

**SOUTHWEST VALLEY CC INVITATIONAL - 9/14/2023**

**9/14/2023**

**Results**

**Event 4 Girls 5k Run CC High School**

| Name                       | Year | School           | Finals   | Points |
|----------------------------|------|------------------|----------|--------|
| Results - Women            |      |                  |          |        |
| 1 Wilson, Hannah           | 11   | Fremont-Mills    | 21:08.50 |        |
| 2 Broer, Chloe             | 10   | W Monona         | 21:35.40 |        |
| 3 Schreck, Addy            | 11   | Cent Decatur     | 23:14.40 | 1      |
| 4 Valencia, Jillian        | 12   | East Union       | 23:41.40 |        |
| 5 Sandahl, Ella            | 09   | Essex            | 24:09.90 |        |
| 6 Leahy, Taylor            | 09   | Cent Decatur     | 24:26.40 | 2      |
| 7 Perkins, Makenna         | 11   | Cent Decatur     | 24:34.50 | 3      |
| 8 Lopez, Maddy             | 09   | Red Oak          | 24:52.00 | 4      |
| 9 Perrien, Marlee          | 09   | Red Oak          | 24:56.30 | 5      |
| 10 Perkins, Aubri          | 09   | Cent Decatur     | 25:21.10 | 6      |
| 11 Klepinger, Lainey       | 12   | Red Oak          | 25:28.90 | 7      |
| 12 Ramsey, Greenly         | 10   | Lenox            | 25:45.80 |        |
| 13 Barrett, Alexis         | 09   | Sidney           | 25:55.30 |        |
| 14 Roberts, Meredith       | 10   | Stanton          | 25:57.20 | 8      |
| 15 Millikan, Josie         | 10   | Griswold         | 26:34.50 |        |
| 16 Billingsley, Brookelynn | 09   | Fremont-Mills    | 26:43.10 |        |
| 17 Jones, Aniston          | 12   | Cent Decatur     | 27:10.20 | 9      |
| 18 Shimer, Trenidy         | 12   | Lenox            | 27:15.80 |        |
| 19 Kathikar, Olivia        | 11   | Southwest Valley | 27:33.30 | 10     |
| 20 Long, Maria             | 09   | East Union       | 27:52.60 |        |
| 21 Smith, Gabby            | 09   | Red Oak          | 27:53.00 | 11     |
| 22 Waigand, Hayden         | 12   | East Union       | 27:56.80 |        |
| 23 Pearson, Sierra         | 12   | Southwest Valley | 28:59.80 | 12     |
| 24 Byrd, Shiann            | 09   | Cent Decatur     | 29:29.40 | 13     |
| 25 Lage, Maggie            | 12   | W Monona         | 30:02.80 |        |
| 26 Horn, Cate              | 09   | Red Oak          | 30:08.60 | 14     |
| 27 Richey, Karissa         | 12   | Southwest Valley | 30:21.30 | 15     |
| 28 Walker, Leya            | 09   | Red Oak          | 30:53.40 | 16     |
| 29 Fletchall, Victoria     | 11   | Southwest Valley | 31:14.00 | 17     |
| 30 Lopez, Leslie           | 11   | Fremont-Mills    | 31:22.60 |        |
| 31 Newton, Kya             | 12   | Southwest Valley | 31:43.20 | 18     |
| 32 Heim, Gillian           | 09   | Red Oak          | 32:31.80 | 19     |
| 33 Mitchell, Bree          | 11   | Stanton          | 32:53.90 | 20     |
| 34 King, Kennedy           | 10   | Stanton          | 33:59.00 | 21     |
| 35 Kells, Kaysie           | 12   | Red Oak          | 34:05.30 |        |
| 36 Peterson, Ella          | 12   | Stanton          | 34:14.50 | 22     |
| 37 Burke, Riley            | 11   | Stanton          | 34:18.50 | 23     |
| 38 Strebe, Alyssa          | 10   | Red Oak          | 37:04.10 |        |
| 39 Quintanilla, Tzady      | 11   | Lenox            | 42:39.30 |        |

Team Scores

| Rank            | Team | Total | 1 | 2 | 3 | 4 | 5 | *6 | *7 | *8 | *9 |
|-----------------|------|-------|---|---|---|---|---|----|----|----|----|
| Results - Women |      |       |   |   |   |   |   |    |    |    |    |

