

**2023 UNION INVITATIONAL**

La Porte City, IA

La Porte City Golf Course

Weather: Partly Cloudy, N 5-10mph, 49% &amp; 74

Thursday, September 07, 2023

**MEET OFFICIALS****Meet Director:**

Michael Bruns

**Meet Referee:**

Mike Bengen

**Timing:**

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 9/7/2023 6:03 PM

**Race #1**  
**MS Girls 1.1 Miles****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
<b>1 Aplington - Parkersburg</b>	<b>21</b>	2-3-7-9(13)(16)	29:04	7:16	0:51.9
<b>2 Vinton-Shellsburg</b>	<b>45</b>	4-6-17-18(22)(23)	31:00	7:45	0:35.3
<b>3 Edgewood-Colesburg</b>	<b>47</b>	1-10-15-21	30:19	7:35	2:17.2
<b>4 Waterloo Co-Op</b>	<b>56</b>	5-11-14-26(27)(28)	32:16	8:04	1:41.2
<b>5 Denver</b>	<b>59</b>	8-12-19-20(24)(25)	31:45	7:57	0:47.5

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 DIERS, Josie	7	Edgewood-Colesbu	1	6:15.3	5:41.1	3:32.0
2 ENDELMAN, Charlee	7	Aplington - Parkers	2	6:44.6	6:07.8	3:48.6
3 BERNARD, Bella	7	Aplington - Parkers	3	7:07.9	6:29.0	4:01.7
4 KEEGAN, Finley	7	Union	-	7:21.4	6:41.3	4:09.4
5 VAN WECHEL, Brooklyn	7	Vinton-Shellsburg	4	7:26.7	6:46.1	4:12.4
6 HEIDEMANN, Maggie	8	Janesville	-	7:30.0	6:49.1	4:14.2
7 TUDOR, Mara	8	Waterloo Co-Op	5	7:30.9	6:49.8	4:14.7
8 GRIMM, Chloe	8	Vinton-Shellsburg	6	7:32.8	6:51.6	4:15.8
9 BERNARD, Lorna	7	Aplington - Parkers	7	7:34.2	6:52.9	4:16.6
10 HOCKENSON, Madelyn	8	Denver	8	7:34.4	6:53.1	4:16.7
11 WEBER, Aubree	7	Aplington - Parkers	9	7:36.5	6:54.9	4:17.9
12 WULFEKUHLE, Annabelle	8	Edgewood-Colesbu	10	7:37.6	6:56.0	4:18.5
13 FOELSKE, Isabelle	8	Janesville	-	7:40.9	6:58.9	4:20.3
14 BUCK, Emersyn	7	Waterloo Co-Op	11	7:42.6	7:00.5	4:21.4
15 STANLEY, Ellery	8	Denver	12	7:42.9	7:00.8	4:21.5
16 STAHL, Bella	7	Aplington - Parkers	(13)	7:45.4	7:03.1	4:22.9
17 BREAKENRIDGE, Isla	8	North Tama County	-	7:49.0	7:06.3	4:24.9
18 HARNACK, Lucy	7	Waterloo Co-Op	14	7:50.0	7:07.2	4:25.5
19 COX, Kayla	7	Janesville	-	7:50.3	7:07.5	4:25.7
20 WITTMAN, Clara	7	Edgewood-Colesbu	15	7:53.6	7:10.5	4:27.6
21 CASHATT, Ireland	7	Aplington - Parkers	(16)	7:56.0	7:12.7	4:28.9
22 SCHIRM, Ava	7	Vinton-Shellsburg	17	7:58.2	7:14.7	4:30.2
23 DRUSCHEL, Mazy	7	Vinton-Shellsburg	18	8:01.9	7:18.1	4:32.3
24 SEDA, Brynley	8	North Tama County	-	8:02.0	7:18.1	4:32.3
25 HONN, Brooklyn	7	Denver	19	8:05.6	7:21.4	4:34.3
26 BERENDS, Violet	7	Aplington - Parkers	-	8:08.0	7:23.6	4:35.7
27 CERWINSKE, Kelly	8	Nashua-Plainfield	-	8:08.3	7:23.9	4:35.9
28 MATTHIAS, Summer	7	Denver	20	8:21.9	7:36.2	4:43.5
29 HAMANN, Jenna	7	Edgewood-Colesbu	21	8:32.4	7:45.8	4:49.5
30 TOENGES, Kayla	7	Union	-	8:33.2	7:46.5	4:49.9
31 BUNTEN, Maddie	8	Vinton-Shellsburg	(22)	8:39.8	7:52.5	4:53.6
32 GLYNN, Trinity	7	Vinton-Shellsburg	(23)	8:46.4	7:58.5	4:57.4
33 STEEGE, Emma	7	Denver	(24)	8:53.7	8:05.1	5:01.5
34 GRAY, Mary	7	Dunkerton	-	8:58.3	8:09.4	5:04.1
35 JEYS, Madison	7	Denver	(25)	9:02.6	8:13.2	5:06.5
36 BODEKER, June	7	Vinton-Shellsburg	-	9:08.1	8:18.3	5:09.7
37 LUMSDEN, Courtney	8	Waterloo Co-Op	26	9:12.0	8:21.7	5:11.8

