR	3784	Iowa City City High	--	28:05.79	7:42.69	9:02.1
139	Noe Richman	JR	3804	Iowa City City High	--	28:12.42	7:49.32	9:04.2
140	Kara Lockwood	SR	2943	Ottumwa	56	28:14.18	7:51.08	9:04.8
141	Khloe Sweet	FR	3690	Dubuque Senior	--	28:18.98	7:55.88	9:06.3
142	Lucy Chamberlain	SO	3426	Ankeny Centennial	--	28:27.23	8:04.13	9:08.9
143	Bella Kuehn	JR	3445	Ankeny Centennial	--	28:30.94	8:07.84	9:10.1
144	Hannah Gross	JR	3551	Clear Creek-Amana	57	28:30.99	8:07.89	9:10.2
145	Katelyn Thierry	JR	3477	Ankeny Centennial	--	28:41.77	8:18.67	9:13.6
146	Bella Nelson	FR	3866	Iowa City Liberty	--	28:47.40	8:24.30	9:15.4
147	Marlowe Barton	SO	3567	Des Moines Roosevelt	--	28:54.95	8:31.85	9:17.9
148	Dafne Sapia	SR	3258	Pleasant Valley	--	29:00.33	8:37.23	9:19.6
149	Zoey Moon	SO	3596	Des Moines Roosevelt	--	29:01.03	8:37.93	9:19.8
150	Charlotte Dillion	FR	3860	Iowa City Liberty	--	29:06.17	8:43.07	9:21.5
151	Darien Castro	SR	3575	Des Moines Roosevelt	--	29:13.29	8:50.19	9:23.8
152	Talia Bruning	FR	3573	Des Moines Roosevelt	--	29:30.72	9:07.62	9:29.4
153	Sofie Hansen	SR	3241	Pleasant Valley	--	29:35.17	9:12.07	9:30.8
154	Maya Hoffman	JR	3791	Iowa City City High	--	29:40.06	9:16.96	9:32.4

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
155	Lily Gao	FR	3239	Pleasant Valley	--	29:40.26	9:17.16	9:32.4
156	Lilly Anderson	JR	3657	Dubuque Senior	--	29:54.60	9:31.50	9:37.0
157	Mazama Bodjona	SO	3501	Cedar Rapids Jefferson	58	29:55.34	9:32.24	9:37.3
158	Addie Trees	FR	3262	Pleasant Valley	--	29:56.01	9:32.91	9:37.5
159	Reese Heisdorffer	JR	3552	Clear Creek-Amana	59	29:56.28	9:33.18	9:37.6
160	Harper Oberly	FR	3599	Des Moines Roosevelt	--	30:08.65	9:45.55	9:41.6
161	Ada Gilchrist	SR	3783	Iowa City City High	--	30:20.40	9:57.30	9:45.3
162	Liz Degner	SO	3777	Iowa City City High	--	30:23.27	10:00.17	9:46.3
163	Mya Emick	FR	3550	Clear Creek-Amana	--	30:25.20	10:02.10	9:46.9
164	Jade Molina	SO	2946	Ottumwa	60	30:32.76	10:09.66	9:49.3
165	Cindy Eckhardt	SO	3861	Iowa City Liberty	--	30:48.82	10:25.72	9:54.5
166	Jillian Scroggs	SR	3472	Ankeny Centennial	--	30:53.62	10:30.52	9:56.0
167	Izzy Todd	FR	3261	Pleasant Valley	--	30:59.13	10:36.03	9:57.8
168	Valeria Maldonado	SO	2945	Ottumwa	61	31:07.99	10:44.89	10:00.6
169	Audrey Naumann	JR	3598	Des Moines Roosevelt	--	31:11.61	10:48.51	10:01.8
170	Alani Castro	SR	3574	Des Moines Roosevelt	--	31:19.80	10:56.70	10:04.4
171	Isabelle Henderson	SR	2941	Ottumwa	62	31:20.85	10:57.75	10:04.8
172	Quinn Price	SR	3803	Iowa City City High	--	31:21.84	10:58.74	10:05.1
173	Tiana Munoz	JR	3597	Des Moines Roosevelt	--	31:29.59	11:06.49	10:07.6
174	Abby Devereux	SR	3428	Ankeny Centennial	--	31:31.41	11:08.31	10:08.2
