

Race #5
Girls Varsity 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

	Final Standings	Score	Total	Avg.	Division
1	Ames	36	1:40:02	20:01	North
2	Mason City	42	1:42:37	20:32	North
3	Des Moines Roosevelt	68	1:46:07	21:14	South
4	Ottumwa	97	1:50:32	22:07	South
5	Des Moines Abraham Lincoln	144	1:57:43	23:33	South
6	Marshalltown	167	2:02:01	24:25	North
7	Des Moines Hoover	201	2:08:16	25:40	South
8	Fort Dodge	210	2:10:01	26:01	North

SPLIT SCORING SUMMARY
1.5M

	UNOFFICIAL Standings	Score
1	Ames	37
2	Mason City	42
3	Des Moines Roosevelt	68
4	Ottumwa	102
5	Des Moines Abraham Lincoln	148
6	Marshalltown	155
7	Des Moines Hoover	190
8	Fort Dodge	223

INDIVIDUAL RESULTS

	Athlete	Yr.	#	Team	Score	Time	1.5M
1	Claire Helmers	JR	2859	Ames	1	17:58.4	8:40.9 (1)
2	Lauren Risdal	JR	2872	Ames	2	19:04.8	9:24.8 (2)
3	Elena Gentry	SR	3094	Des Moines Roosevelt	3	19:29.3	9:36.3 (3)
4	Meredith Gentry	SO	3095	Des Moines Roosevelt	4	19:37.3	9:36.3 (4)
5	Janae Hansen	JR	3217	Mason City	5	19:51.2	9:49.9 (7)
6	Emma Stanley	FR	2877	Ames	6	19:52.8	9:46.5 (5)
7	Elise Dykstra	SO	3213	Mason City	7	20:04.1	9:50.0 (8)
8	Paizlee Carter	FR	3210	Mason City	8	20:28.5	9:49.4 (6)
9	Jasmin Luedtke	SR	3246	Ottumwa	9	20:30.1	10:07.1 (10)
10	Peyton Bobolz	FR	3208	Mason City	10	20:42.6	10:07.0 (9)