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**Race #1**  
**MS Girls 1.1 Miles****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
38 SCHMITT, Ava	7	Nashua-Plainfield	-	9:13.0	8:22.7	5:12.4
39 BUSEMAN, Adelyn	7	Aplington - Parkers	-	9:30.9	8:39.0	5:22.5
40 SHARP, Sydney	7	Aplington - Parkers	-	9:52.3	8:58.5	5:34.6
41 LABREE, Karissa	7	Aplington - Parkers	-	9:52.8	8:58.9	5:34.9
42 ANDRADE, Aidee	8	Waterloo Co-Op	(27)	9:56.6	9:02.4	5:37.1
43 WALKER, Stella	7	Aplington - Parkers	-	9:57.9	9:03.5	5:37.8
44 CONDRY, Libby	8	Vinton-Shellsburg	-	10:06.1	9:10.9	5:42.4
45 HOLMES, Anaijha	8	Waterloo Co-Op	(28)	10:21.9	9:25.3	5:51.3
46 SMITH, Honestii	7	Waterloo Co-Op	-	10:22.0	9:25.5	5:51.4
47 REINTS, Addison	7	Waterloo Co-Op	-	10:39.0	9:40.8	6:01.0
48 PEARSON, Skylar	8	Union	-	11:13.1	10:11.8	6:20.2
49 PASTRANO, Marissa	7	Waterloo Co-Op	-	13:17.4	12:04.8	7:30.5

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**Race #2**  
**MS Boys 1.1 Miles****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
<b>1 Vinton-Shellsburg</b>	<b>17</b>	2-4-5-6(12)(15)	25:54	6:29	0:21.3
<b>2 Denver</b>	<b>24</b>	1-3-9-11(14)(16)	25:25	6:22	1:30.2
<b>3 Union</b>	<b>50</b>	8-10-13-19(25)	28:22	7:06	1:09.6
<b>4 Edgewood-Colesburg</b>	<b>73</b>	7-20-22-24(28)(29)	31:26	7:52	1:54.1
<b>5 Waterloo Co-Op</b>	<b>79</b>	17-18-21-23(26)(27)	31:57	8:00	0:45.6