175	Mia Janda	FR	3507	Cedar Rapids Jefferson	63	31:45.44	11:22.34	10:12.7
176	Annie McKenzie	SO	3594	Des Moines Roosevelt	--	32:03.73	11:40.63	10:18.6
177	Thierrina Wolotoh	JR	3523	Cedar Rapids Jefferson	64	32:09.56	11:46.46	10:20.4
178	Avery Kuhl	FR	3446	Ankeny Centennial	--	32:11.69	11:48.59	10:21.1
179	Abigail Calderon	JR	3503	Cedar Rapids Jefferson	65	32:20.39	11:57.29	10:23.9
180	Alexia Kracht	JR	3510	Cedar Rapids Jefferson	66	32:36.94	12:13.84	10:29.2
181	Amari Casto	FR	3776	Iowa City City High	--	32:51.61	12:28.51	10:34.0
182	Mali Kituza	SR	3509	Cedar Rapids Jefferson	67	33:06.96	12:43.86	10:38.9
183	Theresa Gonpue	JR	3506	Cedar Rapids Jefferson	68	33:07.65	12:44.55	10:39.1
184	Avery Nace	FR	3798	Iowa City City High	--	33:19.02	12:55.92	10:42.8
185	Karla Martinez	SO	3592	Des Moines Roosevelt	--	33:40.67	13:17.57	10:49.7
186	Ania Naso	JR	3799	Iowa City City High	--	33:57.12	13:34.02	10:55.0
187	Josephine Budederi	SO	3502	Cedar Rapids Jefferson	--	34:11.47	13:48.37	10:59.6
188	Audrey Schaeffer	SO	3470	Ankeny Centennial	--	34:19.83	13:56.73	11:02.3
189	Jessica O'Brien	SR	3517	Cedar Rapids Jefferson	--	41:49.77	21:26.67	13:27.0

Race #6
Boys JV 5000M**FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread	Division
1 Iowa City City High	15	1-2-3-4-5(7)(9)	1:29:26	17:54	0:42.7	
2 Dubuque Senior	72	12-13-14-15-18(23)(25)	1:32:55	18:35	0:24.2	
3 Prairie Cedar Rapids	94	6-8-19-29-32(34)(35)	1:33:20	18:40	0:59.3	
4 Pleasant Valley	95	11-16-20-22-26(27)(30)	1:33:33	18:43	0:37.2	
5 Ankeny Centennial	105	10-17-21-24-33(36)(37)	1:33:51	18:47	0:56.9	
6 Clear Creek-Amana	189	31-38-39-40-41(42)(44)	1:37:01	19:25	0:26.2	
7 Iowa City Liberty	209	28-43-45-46-47(48)(49)	1:39:49	19:58	1:26.2	
8 Cedar Rapids Jefferson	270	51-52-53-56-58(59)	1:52:06	22:26	1:25.6	
9 Ottumwa	276	50-54-55-57-60(61)	1:54:20	22:52	3:26.0	

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
1 Mustafa Noreldaim	JR	3753	Iowa City City High	1	17:26.73	---	5:36.6
2 Henry Vande Berg	FR	3766	Iowa City City High	2	17:49.50	22.77	5:43.9
3 Ephram Byler	JR	3725	Iowa City City High	3	17:57.29	30.56	5:46.4
4 Dylan Beerends	JR	3723	Iowa City City High	4	18:02.19	35.46	5:48.0
5 Jack Lehman	SO	3742	Iowa City City High	5	18:09.37	42.64	5:50.3
6 Cole Younger	JR	3305	Prairie Cedar Rapids	6	18:10.01	43.28	5:50.5
7 Brady Gluba	JR	3736	Iowa City City High	7	18:10.21	43.48	5:50.5
8 Julien Benesh	SR	3270	Prairie Cedar Rapids	8	18:12.25	45.52	5:51.2
9 Henri Renaud	JR	3759	Iowa City City High	9	18:13.78	47.05	5:51.7
10 Isaac Porter	SO	3405	Ankeny Centennial	10	18:15.51	48.78	5:52.3
11 Gavin Russell	FR	3219	Pleasant Valley	11	18:19.33	52.60	5:53.5