**SOUTHWEST VALLEY CC INVITATIONAL - 9/14/2023****9/14/2023****Results****....Event 4 Girls 5k Run CC High School**

|                    |            |    |    |    |    |    |    |    |  |
|--------------------|------------|----|----|----|----|----|----|----|--|
| 1 Cent Decatur     | 21         | 1  | 2  | 3  | 6  | 9  | 13 |    |  |
| Total Time:        | 2:04:46.60 |    |    |    |    |    |    |    |  |
| Average:           | 24:57.32   |    |    |    |    |    |    |    |  |
| 2 Red Oak          | 41         | 4  | 5  | 7  | 11 | 14 | 16 | 19 |  |
| Total Time:        | 2:13:18.80 |    |    |    |    |    |    |    |  |
| Average:           | 26:39.76   |    |    |    |    |    |    |    |  |
| 3 Southwest Valley | 72         | 10 | 12 | 15 | 17 | 18 |    |    |  |
| Total Time:        | 2:29:51.61 |    |    |    |    |    |    |    |  |
| Average:           | 29:58.32   |    |    |    |    |    |    |    |  |
| 4 Stanton          | 94         | 8  | 20 | 21 | 22 | 23 |    |    |  |
| Total Time:        | 2:41:23.10 |    |    |    |    |    |    |    |  |
| Average:           | 32:16.62   |    |    |    |    |    |    |    |  |

**SOUTHWEST VALLEY CC INVITATIONAL - 9/14/2023****9/14/2023****Results****Event 3 Boys 5k Run CC High School**

| Name                        | Year School         | Finals   | Points |
|-----------------------------|---------------------|----------|--------|
| Results - Men               |                     |          |        |
| 1 Grass, Emmanuel           | 09 Red Oak          | 17:49.90 | 1      |
| 2 Driskill, Jacob           | 12 East Union       | 18:12.20 |        |
| 3 Dorscher, Cody            | 11 Griswold         | 18:36.20 | 2      |
| 4 Racine, Tony              | 12 Essex            | 18:43.20 |        |
| 5 Buttry, Carter            | 09 Sidney           | 18:46.80 | 3      |
| 6 Lemonds, Wyatt            | 09 Fremont-Mills    | 19:32.10 |        |
| 7 Sheetz, Joe               | 12 Cent Decatur     | 19:53.80 | 4      |
| 8 Lumbar, Carter            | 12 Diagonal         | 20:00.50 | 5      |
| 9 Jenkins, Ty               | 12 Red Oak          | 20:04.50 | 6      |
| 10 Orr, Andrew              | 12 W Monona         | 20:15.70 |        |
| 11 Whittington, Owen        | 10 Diagonal         | 20:24.50 | 7      |
| 12 Kelley, Pheolan          | 10 East Union       | 20:29.40 |        |
| 13 Bell, Flynt              | 10 Sidney           | 20:33.10 | 8      |
| 14 Seipold, Walter          | 11 East Mills       | 20:43.30 |        |
| 15 Jensen, Holden           | 11 Griswold         | 20:48.00 | 9      |
| 16 Smith, Nollan            | 10 Griswold         | 20:53.90 | 10     |
| 17 Lockwood, Brayden        | 10 Griswold         | 20:54.40 | 11     |
| 18 Johnson, Calvin          | 09 Sidney           | 20:55.40 | 12     |
| 19 Chaillie, Pace           | 09 Red Oak          | 20:59.30 | 13     |
| 20 Carter, Anderson         | 10 Fremont-Mills    | 21:04.30 |        |
| 21 Cordell, Cade            | 10 Lenox            | 21:19.10 |        |
| 22 McKinley, Gabe           | 12 W Monona         | 21:33.80 |        |
| 23 Jorgenson, Carter        | 09 Sidney           | 21:50.50 | 14     |
| 24 Stearns, Cooper          | 11 East Mills       | 22:17.00 |        |
| 25 LeRette, Joshua          | 12 Red Oak          | 22:25.00 | 15     |
| 26 Bryant, William          | 12 Sidney           | 22:27.60 | 16     |
| 27 Welch, Jayven            | 11 Bedford          | 22:39.20 |        |
| 28 Harris, Cade             | 10 Fremont-Mills    | 22:59.50 |        |
| 29 DeHass, Koen             | 11 Bedford          | 23:04.70 |        |
| 30 Means, Matthew           | 11 Southwest Valley | 23:07.70 | 17     |
| 31 Hook, Hogan              | 11 Griswold         | 23:10.30 | 18     |
| 32 Johnson, Ari             | 11 Cent Decatur     | 23:25.10 | 19     |
| 33 Eddy, Quaid              | 10 Southwest Valley | 23:26.40 | 20     |
| 34 Boswell, Ashton          | 10 Southwest Valley | 23:34.40 | 21     |
| 35 Pittet, Jaxon            | 10 W Monona         | 23:51.00 |        |
| 36 Stickland, Bennett       | 12 Red Oak          | 23:54.30 | 22     |
| 37 James, Ethan             | 12 Southwest Valley | 24:02.10 | 23     |
| 38 Quintans Pineiro, Santia | 11 Southwest Valley | 24:13.20 | 24     |
| 39 Kistler, Maddox          | 11 Cent Decatur     | 24:14.30 | 25     |
| 40 Driskill, Brock          | 09 East Union       | 24:16.20 |        |
| 41 Stephens, Garrett        | 12 Diagonal         | 24:34.70 | 26     |
| 42 Sholes, Isaiah           | 10 Essex            | 24:36.50 |        |
| 43 Dines, Ethan             | 10 Fremont-Mills    | 24:37.10 |        |
| 44 Williams, Gunner         | 09 East Union       | 24:37.20 |        |
| 45 Morgan, Mavryc           | 10 Sidney           | 25:13.90 | 27     |
| 46 Carpenter, Preston       | 12 Stanton          | 25:57.60 |        |
| 47 Lamb, Jace               | 12 Diagonal         | 26:00.10 | 28     |
| 48 Watson, Kacyn            | 10 Cent Decatur     | 27:03.20 | 29     |
| 49 Murray, Logan            | 10 W Monona         | 27:04.80 |        |
| 50 Kutzli, Eric             | 10 Stanton          | 27:29.20 |        |
| 51 Hall, Anden              | 11 Cent Decatur     | 27:52.30 | 30     |
| 52 Williams, Jordan         | 11 East Mills       | 28:41.80 |        |