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 GOMEZ, Jesse	8	Denver	1	5:23.3	4:53.9	3:02.6
2 PRIMROSE, Will	8	Vinton-Shellsburg	2	6:13.3	5:39.3	3:30.9
3 PAGEL, Ethan	8	Denver	3	6:24.9	5:49.9	3:37.5
4 DEE, Cameron	8	Vinton-Shellsburg	4	6:32.2	5:56.5	3:41.6
5 GRIMM, Kashton	8	Vinton-Shellsburg	5	6:34.0	5:58.1	3:42.6
6 KAUT, Wyatt	8	Vinton-Shellsburg	6	6:34.6	5:58.7	3:42.9
7 PRICE, Owen	7	Aplington - Parkers	-	6:35.7	5:59.7	3:43.5
8 BAILEY, Eli	8	Edgewood-Colesbu	7	6:37.0	6:00.9	3:44.3
9 MULLEN, Trevor	8	Union	8	6:42.4	6:05.8	3:47.3
10 DAHLAGER, Kale	7	Denver	9	6:43.1	6:06.4	3:47.7
11 KEISTER, Tristan	8	Union	10	6:44.4	6:07.6	3:48.4
12 HARMSSEN, Levi	8	North Tama County	-	6:46.0	6:09.1	3:49.4
13 COOPER, Cayd	8	North Tama County	-	6:51.7	6:14.2	3:52.6
14 PAUTSCH, Henry	8	Denver	11	6:53.5	6:15.9	3:53.6
15 HOLSINGER, Troy	8	Vinton-Shellsburg	(12)	6:53.7	6:16.1	3:53.7
16 BEERMANN, Phineas	7	Union	13	7:03.2	6:24.7	3:59.1
17 MANCHESTER, Zady	8	Denver	(14)	7:12.7	6:33.3	4:04.4
18 PAGE, Carson	8	Vinton-Shellsburg	(15)	7:15.1	6:35.5	4:05.8
19 GANSEN, Noah	8	Janesville	-	7:21.1	6:40.9	4:09.2
20 LUKASZKA, Aiden	8	Vinton-Shellsburg	-	7:23.6	6:43.2	4:10.6
21 MANGOLD, Reid	8	Vinton-Shellsburg	-	7:23.7	6:43.4	4:10.7
22 TARR, Elijah	7	Aplington - Parkers	-	7:32.0	6:50.9	4:15.4
23 KETCHAM, La'Dontrell	8	Vinton-Shellsburg	-	7:34.1	6:52.8	4:16.5
24 MEYER, Jonah	8	Vinton-Shellsburg	-	7:34.7	6:53.4	4:16.9
25 VALVERDE, Maddox	8	Denver	(16)	7:36.6	6:55.1	4:17.9
26 BIEBER, Elliot	8	Aplington - Parkers	-	7:36.6	6:55.1	4:18.0
27 DIETZ, Braxton	7	Nashua-Plainfield	-	7:38.3	6:56.6	4:18.9
28 STUPP, Mathias	7	South Hardin	-	7:42.8	7:00.7	4:21.4
29 ANDERSON, Storm	7	Waterloo Co-Op	17	7:43.7	7:01.5	4:22.0
30 BREITBACH, Sean	7	Denver	-	7:46.2	7:03.8	4:23.4
31 ALLISON, Alex	8	Waterloo Co-Op	18	7:48.5	7:05.9	4:24.7
32 POTTEBAUM, Dane	7	Denver	-	7:49.7	7:07.0	4:25.4
33 STONEMAN, Cayden	8	Union	19	7:52.0	7:09.1	4:26.6
34 HANSEL, Isaac	7	Edgewood-Colesbu	20	7:53.3	7:10.2	4:27.4
35 SEKIC, Eldin	7	Waterloo Co-Op	21	7:55.6	7:12.3	4:28.7
36 THOMAS, Emery	8	Denver	-	8:07.5	7:23.1	4:35.4
37 BURRICHTER, Wyatt	7	Nashua-Plainfield	-	8:12.8	7:28.0	4:38.4

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**Race #2**  
**MS Boys 1.1 Miles****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
38 TURNUS, Zach	8	Vinton-Shellsburg	-	8:18.7	7:33.3	4:41.7
39 KEPPLER, Chase	8	Edgewood-Colesbu	22	8:24.3	7:38.4	4:44.9
40 FEDERSPIEL, Andrew	7	Waterloo Co-Op	23	8:29.3	7:42.9	4:47.7
41 TEKIPPE, Cohen	8	Edgewood-Colesbu	24	8:31.1	7:44.6	4:48.8
42 ALTHOF, Liam	8	Union	(25)	8:50.1	8:01.9	4:59.5
43 GOLDBERG, Kyler	8	Waterloo Co-Op	(26)	9:05.9	8:16.2	5:08.4
44 MURPHY, Liam	7	Waterloo Co-Op	(27)	9:16.0	8:25.4	5:14.1
45 MUSLIC, Belmin	8	Waterloo Co-Op	-	9:24.6	8:33.3	5:19.0
46 EAST, Sam	8	Waterloo Co-Op	-	9:36.1	8:43.7	5:25.4
47 YOUNG, John	8	Waterloo Co-Op	-	9:38.7	8:46.1	5:26.9
48 ROBBINS, Kinnick	8	Edgewood-Colesbu	(28)	9:42.9	8:49.9	5:29.3
49 WESSELS, Creighton	7	Edgewood-Colesbu	(29)	10:04.7	9:09.7	5:41.6
50 MESINOVIC, Sabastian	7	Waterloo Co-Op	-	10:16.8	9:20.7	5:48.4
51 BOTTORFF, Sawyer	8	Nashua-Plainfield	-	10:59.8	9:59.8	6:12.8
52 BASS, Braden	8	Waterloo Co-Op	-	11:16.5	10:15.0	6:22.2

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**Race #3  
Girls 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	41	3-4-8-10-16(20)(24)	1:47:42	21:33	1:49.9
2 Union La Porte City	44	2-5-7-11-19(22)(28)	1:46:48	21:22	3:08.8
3 Vinton-Shellsburg	84	6-13-15-21-29(31)(32)	1:53:39	22:44	3:06.9
4 Edgewood-Colesburg	99	9-12-14-30-34(49)	1:56:41	23:21	4:13.4
5 Nashua-Plainfield	143	1-25-33-40-44(48)(50)	2:03:43	24:45	8:58.5
6 North Tama Traer	149	18-26-27-37-41(42)	2:04:40	24:56	4:29.6
7 South Hardin	168	17-23-36-45-47	2:09:20	25:52	6:22.6
8 Waterloo Christian	218	35-39-43-46-55	2:28:32	29:43	13:19.5
9 Waterloo East	248	38-51-52-53-54	2:36:17	31:16	11:36.6