12 Owen Anderson	FR	3608	Dubuque Senior	12	18:19.36	52.63	5:53.5
13 Malcolm Arnold	FR	3721	Iowa City City High	--	18:22.62	55.89	5:54.5
14 Jack Edwards	SO	3732	Iowa City City High	--	18:29.53	1:02.80	5:56.8
15 Graden Kroger	SO	3634	Dubuque Senior	13	18:31.84	1:05.11	5:57.5
16 Timmy Hosier	JR	3739	Iowa City City High	--	18:35.26	1:08.53	5:58.6
17 Colton Freund	SO	3624	Dubuque Senior	14	18:38.38	1:11.65	5:59.6
18 Seth Yoder	JR	3769	Iowa City City High	--	18:40.17	1:13.44	6:00.2
19 Ian Sindt	FR	3655	Dubuque Senior	15	18:41.62	1:14.89	6:00.6
20 Finley McMillan	JR	3202	Pleasant Valley	16	18:41.91	1:15.18	6:00.7
21 Levi Odson	FR	3403	Ankeny Centennial	17	18:42.13	1:15.40	6:00.8
22 Mathew Haug	FR	3628	Dubuque Senior	18	18:43.46	1:16.73	6:01.2
23 Eric Valde	SO	3302	Prairie Cedar Rapids	19	18:44.95	1:18.22	6:01.7
24 Henry Allers	JR	2978	Pleasant Valley	20	18:45.38	1:18.65	6:01.9
25 Ian Smith	SO	3409	Ankeny Centennial	21	18:45.85	1:19.12	6:02.0
26 Levi Steele	SO	3224	Pleasant Valley	22	18:49.88	1:23.15	6:03.3

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
27	Cody Hesselman	FR	3629	Dubuque Senior	23	18:52.08	1:25.35	6:04.0
28	Lynden MacGillivray	SO	3745	Iowa City City High	--	18:53.17	1:26.44	6:04.4
29	Zachary Malone	JR	3393	Ankeny Centennial	24	18:54.62	1:27.89	6:04.8
30	Elijah Roach	SO	3647	Dubuque Senior	25	18:56.26	1:29.53	6:05.4
31	Zach Bauer	SO	2980	Pleasant Valley	26	18:56.47	1:29.74	6:05.4
32	Ben Schaefer	SO	3651	Dubuque Senior	--	18:56.60	1:29.87	6:05.5
33	Jacob O'Connor	FR	3207	Pleasant Valley	27	18:56.61	1:29.88	6:05.5
34	Sahir Sharif	SR	3852	Iowa City Liberty	28	18:59.69	1:32.96	6:06.5
35	Alex Warden	SR	3303	Prairie Cedar Rapids	29	19:02.72	1:35.99	6:07.4
36	Carson Roman	JR	3218	Pleasant Valley	30	19:08.08	1:41.35	6:09.2
37	Beckett Boeset	FR	3525	Clear Creek-Amana	31	19:08.90	1:42.17	6:09.4
38	Kurtis Petersen	SR	3297	Prairie Cedar Rapids	32	19:09.22	1:42.49	6:09.5
39	Kael Lawler	JR	3391	Ankeny Centennial	33	19:12.32	1:45.59	6:10.5
40	Jacob Krambeer	SO	3285	Prairie Cedar Rapids	34	19:17.68	1:50.95	6:12.2
41	John Hynek	JR	3281	Prairie Cedar Rapids	35	19:21.74	1:55.01	6:13.5
42	Brody Frost		3378	Ankeny Centennial	36	19:21.98	1:55.25	6:13.6
43	Jeremy Reeve	JR	3406	Ankeny Centennial	37	19:22.70	1:55.97	6:13.9
44	Andrew Rotzoll	JR	3539	Clear Creek-Amana	38	19:22.95	1:56.22	6:13.9
45	Rylan Windmiller	SR	3228	Pleasant Valley	--	19:25.74	1:59.01	6:14.8
46	Keegan Kenne	JR	3538	Clear Creek-Amana	39	19:25.78	1:59.05	6:14.8
47	Blake Bybee	SO	3371	Ankeny Centennial	--	19:26.44	1:59.71	6:15.1
48	Tate Schloss	JR	3541	Clear Creek-Amana	40	19:27.84	2:01.11	6:15.5
