

**2023 WEST FORK INVITATIONAL**

Sheffield, IA  
 Ridge Stone Country Club  
 Host: West Fork  
 Monday, September 11, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Tyler Borchardt  
**Meet Referee:**  
 John Andrews  
**Timing:**  
 Shannon Event Timings



**OFFICIAL MEET REPORT**  
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**Race #1**  
**Girls Junior High 2 Mile**

**Final Results****RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_West Fork Sheffield	15	1-2-3-4-5	1:20:21	16:05	4:28.6
DNP MS_North Butler					
DNP MS_Belmond-Klemme Co					
DNP MS_Clear Lake Classical					

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 DICK, Makenna	7	MS_West Fork Shef	1	13:25.99	---	6:43.0	4:10.3
2 BOESHART, Avery	8	MS_Belmond-Klem	-	14:20.16	54.17	7:10.1	4:27.1
3 MOELLERS, Addyson	8	MS_West Fork Shef	2	14:20.73	54.74	7:10.4	4:27.3
4 EBERLINE, Faith	7	MS_North Butler	-	15:08.15	1:42.16	7:34.1	4:42.0
5 RIETJENS, Rachel	7	MS_Clear Lake Cla	-	16:29.48	3:03.49	8:14.7	5:07.3
6 SCHILLING, Autumn	8	MS_West Fork Shef	3	17:02.18	3:36.19	8:31.1	5:17.4
7 WISEMAN, Adayr	7	MS_West Fork Shef	4	17:37.37	4:11.38	8:48.7	5:28.4
8 BAKER, Lily	8	MS_West Fork Shef	5	17:54.56	4:28.57	8:57.3	5:33.7
9 MCCASLIN, Nevaeh	8	MS_North Butler	-	18:47.76	5:21.77	9:23.9	5:50.2

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**Race #2**  
**Boys Junior High 2 Mile****Final Results****RACE SUMMARY****INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 WILLIAMS, Brayden	7	MS_West Fork Shef	-	12:16.99	---	6:08.5	3:48.9
2 WEILAND, Lucas	7	MS_Clear Lake Cla	-	13:03.37	46.38	6:31.7	4:03.3
3 MUHLENBRUCH, Nolan	8	MS_Belmond-Klem	-	13:06.70	49.71	6:33.3	4:04.3
4 CALLISON, Cayden	8	MS_Clear Lake Cla	-	13:17.50	1:00.51	6:38.8	4:07.7
5 GRAF, Kaden	8	MS_West Fork Shef	-	14:03.72	1:46.73	7:01.9	4:22.0
6 LUNDT, Reed	8	MS_West Fork Shef	-	15:18.12	3:01.13	7:39.1	4:45.1
7 HEARN, Kody	7	MS_North Butler	-	19:00.52	6:43.53	9:30.3	5:54.2
8 GUIDO-HERNANDEZ, Seba	7	MS_Belmond-Klem	-	19:52.21	7:35.22	9:56.1	6:10.3
9 SWYGMAN, Kane	7	MS_North Butler	-	22:58.58	10:41.5	11:29.3	7:08.1

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**Race #3**  
**Girls 5K**

**Final Results****RACE SUMMARY**

Start Time: 5:00 pm

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 VOELKER, Addison	FR	North Butler Greene	-	19:32.29	---	6:17.3	3:54.5
2 HITZHUSEN, Evelyn	FR	West Fork Sheffield	-	22:27.75	2:55.46	7:13.8	4:29.6
3 RUCKDASHEL, Tarah	JR	West Fork Sheffield	-	22:50.90	3:18.61	7:21.2	4:34.2
4 HARMS, Ellie	FR	West Fork Sheffield	-	23:34.34	4:02.05	7:35.2	4:42.9
5 HARMS, Jana	JR	West Fork Sheffield	-	23:44.13	4:11.84	7:38.4	4:44.8
6 NICHOLSON, Elisabeth	SR	Clear Lake Classica	-	24:03.16	4:30.87	7:44.5	4:48.6
7 SWENSON, Lila	SO	Belmond-Klemme	-	24:18.20	4:45.91	7:49.3	4:51.6
8 SIFERT, Clementine	SO	Belmond-Klemme	-	24:22.07	4:49.78	7:50.6	4:52.4
9 HUEDEPOHL, Kendra	SO	Belmond-Klemme	-	24:27.16	4:54.87	7:52.2	4:53.4
10 BARNETT, Cora	FR	North Butler Greene	-	24:49.92	5:17.63	7:59.5	4:58.0
11 ANDERSON, Aeryn	SR	North Butler Greene	-	26:45.05	7:12.76	8:36.6	5:21.0