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 HUCK, Kadence	JR	Nashua-Plainfield	1	19:20.9	6:13.3	3:52.2
2 CONDON, Amilia	JR	Union La Porte City	2	19:33.4	6:17.3	3:54.7
3 WASKOW, Abbi	FR	Dunkerton	-	20:14.4	6:30.5	4:02.9
4 RISTAU, Reeve	JR	Denver	3	20:42.8	6:39.6	4:08.6
5 HOMAN, Hailey	JR	Denver	4	21:12.0	6:49.0	4:14.4
6 ALBERTSEN, Brynn	SO	Union La Porte City	5	21:21.1	6:51.9	4:16.2
7 PRIMROSE, Olivia	JR	Vinton-Shellsburg	6	21:22.3	6:52.3	4:16.5
8 ANTON, Sydney	SR	Union La Porte City	7	21:24.4	6:53.0	4:16.9
9 MULERT, Anna	JR	Denver	8	21:28.9	6:54.4	4:17.8
10 KIRBY, Ellie	JR	Edgewood-Colesbu	9	21:38.7	6:57.6	4:19.7
11 SANDERSON, Sophie	SO	Denver	10	21:45.2	6:59.7	4:21.0
12 LORENZEN, Lily	JR	Union La Porte City	11	21:46.1	6:59.9	4:21.2
13 NURRE, Amanda	FR	Edgewood-Colesbu	12	22:08.2	7:07.1	4:25.6
14 SWENSON, Bree	SR	Vinton-Shellsburg	13	22:22.5	7:11.7	4:28.5
15 BEYER, Ella	FR	Edgewood-Colesbu	14	22:28.0	7:13.4	4:29.6
16 ROSTER, Kaelynn	FR	Vinton-Shellsburg	15	22:29.6	7:13.9	4:29.9
17 DECKER, Adeline	FR	Denver	16	22:32.7	7:14.9	4:30.5
18 STILLE, Madison	SR	South Hardin	17	22:37.7	7:16.6	4:31.5
19 JACOBS, Jamie	SR	North Tama Traer	18	22:40.2	7:17.3	4:32.0
20 PETERSEN, Emily	SR	Union La Porte City	19	22:42.2	7:18.0	4:32.4
21 COOPER, Lily	JR	Denver	(20)	22:52.4	7:21.3	4:34.5
22 PHIPPEN, Lainey	FR	Vinton-Shellsburg	21	22:55.5	7:22.3	4:35.1
23 CARLSON, Kate	JR	Union La Porte City	(22)	23:06.1	7:25.7	4:37.2
24 WILABY, Mya	SO	South Hardin	23	23:10.0	7:26.9	4:38.0
25 HENNINGER, Grace	JR	Dunkerton	-	23:15.2	7:28.6	4:39.0
26 VALVERDE, Ari	SO	Denver	(24)	23:16.2	7:28.9	4:39.2
27 MULERT, Emily	FR	Denver	-	23:16.8	7:29.1	4:39.4
28 MILLER, London	SO	Tripoli	-	23:54.3	7:41.2	4:46.9
29 CLAYTON, Jillian	SO	Denver	-	23:57.3	7:42.1	4:47.5
30 EICK, Ellie	SR	Nashua-Plainfield	25	24:04.2	7:44.4	4:48.8
31 SWALES, Grace	JR	Denver	-	24:09.0	7:45.9	4:49.8
32 LALK, Haley	JR	Denver	-	24:10.0	7:46.2	4:50.0