49	Grant Arling	FR	3609	Dubuque Senior	--	19:28.19	2:01.46	6:15.6
50	Mason Liddle	JR	3636	Dubuque Senior	--	19:29.80	2:03.07	6:16.1
51	Caden Ervin	SR	2989	Pleasant Valley	--	19:31.11	2:04.38	6:16.6
52	Charlie Branscomb	SR	3614	Dubuque Senior	--	19:33.39	2:06.66	6:17.3
53	Grayer Pruitt	SO	3215	Pleasant Valley	--	19:34.25	2:07.52	6:17.6
54	Kameron Dunkin	SO	3531	Clear Creek-Amana	41	19:35.07	2:08.34	6:17.8
55	Henry Arling	SO	3610	Dubuque Senior	--	19:36.46	2:09.73	6:18.3
56	Brayden Leis	JR	3289	Prairie Cedar Rapids	--	19:36.93	2:10.20	6:18.4
57	Sebastian Reinert	JR	3644	Dubuque Senior	--	19:37.92	2:11.19	6:18.8
58	Vrayas Pila	8	3213	Pleasant Valley	--	19:38.76	2:12.03	6:19.0
59	Silas Suchomel	FR	3764	Iowa City City High	--	19:40.94	2:14.21	6:19.7
60	Beckett Tobin	FR	3765	Iowa City City High	--	19:41.04	2:14.31	6:19.8
61	Mose Caulk	FR	3727	Iowa City City High	--	19:41.27	2:14.54	6:19.8
62	Shea McDonald	SO	3639	Dubuque Senior	--	19:41.91	2:15.18	6:20.0
63	Zach Zuiderveen	SO	3229	Pleasant Valley	--	19:41.94	2:15.21	6:20.0
64	Maxwell Curnyn	FR	3375	Ankeny Centennial	--	19:42.10	2:15.37	6:20.1
65	Preston Block	JR	3613	Dubuque Senior	--	19:42.90	2:16.17	6:20.4
66	Sam Richman	FR	3760	Iowa City City High	--	19:43.04	2:16.31	6:20.4
67	Athon Wilcox	SO	3227	Pleasant Valley	--	19:52.91	2:26.18	6:23.6
68	Derek Foht	JR	3623	Dubuque Senior	--	19:53.33	2:26.60	6:23.7
69	Odin Hankins	SO	3532	Clear Creek-Amana	42	19:53.71	2:26.98	6:23.8

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
70	Parker Block	FR	3612	Dubuque Senior	--	19:54.01	2:27.28	6:23.9
71	Finnigan Noel	JR	3643	Dubuque Senior	--	19:54.80	2:28.07	6:24.2
72	Dean Cho	SR	3823	Iowa City Liberty	43	19:54.96	2:28.23	6:24.2
73	Silas Gollinck	SO	3737	Iowa City City High	--	19:56.82	2:30.09	6:24.8
74	Joseph Endicott	JR	3275	Prairie Cedar Rapids	--	19:57.69	2:30.96	6:25.1
75	Preston Mayhew	FR	3746	Iowa City City High	--	19:57.87	2:31.14	6:25.2
76	Caden Burkle	SO	3528	Clear Creek-Amana	44	19:58.66	2:31.93	6:25.4
77	Trevor Schepanski	JR	3849	Iowa City Liberty	45	20:04.00	2:36.27	6:27.1
78	Jediah Frost	SO	3276	Prairie Cedar Rapids	--	20:05.43	2:38.70	6:27.6
79	Owen Gahn	JR	3734	Iowa City City High	--	20:06.00	2:38.27	6:27.8
80	Nolan Balmer	JR	3722	Iowa City City High	--	20:08.78	2:42.05	6:28.7
81	Lane Moeckly	SO	3397	Ankeny Centennial	--	20:12.00	2:44.27	6:29.7
82	Evan Osler	FR	3209	Pleasant Valley	--	20:13.03	2:46.30	6:30.0
83	Lane Morgart	FR	3205	Pleasant Valley	--	20:14.49	2:47.76	6:30.5
84	Liam Clark	FR	3272	Prairie Cedar Rapids	--	20:16.46	2:49.73	6:31.1
85	Teddy Ruppel	JR	3650	Dubuque Senior	--	20:17.30	2:50.57	6:31.4
86	Harrison Stark	SO	3300	Prairie Cedar Rapids	--	20:20.64	2:53.91	6:32.5