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**Race #4**  
**Boys 5K**

**Final Results****RACE SUMMARY**

Start Time: 5:30 pm

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 North Butler Greene	25	1-2-4-7-11(15)(16)	1:33:13	18:39	2:58.8
2 West Fork Sheffield	36	3-6-8-9-10(12)(14)	1:36:41	19:21	1:46.5
3 Belmont-Klemme	72	5-13-17-18-19(20)(21)	1:49:02	21:49	5:20.7
DNP Belmont-Klemme					
DNP Clear Lake Classical					
DNP West Fork Sheffield					

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 PECHA, Trager	SO	North Butler Greene	1	17:17.00	---	5:33.8	3:27.4
2 ALMELIEN, Ezra	FR	North Butler Greene	2	17:36.01	19.01	5:39.9	3:31.2
3 BAPTISTE, Xavier	JR	West Fork Sheffield	3	18:18.51	1:01.51	5:53.6	3:39.7
4 ANDERSON, Wyatt	SR	North Butler Greene	4	18:48.38	1:31.38	6:03.2	3:45.7
5 GREENFIELD, Christopher	JR	Belmond-Klemme	5	18:56.68	1:39.68	6:05.8	3:47.3
6 RUCKDASHEL, Levi	SR	West Fork Sheffield	6	19:15.49	1:58.49	6:11.9	3:51.1
7 ALMELIEN, Alex	JR	North Butler Greene	7	19:15.49	1:58.49	6:11.9	3:51.1
8 WISEMAN, Ashyr	JR	West Fork Sheffield	8	19:26.07	2:09.07	6:15.3	3:53.2
9 DESPENAS, Trevor	JR	West Fork Sheffield	9	19:35.83	2:18.83	6:18.4	3:55.2
10 MARTINEK, Max	FR	West Fork Sheffield	10	20:04.93	2:47.93	6:27.8	4:01.0
11 NIELSEN, William	FR	North Butler Greene	11	20:15.75	2:58.75	6:31.3	4:03.2
12 WEDMORE, Owen	FR	West Fork Sheffield (12)		20:24.18	3:07.18	6:34.0	4:04.8
13 JACKSON, Tate	JR	Belmond-Klemme	13	20:26.50	3:09.50	6:34.8	4:05.3
14 MASKE, Edison	SR	West Fork Sheffield (14)		20:38.43	3:21.43	6:38.6	4:07.7
15 IHRKE, Aaron	SO	West Fork Sheffield	-	20:54.29	3:37.29	6:43.7	4:10.9
16 SHEW, Carl	FR	North Butler Greene (15)		21:16.39	3:59.39	6:50.8	4:15.3
17 HENNING, Brady	SO	North Butler Greene (16)		21:26.69	4:09.69	6:54.1	4:17.3
18 JONES, Brooks	FR	West Fork Sheffield	-	21:31.78	4:14.78	6:55.8	4:18.4
19 RODRIGUEZ, Daniel	SO	Belmond-Klemme	17	21:42.52	4:25.52	6:59.2	4:20.5
20 MUHLENBRUCH, Eli	SO	West Fork Sheffield	-	21:57.31	4:40.31	7:04.0	4:23.5
21 JOHNSON, Logan	FR	Clear Lake Classica	-	22:01.88	4:44.88	7:05.5	4:24.4
22 WISEMAN, Aizyk	FR	West Fork Sheffield	-	23:06.32	5:49.32	7:26.2	4:37.3
23 HERROLD, Alec	SO	Belmond-Klemme	18	23:38.81	6:21.81	7:36.6	4:43.8
24 SWYGMAN, Owen	SR	North Butler Greene	-	23:48.95	6:31.95	7:39.9	4:45.8
25 TORSSELL, Logan	FR	Belmond-Klemme	19	24:17.35	7:00.35	7:49.1	4:51.5
26 BEHR, Brett	FR	West Fork Sheffield	-	24:57.34	7:40.34	8:01.9	4:59.5
27 SIFERT, Callum	SO	Belmond-Klemme (20)		25:15.93	7:58.93	8:07.9	5:03.2
28 HARLEY, Koby	JR	West Fork Sheffield	-	25:58.98	8:41.98	8:21.8	5:11.8
29 SWYGMAN, Evan	SO	North Butler Greene	-	25:59.41	8:42.41	8:21.9	5:11.9
30 SMIDT, Hunter	FR	Belmond-Klemme (21)		26:13.19	8:56.19	8:26.3	5:14.6
31 NIELSEN, Miles	SO	North Butler Greene	-	28:05.16	10:48.1	9:02.4	5:37.0