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33 SEDA, Gabby	SO	North Tama Traer	26	24:15.2	7:47.9	4:51.0
34 MCINTOSH, Avery	SO	Denver	-	24:20.4	7:49.6	4:52.1
35 KEARNEY, Lydia	SR	Valley Lutheran	-	24:21.9	7:50.1	4:52.4
36 BREAKENRIDGE, Ava	JR	North Tama Traer	27	24:26.6	7:51.5	4:53.3
37 JACKSON, Katie	FR	Union La Porte City	(28)	24:28.1	7:52.1	4:53.6
38 NOSBISCH, Callie	FR	Vinton-Shellsburg	29	24:29.2	7:52.4	4:53.8
39 WALZ, Miley	SO	Edgewood-Colesbu	30	24:33.6	7:53.8	4:54.7
40 ROLLINGER, Kara	FR	Vinton-Shellsburg	(31)	24:36.4	7:54.7	4:55.3
41 LUTZ, Aliyah	FR	Vinton-Shellsburg	(32)	24:41.4	7:56.3	4:56.3
42 WHITE, Jalissa	SO	Nashua-Plainfield	33	24:52.7	8:00.0	4:58.5
43 MARTIN, Eryca	JR	Vinton-Shellsburg	-	25:05.3	8:04.0	5:01.0
44 BIRKER, Isabel	JR	Vinton-Shellsburg	-	25:15.1	8:07.2	5:03.0
45 WILSON, Kate	SO	Denver	-	25:16.1	8:07.5	5:03.2
46 HENNEY, Kallyn	SO	Edgewood-Colesbu	34	25:52.1	8:19.0	5:10.4
47 COSTELLO, Katie	SR	Waterloo Christian	35	25:53.6	8:19.5	5:10.7
48 DALESKE, Elizabeth	SR	South Hardin	36	26:03.4	8:22.7	5:12.7
49 OLTROGGE, Gretchen	SR	Denver	-	26:06.9	8:23.8	5:13.4
50 TAYLOR, Delanie	FR	North Tama Traer	37	26:07.6	8:24.0	5:13.5
51 BERGMAN, Lily	JR	Denver	-	26:15.1	8:26.5	5:15.0
52 WEETS, Ellie	JR	Vinton-Shellsburg	-	26:25.0	8:29.6	5:17.0
53 ALLEN, Hailey	JR	Waterloo East	38	26:29.0	8:30.9	5:17.8
54 SORENSEN, Reagan	SR	Union La Porte City	-	26:36.1	8:33.2	5:19.2
55 HINEBAUGH, Lorolei	SO	Union La Porte City	-	26:37.4	8:33.6	5:19.5
56 KNIGHT, Lydia	JR	Waterloo Christian	39	26:40.2	8:34.5	5:20.0
57 LAURES, Maryn	SO	Denver	-	27:01.7	8:41.4	5:24.3
58 GERHOLDT, Amberley	JR	Nashua-Plainfield	40	27:05.9	8:42.8	5:25.2
59 SEDA, Violet	FR	North Tama Traer	41	27:09.8	8:44.0	5:25.9
60 MONAT, Ava	JR	North Tama Traer	(42)	27:11.9	8:44.7	5:26.4
61 MILLS, Ava	SR	Union La Porte City	-	27:55.9	8:58.9	5:35.2
62 HAHN, Song	SO	Waterloo Christian	43	28:04.9	9:01.8	5:37.0
63 HUBBARD, Brooklyn	SR	Union La Porte City	-	28:05.5	9:02.0	5:37.1
64 WEISS, Lexi	SR	Nashua-Plainfield	44	28:19.4	9:06.4	5:39.9
65 ROLLINGER, Rachel	SR	Vinton-Shellsburg	-	28:21.4	9:07.1	5:40.3
66 AYERS, Makana	FR	South Hardin	45	28:28.0	9:09.2	5:41.6
67 KEEGAN, Charlie	SR	Union La Porte City	-	28:30.0	9:09.8	5:42.0
68 WOLFENSBERGER, Lauren	SR	Dunkerton	-	28:35.7	9:11.6	5:43.1
69 BATES, Calla	JR	Waterloo Christian	46	28:39.6	9:12.9	5:43.9
70 STILLE, Alyssa	SR	South Hardin	47	29:00.2	9:19.5	5:48.0
71 LOWE, Marleigh	JR	Nashua-Plainfield	(48)	29:15.5	9:24.5	5:51.1
72 AULWES, Claire	SR	Edgewood-Colesbu	(49)	29:25.2	9:27.6	5:53.0
73 PARSON, Ruby	JR	Union La Porte City	-	29:44.9	9:33.9	5:57.0
74 O'NEILL, Emma	SR	Nashua-Plainfield	(50)	30:07.6	9:41.2	6:01.5
75 KIRCHMANN, Callie	SO	Waterloo East	51	30:17.0	9:44.2	6:03.4
76 ALVA-MARTINEZ, Vanesa	SO	Waterloo East	52	30:30.2	9:48.5	6:06.0
77 HOFTENDER, Taylor	JR	Waterloo East	53	30:54.7	9:56.4	6:10.9
78 STOCKS, Natalie	FR	Union La Porte City	-	31:06.8	10:00.3	6:13.4