87	Iben Coohy	SR	3825	Iowa City Liberty	46	20:23.98	2:57.25	6:33.6
88	Evan Pavlovec	JR	3844	Iowa City Liberty	47	20:25.88	2:59.15	6:34.2
89	Ian Silvia	FR	3654	Dubuque Senior	--	20:26.36	2:59.63	6:34.3
90	Tyler Schepanski	JR	3850	Iowa City Liberty	48	20:26.49	2:59.76	6:34.4
91	Mike Seamans	FR	3299	Prairie Cedar Rapids	--	20:28.20	3:01.47	6:34.9
92	Ian Benge	JR	2983	Pleasant Valley	--	20:28.37	3:01.64	6:35.0
93	Monte Sprank	SR	3656	Dubuque Senior	--	20:30.04	3:03.31	6:35.5
94	Calvin Haag	JR	3381	Ankeny Centennial	--	20:32.94	3:06.21	6:36.4
95	Caleb Murray	JR	3399	Ankeny Centennial	--	20:33.46	3:06.73	6:36.6
96	Connor Dallner	JR	3826	Iowa City Liberty	49	20:34.77	3:08.04	6:37.0
97	Gavin Nelson	SR	3842	Iowa City Liberty	--	20:36.12	3:09.39	6:37.5
98	Heath Lane	SR	3836	Iowa City Liberty	--	20:36.84	3:10.11	6:37.7
99	Bradley Alldredge	SR	3265	Prairie Cedar Rapids	--	20:37.82	3:11.09	6:38.0
100	Kyle Gesell	JR	3829	Iowa City Liberty	--	20:38.21	3:11.48	6:38.1
101	Nikhil Behere	SR	2981	Pleasant Valley	--	20:40.19	3:13.46	6:38.8
102	David Whittaker	FR	3768	Iowa City City High	--	20:41.83	3:15.10	6:39.3
103	Bo Bray	FR	3527	Clear Creek-Amana	--	20:42.71	3:15.98	6:39.6
104	Brandon Thomas	SO	3225	Pleasant Valley	--	20:45.32	3:18.59	6:40.4
105	Owen Hovick	SR	3385	Ankeny Centennial	--	20:45.76	3:19.03	6:40.6
106	Rowan Adkins	FR	2977	Pleasant Valley	--	20:48.66	3:21.93	6:41.5
107	Royal Reisch	FR	3645	Dubuque Senior	--	20:49.54	3:22.81	6:41.8
108	Thomas Bacon	SO	2979	Pleasant Valley	--	20:50.77	3:24.04	6:42.2
109	Khoa Nguyen	JR	3402	Ankeny Centennial	--	20:51.35	3:24.62	6:42.4
110	Joe Schlitz	FR	3763	Iowa City City High	--	20:53.90	3:27.17	6:43.2
111	Elijah Thompson	FR	3544	Clear Creek-Amana	--	20:55.78	3:29.05	6:43.8
112	Jacob Chizek	SR	3372	Ankeny Centennial	--	21:05.05	3:38.32	6:46.8

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
113	Jonas Robinson	SO	3407	Ankeny Centennial	--	21:05.80	3:39.07	6:47.0
114	Cooper Bries	SO	2984	Pleasant Valley	--	21:10.15	3:43.42	6:48.4
115	Cole Halupnik	SR	2993	Pleasant Valley	--	21:12.10	3:45.37	6:49.0
116	Beckett Roos	FR	3761	Iowa City City High	--	21:12.74	3:46.01	6:49.2
117	Cole Tjaden		3412	Ankeny Centennial	--	21:14.47	3:47.74	6:49.8
118	Alex Nielsen	SR	3642	Dubuque Senior	--	21:16.40	3:49.67	6:50.4
119	Rayhan Khan	JR	3834	Iowa City Liberty	--	21:17.23	3:50.50	6:50.7
120	Russell Brown	JR	3821	Iowa City Liberty	--	21:18.08	3:51.35	6:51.0
121	Nash Hayek	SR	3278	Prairie Cedar Rapids	--	21:19.18	3:52.45	6:51.3
122	Jacob Dixon	JR	3730	Iowa City City High	--	21:20.78	3:54.05	6:51.8
123	Alexander Wood	SO	3417	Ankeny Centennial	--	21:24.52	3:57.79	6:53.0