**SOUTHWEST VALLEY CC INVITATIONAL - 9/14/2023**

**9/14/2023**

**Results**

**...Event 3 Boys 5k Run CC High School**

|                     |                     |          |    |
|---------------------|---------------------|----------|----|
| 53 Anderson, Keaton | 11 Essex            | 29:18.20 |    |
| 54 James, Lucas     | 10 Southwest Valley | 29:53.10 | 31 |
| 55 Turner, Cavyn    | 09 Griswold         | 31:28.90 | 32 |
| 56 Allee, EJ        | 10 Diagonal         | 32:10.40 | 33 |
| 57 Spencer, Grant   | 09 Stanton          | 34:10.00 |    |
| 58 Saurborn, Tarin  | 09 Bedford          | 37:47.40 |    |
| 59 Turner, Calden   | 10 Griswold         | 39:59.30 | 34 |

Team Scores

| Rank | Team | Total | 1 | 2 | 3 | 4 | 5 | *6 | *7 | *8 | *9 |
|------|------|-------|---|---|---|---|---|----|----|----|----|
|------|------|-------|---|---|---|---|---|----|----|----|----|

Results - Men

|   |                  |            |    |    |    |    |    |    |    |  |
|---|------------------|------------|----|----|----|----|----|----|----|--|
| 1 | Griswold         | 50         | 2  | 9  | 10 | 11 | 18 | 32 | 34 |  |
|   | Total Time:      | 1:44:22.80 |    |    |    |    |    |    |    |  |
|   | Average:         | 20:52.56   |    |    |    |    |    |    |    |  |
| 2 | Sidney           | 53         | 3  | 8  | 12 | 14 | 16 | 27 |    |  |
|   | Total Time:      | 1:44:33.40 |    |    |    |    |    |    |    |  |
|   | Average:         | 20:54.68   |    |    |    |    |    |    |    |  |
| 3 | Red Oak          | 57         | 1  | 6  | 13 | 15 | 22 |    |    |  |
|   | Total Time:      | 1:45:13.00 |    |    |    |    |    |    |    |  |
|   | Average:         | 21:02.60   |    |    |    |    |    |    |    |  |
| 4 | Diagonal         | 99         | 5  | 7  | 26 | 28 | 33 |    |    |  |
|   | Total Time:      | 2:03:10.20 |    |    |    |    |    |    |    |  |
|   | Average:         | 24:38.04   |    |    |    |    |    |    |    |  |
| 5 | Southwest Valley | 105        | 17 | 20 | 21 | 23 | 24 | 31 |    |  |
|   | Total Time:      | 1:58:23.80 |    |    |    |    |    |    |    |  |
|   | Average:         | 23:40.76   |    |    |    |    |    |    |    |  |
| 6 | Cent Decatur     | 107        | 4  | 19 | 25 | 29 | 30 |    |    |  |
|   | Total Time:      | 2:02:28.70 |    |    |    |    |    |    |    |  |
|   | Average:         | 24:29.74   |    |    |    |    |    |    |    |  |