## 2023 UNION INVITATIONAL

La Porte City, IA

La Porte City Golf Course

Weather: Partly Cloudy, N 5-10mph, 49% & 74

Thursday, September 07, 2023

## MEET OFFICIALS

**Meet Director:**

Michael Bruns

**Meet Referee:**

Mike Bengen

**Timing:**

Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

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**Race #3**  
**Girls 5K**

# Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
79 CASTER, Lillie	JR	Nashua-Plainfield	-	31:16.6	10:03.4	6:15.3
80 WOLFF, Willa	FR	Union La Porte City	-	31:57.1	10:16.4	6:23.4
81 KEEGAN, Ellie	SR	Union La Porte City	-	32:09.4	10:20.4	6:25.9
82 BOND, Bailey	JR	Nashua-Plainfield	-	34:36.8	11:07.8	6:55.3
83 HONG-MILLER, Elise	SO	Waterloo East	54	38:05.6	12:14.9	7:37.1
84 LITWILLER, Anna	JR	Waterloo Christian	55	39:13.1	12:36.6	7:50.6

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**Race #4  
Boys 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
<b>1 Denver</b>	<b>32</b>	3-5-6-7-11(14)(16)	1:30:27	18:06	1:35.1
<b>2 Vinton-Shellsburg</b>	<b>34</b>	1-2-4-8-19(29)(32)	1:29:27	17:54	2:34.0
<b>3 Union La Porte City</b>	<b>68</b>	9-10-12-17-20(34)(48)	1:35:29	19:06	1:09.1
<b>4 Nashua-Plainfield</b>	<b>119</b>	13-23-26-27-30(37)(39)	1:39:16	19:52	1:19.4
<b>5 South Hardin</b>	<b>140</b>	15-18-21-36-50(52)	1:42:16	20:28	4:09.0
<b>6 Waterloo Christian</b>	<b>154</b>	24-28-31-33-38(45)(49)	1:42:06	20:26	1:12.6
<b>7 Valley Lutheran</b>	<b>164</b>	22-25-35-40-42(46)(55)	1:43:38	20:44	1:54.1
<b>8 Janesville</b>	<b>244</b>	43-44-47-51-59	2:04:09	24:50	12:25.7
<b>9 Edgewood-Colesburg</b>	<b>261</b>	41-53-54-56-57(58)	2:00:41	24:09	3:49.6

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 TORRES, Alex	SO	Vinton-Shellsburg	1	16:54.9	5:26.3	3:23.0
2 PAGE, Eli	SR	Vinton-Shellsburg	2	16:56.3	5:26.8	3:23.3
3 MATTHIAS, Myles	SO	Denver	3	17:19.5	5:34.2	3:27.9
4 PETERSON, Henry	JR	Dunkerton	-	17:35.5	5:39.4	3:31.1
5 BLAIS, Jack	SO	Vinton-Shellsburg	4	17:41.8	5:41.4	3:32.4
6 GOMEZ, Sean	JR	Denver	5	17:54.2	5:45.4	3:34.8
7 HAASE, Carson	SR	Denver	6	18:05.2	5:48.9	3:37.0
8 BAAS, Trevor	JR	Denver	7	18:12.8	5:51.4	3:38.5
9 SWANSON, Aldin	SR	Vinton-Shellsburg	8	18:25.0	5:55.3	3:41.0
10 DAVIS, Cooper	FR	Union La Porte City	9	18:34.2	5:58.2	3:42.8
11 SPENCE, Sawyer	SO	Union La Porte City	10	18:50.8	6:03.6	3:46.2
12 BROWN, Christian	JR	Denver	11	18:54.5	6:04.8	3:46.9
13 MULLEN, Cameron	SO	Union La Porte City	12	18:55.7	6:05.2	3:47.1
14 HANSEN, Jase	SO	Nashua-Plainfield	13	18:57.6	6:05.8	3:47.5
15 HOMAN, Devin	FR	Denver	(14)	18:58.0	6:05.9	3:47.6
16 RUNYON, Gavin	JR	South Hardin	15	19:00.5	6:06.7	3:48.1
17 DOEPKE, Mitchell	SO	Denver	(16)	19:02.0	6:07.2	3:48.4
18 UCHIYAMA-HANSEN, Keng	JR	Union La Porte City	17	19:25.2	6:14.6	3:53.0
19 STARR, Hayden	JR	South Hardin	18	19:25.8	6:14.8	3:53.1
20 DICKENSON, Zachary	SO	Vinton-Shellsburg	19	19:28.8	6:15.8	3:53.8
21 DAVIS, Brayton	SO	GMG Garwin	-	19:29.8	6:16.1	3:54.0
22 HERMAN, Mason	SR	Union La Porte City	20	19:43.2	6:20.4	3:56.6
23 BURK, Collin	SO	South Hardin	21	19:47.4	6:21.8	3:57.5
24 BLAKEMAN, Adam	SO	Valley Lutheran	22	19:48.7	6:22.2	3:57.7
25 SINNWELL, Caleb	JR	Nashua-Plainfield	23	19:52.6	6:23.5	3:58.5
26 VANDE HAAR, Gerrit	FR	Waterloo Christian	24	19:53.6	6:23.8	3:58.7
27 WATERMAN, Jason	SR	Denver	-	19:58.4	6:25.3	3:59.7
28 WILSON, Micah	JR	Valley Lutheran	25	19:59.5	6:25.7	3:59.9
29 PAPLOW, Luke	JR	Nashua-Plainfield	26	20:01.3	6:26.3	4:00.3
30 SMITH, Jake	SO	Nashua-Plainfield	27	20:07.2	6:28.1	4:01.4
31 DIELEMAN, Grady	JR	GMG Garwin	-	20:07.2	6:28.1	4:01.4
32 GRADY, Dawson	SO	Waterloo Christian	28	20:11.0	6:29.4	4:02.2