124	Truman Bright	SR	3724	Iowa City City High	--	21:25.48	3:58.75	6:53.3
125	Joey Hoffman	FR	3630	Dubuque Senior	--	21:26.82	4:00.09	6:53.8
126	Shawn Harris	FR	3382	Ankeny Centennial	--	21:27.51	4:00.78	6:54.0
127	Caleb Whaley	SR	3416	Ankeny Centennial	--	21:29.79	4:03.06	6:54.7
128	Austin Anderson	JR	3819	Iowa City Liberty	--	21:31.68	4:04.95	6:55.3
129	Matt Pischke	SR	3214	Pleasant Valley	--	21:32.63	4:05.90	6:55.6
130	Dean Landis	SO	3390	Ankeny Centennial	--	21:32.94	4:06.21	6:55.7
131	Caleb Schol	FR	3652	Dubuque Senior	--	21:34.05	4:07.32	6:56.1
132	Colbie Shupe	FR	3222	Pleasant Valley	--	21:34.86	4:08.13	6:56.4
133	Gustavo Leyser	FR	3743	Iowa City City High	--	21:35.73	4:09.00	6:56.6
134	Mariano Chavez	SR	2922	Ottumwa	50	21:39.23	4:12.50	6:57.8
135	Steven Ly	SR	2999	Pleasant Valley	--	21:41.08	4:14.35	6:58.4
136	Ethan Freckleton	SO	2991	Pleasant Valley	--	21:43.70	4:16.97	6:59.2
137	Charlie Waechter	SO	3499	Cedar Rapids Jefferson	51	21:49.06	4:22.33	7:00.9
138	Kinnick Meier	SR	3493	Cedar Rapids Jefferson	52	21:57.01	4:30.28	7:03.5
139	Luke Eiselstein	JR	3274	Prairie Cedar Rapids	--	21:57.65	4:30.92	7:03.7
140	Ganesh Maridu	FR	3201	Pleasant Valley	--	21:57.94	4:31.21	7:03.8
141	Ty Walker		3460	Ankeny Centennial	--	21:58.92	4:32.19	7:04.1
142	Henry Davidson	SO	3530	Clear Creek-Amana	--	22:02.88	4:36.15	7:05.4
143	Nikolia Gartelos	FR	3735	Iowa City City High	--	22:04.49	4:37.76	7:05.9
144	Joey Napoli	FR	3751	Iowa City City High	--	22:04.54	4:37.81	7:05.9
145	Jack Schilling	SO	3496	Cedar Rapids Jefferson	53	22:12.27	4:45.54	7:08.4
146	Zander Proctor	SR	2933	Ottumwa	54	22:12.96	4:46.23	7:08.6
147	Nikhil Saini	SO	3220	Pleasant Valley	--	22:14.01	4:47.28	7:08.9
148	Luke Mellin	JR	2928	Ottumwa	55	22:17.71	4:50.98	7:10.1
149	Alex Donovan	FR	3731	Iowa City City High	--	22:19.05	4:52.32	7:10.6
150	Neal Patel	FR	3211	Pleasant Valley	--	22:20.24	4:53.51	7:10.9
151	Garrett Schutte	FR	3221	Pleasant Valley	--	22:21.79	4:55.06	7:11.4
152	Lucia Allgood	SR	3818	Iowa City Liberty	--	22:22.13	4:55.40	7:11.6
153	Josh Schulte	FR	3653	Dubuque Senior	--	22:23.55	4:56.82	7:12.0
154	Ryan McDermott	JR	3838	Iowa City Liberty	--	22:24.89	4:58.16	7:12.4
155	Mathew Denham	FR	3621	Dubuque Senior	--	22:27.77	5:01.04	7:13.4

Athlete		Yr.	#	Team	Score	Time	Gap	Avg. Mile
156	Cole Iburg	SR	3535	Clear Creek-Amana	--	22:33.77	5:07.04	7:15.3
157	Benjamin Hollinger	SO	3279	Prairie Cedar Rapids	--	22:39.76	5:13.03	7:17.2
158	Ben Nelson	FR	3400	Ankeny Centennial	--	22:46.91	5:20.18	7:19.5
159	Mason Deering	SO	2986	Pleasant Valley	--	22:49.30	5:22.57	7:20.3
160	Ian Eirp	FR	3489	Cedar Rapids Jefferson	56	22:52.35	5:25.62	7:21.3