**SOUTHWEST VALLEY CC INVITATIONAL - 9/14/2023****9/14/2023****Results****Event 1 Boys 3200 Meter Run CC Middle School**

| Name                   | Year School         | Finals   | Points |
|------------------------|---------------------|----------|--------|
| Results - Men          |                     |          |        |
| 1 Heitbrink, Hayden    | 08 Red Oak          | 12:21.90 |        |
| 2 Hensley, Abe         | 08 Winterset        | 12:51.30 | 1      |
| 3 Waugh, Beau          | 08 Cent Decatur     | 12:51.50 |        |
| 4 Johnson, Kaleb       | 08 Bedford          | 12:55.80 |        |
| 5 Wuebker, Cyler       | 08 East Union       | 13:02.90 |        |
| 6 Jackson, Curtis      | 08 East Mills       | 13:17.00 |        |
| 7 Hart, Brett          | 08 Stanton          | 13:39.40 | 2      |
| 8 Sells, Mason         | Shenandoah          | 13:40.20 | 3      |
| 9 Hensley, Jud         | 08 Winterset        | 13:51.70 | 4      |
| 10 Roberts, Ty         | Stanton             | 13:59.10 | 5      |
| 11 Goy, Gannon         | 08 Fremont-Mills    | 14:02.60 | 6      |
| 12 Tedford, Blake      | 08 Cent Decatur     | 14:04.90 |        |
| 13 Snow, Jayden        | 08 Stanton          | 14:07.70 | 7      |
| 14 Kinghorn, Greyson   | 08 Shenandoah       | 14:08.70 | 8      |
| 15 Dreyer, Cooper      | 08 Stanton          | 14:21.80 | 9      |
| 16 Williams, Cailex    | Stanton             | 14:23.50 | 10     |
| 17 Cowman, Ethan       | 08 Winterset        | 14:26.80 | 11     |
| 18 Morse, Colin        | 08 Fremont-Mills    | 14:30.50 | 12     |
| 19 Wolfe, Alexander    | Winterset           | 14:30.80 | 13     |
| 20 Levering, Joseph    | 08 W Monona         | 14:33.30 |        |
| 21 Taylor, Hunter      | 08 Winterset        | 14:35.90 | 14     |
| 22 Kuhns, Preston      | Winterset           | 14:48.20 | 15     |
| 23 Mcneill, Adam       | 08 East Union       | 14:51.40 |        |
| 24 Tompkins, Casey     | Shenandoah          | 15:03.70 | 16     |
| 25 Moetsch, Lucas      | Winterset           | 15:07.10 | 17     |
| 26 Hall, Lucas         | Winterset           | 15:08.00 |        |
| 27 Zimmerman, Broden   | 08 Fremont-Mills    | 15:12.90 | 18     |
| 28 Johnson, Jesse      | 08 Essex            | 15:18.90 |        |
| 29 Elwood, Tristan     | Stanton             | 15:21.70 | 19     |
| 30 Burke, Jayden       | Stanton             | 15:29.20 | 20     |
| 31 Buttry, Brody       | 08 Sidney           | 15:47.50 |        |
| 32 Bakehouse, Anderson | 08 East Mills       | 15:57.00 |        |
| 33 Burdorf, Blake      | Shenandoah          | 16:03.90 | 21     |
| 34 King, Augustus      | Winterset           | 16:33.50 |        |
| 35 Oesch, Grant        | 08 Cent Decatur     | 16:49.90 |        |
| 36 Ripperger, Brock    | 08 East Mills       | 16:59.10 |        |
| 37 Moeller, Logan      | 08 Winterset        | 17:02.50 |        |
| 38 Meyer, Brett        | 08 Bedford          | 17:16.40 |        |
| 39 Korver, Ryan        | 08 Fremont-Mills    | 17:30.90 | 22     |
| 40 Anderson, Brady     | Red Oak             | 17:32.60 |        |
| 41 Wade, John          | 08 East Mills       | 17:40.00 |        |
| 42 Waddell, Ben        | 08 Southwest Valley | 17:52.80 |        |
| 43 Wood Ohnemus, Khaos | Winterset           | 18:01.40 |        |
| 44 Pendergraft, Ben    | Red Oak             | 18:08.80 |        |
| 45 Hughes, Ryder       | Winterset           | 18:46.40 |        |
| 46 Bruce, Brayton      | 08 Southwest Valley | 18:56.10 |        |
| 47 Cabeen, Mark        | 08 Essex            | 20:10.80 |        |
| 48 Hazen, Wyatt        | Shenandoah          | 20:13.00 | 23     |
| 49 Riggins, Lane       | 08 Shenandoah       | 21:02.60 | 24     |
| 50 DeMarBieux, D'Gun   | Bedford             | 21:26.40 |        |
| 51 Barber, Nicholas    | 08 Winterset        | 22:42.50 |        |
| 52 Hetzel, Ryder       | Fremont-Mills       | 23:31.50 | 25     |