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**Race #4  
Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
33 KLOPPING, Zach	JR	Vinton-Shellsburg	(29)	20:12.0	6:29.7	4:02.4
34 MUELLER, Avery	SO	Nashua-Plainfield	30	20:16.9	6:31.3	4:03.4
35 WOOLERY, Jonah	SR	Waterloo Christian	31	20:17.1	6:31.4	4:03.4
36 HENZEN, Dagen	JR	Denver	-	20:21.2	6:32.7	4:04.2
37 ALLEN, Leif	FR	Vinton-Shellsburg	(32)	20:22.7	6:33.2	4:04.5
38 RABENHORST, Josh	SO	Denver	-	20:25.2	6:33.9	4:05.0
39 WALTON, Cy	FR	Denver	-	20:25.6	6:34.1	4:05.1
40 JANSSEN, Max	SR	Vinton-Shellsburg	-	20:31.7	6:36.0	4:06.3
41 SWALES, Gabe	JR	Denver	-	20:32.4	6:36.2	4:06.5
42 TUCKER, Colby	FR	Denver	-	20:36.1	6:37.4	4:07.2
43 WOOLERY, Markus	FR	Waterloo Christian	33	20:37.3	6:37.8	4:07.5
44 DEWINTER, Maddux	SO	Union La Porte City	(34)	20:39.0	6:38.4	4:07.8
45 WILSON, Keller	SR	Valley Lutheran	35	20:46.9	6:40.9	4:09.4
46 VANDERWILT, Jonah	FR	South Hardin	36	20:52.4	6:42.7	4:10.5
47 HUNDLEY, Layne	FR	Waterloo East	-	20:57.1	6:44.2	4:11.4
48 STICKLER, Aidan	JR	Dunkerton	-	20:57.3	6:44.3	4:11.4
49 LENTZ, Caleb	SR	Nashua-Plainfield	(37)	20:58.1	6:44.5	4:11.6
50 FENCL, Connor	JR	Waterloo Christian	38	21:06.2	6:47.1	4:13.2
51 LEVI, Callahan	JR	Nashua-Plainfield	(39)	21:14.8	6:49.9	4:15.0
52 LAUGHRIDGE, Walker	JR	Valley Lutheran	40	21:19.8	6:51.5	4:16.0
53 MILLER, Caleb	FR	Denver	-	21:24.5	6:53.0	4:16.9
54 BIRD, Brexton	SO	Nashua-Plainfield	-	21:28.6	6:54.3	4:17.7
55 MANGOLD, Hugh	SR	Vinton-Shellsburg	-	21:29.4	6:54.6	4:17.9
56 REYNOLDS, Adian	FR	Edgewood-Colesbu	41	21:35.5	6:56.5	4:19.1
57 BELTZ, DW	SR	Valley Lutheran	42	21:42.7	6:58.9	4:20.5
58 GREGORSOK, Seth	FR	Janesville	43	21:58.1	7:03.8	4:23.6
59 SEBER, Carter	JR	Waterloo East	-	21:59.1	7:04.1	4:23.8
60 VAN WECHEL, Lincoln	FR	Vinton-Shellsburg	-	22:03.1	7:05.4	4:24.6
61 WHALEN, Oliver	FR	Vinton-Shellsburg	-	22:05.0	7:06.0	4:25.0
62 WESTENDORF, Jason	FR	Janesville	44	22:08.5	7:07.2	4:25.7
63 GARDNER, Bennet	SO	Waterloo Christian	(45)	22:09.6	7:07.5	4:25.9
64 COLSCH, Emmett	SR	Vinton-Shellsburg	-	22:11.0	7:08.0	4:26.2
65 WEBER, Zander	FR	Vinton-Shellsburg	-	22:11.8	7:08.2	4:26.3
66 STEPHENSON, Drayson	SO	GMG Garwin	-	22:14.2	7:09.0	4:26.8
67 BEENKEN, Andrew	FR	North Tama Traer	-	22:17.1	7:09.9	4:27.4
68 SANCHEZ, Anthony	JR	Waterloo East	-	22:19.5	7:10.7	4:27.9
69 SCHMITZ, Zane	SO	Valley Lutheran	(46)	22:22.0	7:11.5	4:28.4
70 HJELMELAND, Ethan	SR	Janesville	47	22:22.3	7:11.6	4:28.5
71 DIELEMAN, Henry	SO	GMG Garwin	-	22:34.7	7:15.6	4:30.9
72 O'NEILL, Sam	SO	Nashua-Plainfield	-	22:39.9	7:17.2	4:32.0
73 RABENHORST, Joe	SO	Denver	-	22:43.0	7:18.2	4:32.6
74 GRIMM, Ian	FR	Union La Porte City	(48)	22:45.8	7:19.2	4:33.2
75 LENSING, Brady	SO	Nashua-Plainfield	-	23:00.1	7:23.7	4:36.0
76 ELMORE, Corbin	JR	Waterloo Christian	(49)	23:01.0	7:24.0	4:36.2
77 NGUYEN, Viet	FR	South Hardin	50	23:09.4	7:26.7	4:37.9
78 OLTMANN, Alex	SR	Janesville	51	23:16.2	7:28.9	4:39.2