161	Amakoe Ajavon	JR	3817	Iowa City Liberty	--	22:55.47	5:28.74	7:22.3
162	Jack Belby	FR	2982	Pleasant Valley	--	22:56.14	5:29.41	7:22.5
163	John Mansur	SO	3394	Ankeny Centennial	--	23:03.87	5:37.14	7:25.0
164	Bennett Welcher		3415	Ankeny Centennial	--	23:04.09	5:37.36	7:25.0
165	John Paul Martinez	SO	2927	Ottumwa	57	23:04.31	5:37.58	7:25.1
166	John Glatt	FR	3380	Ankeny Centennial	--	23:04.84	5:38.11	7:25.3
167	Hunter Farrell	SR	3377	Ankeny Centennial	--	23:07.38	5:40.65	7:26.1
168	Jason Fariss	FR	3490	Cedar Rapids Jefferson	58	23:14.57	5:47.84	7:28.4
169	George Hoover	SO	3830	Iowa City Liberty	--	23:32.17	6:05.44	7:34.1
170	Wilson Allred	FR	3267	Prairie Cedar Rapids	--	23:32.65	6:05.92	7:34.2
171	Luis De La Cuba	SR	3376	Ankeny Centennial	--	23:46.55	6:19.82	7:38.7
172	Cooper Busche	SO	3822	Iowa City Liberty	--	23:46.99	6:20.26	7:38.8
173	Noah Bourget	FR	3526	Clear Creek-Amana	--	23:51.24	6:24.51	7:40.2
174	Justus Minter	FR	3395	Ankeny Centennial	--	24:10.56	6:43.83	7:46.4
175	Levi Reising	JR	3646	Dubuque Senior	--	24:10.80	6:44.07	7:46.5
176	Kannon Mitchell	SO	3396	Ankeny Centennial	--	24:13.48	6:46.75	7:47.4
177	Jeremiah Rodgers	FR	3217	Pleasant Valley	--	24:19.17	6:52.44	7:49.2
178	Brandon Gass	FR	3491	Cedar Rapids Jefferson	59	24:23.16	6:56.43	7:50.5
179	Theo Allred	FR	3720	Iowa City City High	--	24:34.16	7:07.43	7:54.0
180	Adam Hartwigsen	JR	3383	Ankeny Centennial	--	24:48.15	7:21.42	7:58.5
181	Carter Kuhl	SO	3389	Ankeny Centennial	--	24:59.42	7:32.69	8:02.1
182	Irven Maldonado	JR	2926	Ottumwa	60	25:05.15	7:38.42	8:04.0
183	Brady VanVang	JR	3767	Iowa City City High	--	25:06.39	7:39.66	8:04.4
184	Neal Darr	FR	3619	Dubuque Senior	--	25:12.94	7:46.21	8:06.5
185	Piyush Pydipalli	JR	3847	Iowa City Liberty	--	25:14.22	7:47.49	8:06.9
186	Fabian Espinoza	SR	2923	Ottumwa	61	25:38.13	8:11.40	8:14.6
187	Jasper Morton	FR	3749	Iowa City City High	--	25:40.84	8:14.11	8:15.4
188	Maxamine Janelle	SR	3386	Ankeny Centennial	--	25:41.21	8:14.48	8:15.6
189	Alex Castillo	SO	3709	Hillcrest Academy	--	25:52.96	8:26.23	8:19.3
190	Kyler Jennings	FR	3282	Prairie Cedar Rapids	--	26:03.79	8:37.06	8:22.8
191	Caspar Stefan	JR	3410	Ankeny Centennial	--	26:09.48	8:42.75	8:24.7
192	Jonah Gerjets	SR	3379	Ankeny Centennial	--	26:18.56	8:51.83	8:27.6
193	Cole Kerns	SR	3833	Iowa City Liberty	--	26:48.99	9:22.26	8:37.4
194	Evan Miller	FR	3839	Iowa City Liberty	--	27:13.23	9:46.50	8:45.2
195	Asa Pelzel	JR	3845	Iowa City Liberty	--	28:13.81	10:47.08	9:04.6
196	Rowan Iannone	FR	3831	Iowa City Liberty	--	29:07.30	11:40.57	9:21.8
197	Harper Canon	FR	3616	Dubuque Senior	--	30:30.59	13:03.86	9:48.6