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**Race #4  
Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
79 MOODY, Danson	SR	Union La Porte City	-	23:18.3	7:29.6	4:39.6
80 DEWHURST, Max	SO	South Hardin	(52)	23:35.4	7:35.1	4:43.1
81 SULLIVAN, Connor	FR	Nashua-Plainfield	-	23:42.9	7:37.5	4:44.6
82 DIETZ-MCDONALD, Maveric	JR	Nashua-Plainfield	-	23:45.6	7:38.4	4:45.1
83 KIRBY, Gus	FR	Union La Porte City	-	23:47.2	7:38.9	4:45.4
84 HELMRICHS, Cael	SO	Edgewood-Colesbu	53	24:17.2	7:48.5	4:51.4
85 COLE, Kyler	JR	Edgewood-Colesbu	54	24:17.6	7:48.7	4:51.5
86 BEIER, Brady	JR	Valley Lutheran	(55)	24:28.9	7:52.3	4:53.8
87 GREEN, Ethan	FR	Valley Lutheran	-	24:29.8	7:52.6	4:54.0
88 PERCY, Benjamin	SO	Nashua-Plainfield	-	24:53.8	8:00.3	4:58.8
89 HAMANN, Dakota	SR	Edgewood-Colesbu	56	25:05.7	8:04.1	5:01.1
90 MUNDORF, Carson	FR	Nashua-Plainfield	-	25:21.0	8:09.1	5:04.2
91 BRUSTKERN, Hunter	SO	Union La Porte City	-	25:22.6	8:09.6	5:04.5
92 PHELPS, Alex	JR	Edgewood-Colesbu	57	25:25.0	8:10.3	5:05.0
93 SWALES, Josiah	SO	Denver	-	25:25.4	8:10.5	5:05.1
94 PETERSON, Xander	JR	Denver	-	25:51.9	8:19.0	5:10.4
95 STROTTMAN, Talyn	SO	Denver	-	25:52.0	8:19.0	5:10.4
96 HANSON, Aidan	JR	Valley Lutheran	-	26:14.0	8:26.1	5:14.8
97 HENKLE, Hayden	SO	Vinton-Shellsburg	-	26:34.0	8:32.5	5:18.8
98 MICK, Rhys	FR	Vinton-Shellsburg	-	27:07.7	8:43.4	5:25.5
99 NEIFER, Jason	SO	Valley Lutheran	-	27:43.1	8:54.7	5:32.6
100 BOOKMEIER, Matthew	SR	Vinton-Shellsburg	-	27:54.5	8:58.4	5:34.9
101 SHOLLENBARGER, Darwin	SR	Denver	-	28:25.9	9:08.5	5:41.2
102 LABUSCHAGNE, Eric	SR	Tripoli	-	28:43.9	9:14.3	5:44.8
103 OLIND, McCoy	SO	Edgewood-Colesbu	(58)	28:48.6	9:15.8	5:45.7
104 HULBERT, Nick	FR	Nashua-Plainfield	-	29:04.5	9:20.9	5:48.9
105 SATTHERTHWAITE, Nick	SO	Denver	-	29:55.8	9:37.4	5:59.1
106 WEBER, Owen	JR	Valley Lutheran	-	30:10.2	9:42.1	6:02.0
107 LITTLE, Aidan	FR	Janesville	59	34:23.8	11:03.6	6:52.8
108 DAHLEN, Jonas	SO	Waterloo East	-	38:09.7	12:16.2	7:37.9