Athlete	Yr.	#	Team	Score	Time	1.5M
11 Charlotte McCoy	SO	3110	Des Moines Roosevelt	11	21:17.2	10:07.1 (11)
12 Claudia Sewell	SR	3222	Mason City	12	21:30.0	10:38.0 (13)
13 Caroline Krug	FR	2863	Ames	13	21:32.7	10:39.7 (17)
14 Ayak Akol	SO	2847	Ames	14	21:33.4	10:39.4 (14)
15 Nicole Brownmiller	FR	3209	Mason City	15	21:35.8	10:37.3 (12)
16 Ava Manning	SR	2920	Des Moines Abraham Lincoln	16	21:42.7	10:40.5 (18)
17 Ailie Goodman	FR	2856	Ames	17	21:53.0	10:39.5 (16)
18 Caraline Hertz	JR	2860	Ames	18	22:07.3	10:39.5 (15)
19 Miller Heitmann	SO	3180	Marshalltown	19	22:19.3	10:44.5 (19)
20 Mcelderry Kaelin	SO	3244	Ottumwa	20	22:20.5	10:57.6 (22)
21 Yaeli Carapia	SR	3241	Ottumwa	21	22:21.3	10:57.2 (21)
22 Eve Rust	JR	3250	Ottumwa	22	22:22.8	11:01.0 (24)
23 Emma Miller	FR	3001	Des Moines Hoover	23	22:27.8	10:45.0 (20)
24 Emma Sherman	SO	3120	Des Moines Roosevelt	24	22:28.3	10:58.5 (23)
25 Sylvie Monaghan	JR	3249	Ottumwa	25	22:56.7	11:01.0 (25)
26 Anna Krueger	FR	3103	Des Moines Roosevelt	26	23:14.6	11:15.0 (27)
27 Lily Brickley	FR	3085	Des Moines Roosevelt	27	23:16.7	11:17.2 (29)
28 Ada Bogdanski	SO	3084	Des Moines Roosevelt	28	23:20.0	11:15.4 (28)
29 Jorydn Cherniss	JR	2913	Des Moines Abraham Lincoln	29	23:24.3	11:27.3 (31)
30 Anessa Morrison	SO	3184	Marshalltown	30	23:41.7	11:10.5 (26)
31 Audrey Felix	SO	2915	Des Moines Abraham Lincoln	31	23:46.9	11:19.5 (30)
32 Madeline Stephan	JR	3145	Fort Dodge	32	24:14.3	12:07.8 (38)
33 Ella Frost	FR	2916	Des Moines Abraham Lincoln	33	24:14.6	12:01.1 (35)
34 Emerson Eastman	SO	3177	Marshalltown	34	24:29.5	11:59.7 (32)
35 Tosh Cherniss	JR	2914	Des Moines Abraham Lincoln	35	24:34.5	12:00.9 (34)
36 Yasmin Guzman-Segovia	JR	2918	Des Moines Abraham Lincoln	36	24:38.0	12:02.1 (36)
37 Brynn Addis	SR	3240	Ottumwa	37	24:54.0	12:02.5 (37)
38 Elsie Manning	SO	2921	Des Moines Abraham Lincoln	38	24:59.7	12:17.0 (39)
39 Thalia Gallegos	SR	3178	Marshalltown	39	25:04.3	11:59.8 (33)
40 Paige Lewis	JR	3143	Fort Dodge	40	25:28.7	12:19.0 (40)
41 Shanee Saidu	FR	2973	Des Moines East	--	25:51.8	12:45.6 (44)
42 Zoey Schmit	SO	3003	Des Moines Hoover	41	25:56.3	12:32.0 (42)
43 Grace Myli	SR	3002	Des Moines Hoover	42	25:58.2	12:32.0 (41)
44 Darylann Cook	SR	3138	Fort Dodge	43	26:10.8	13:05.0 (47)
45 Sarah Ho	FR	2998	Des Moines Hoover	44	26:11.6	12:32.8 (43)
46 Aubrie Tejada	SR	3187	Marshalltown	45	26:25.7	12:53.8 (46)
47 Mia Tanner	SR	3251	Ottumwa	46	26:37.2	13:07.9 (48)
48 Madison Carmody	FR	3137	Fort Dodge	47	26:53.3	13:18.2 (50)
49 Katie Rodamaker	SR	3144	Fort Dodge	48	27:13.8	13:18.9 (52)
50 Reina Lacina	FR	3142	Fort Dodge	49	27:29.0	13:18.5 (51)

Athlete	Yr.	#	Team	Score	Time	1.5M
51 Anya Caulfield	JR	2955	Des Moines East	--	27:32.5	13:49.0 (56)
52 Brooklyn Kaloupek	FR	3140	Fort Dodge	50	27:37.0	13:33.7 (54)
53 Sophia Hughes	FR	2999	Des Moines Hoover	51	27:41.8	12:49.1 (45)
54 Callie Kirchmann	SO	3263	Waterloo East	--	27:46.9	13:35.1 (55)
55 Lilyia Christen	SO	3176	Marshalltown	52	27:52.9	13:19.3 (53)
56 Tyla Shepstone	FR	3004	Des Moines Hoover	53	27:54.9	13:12.8 (49)
57 Taylor Hoftender	JR	3261	Waterloo East	--	28:25.1	13:49.5 (57)
58 Panga Kapapa	JR	2962	Des Moines East	--	28:57.3	13:57.8 (59)
59 Vanesa Alva-Martinez	SO	3260	Waterloo East	--	28:58.4	13:49.8 (58)

Race #8**Girls Varsity by Division North****FINAL RESULTS****TEAM SCORING SUMMARY****North**

Final Standings		Score	Total	Avg.	Division
1	Ames	26	1:40:02	20:01	North
2	Mason City	29	1:42:37	20:32	North
3	Marshalltown	85	2:02:01	24:25	North
4	Fort Dodge	100	2:10:01	26:01	North

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	
1	Claire Helmers	JR	2859	Ames	1	17:58.4
2	Lauren Risdal	JR	2872	Ames	2	19:04.8
3	Janae Hansen	JR	3217	Mason City	3	19:51.2
4	Emma Stanley	FR	2877	Ames	4	19:52.8
5	Elise Dykstra	SO	3213	Mason City	5	20:04.1
6	Paizlee Carter	FR	3210	Mason City	6	20:28.5
7	Peyton Bobolz	FR	3208	Mason City	7	20:42.6
8	Claudia Sewell	SR	3222	Mason City	8	21:30.0
9	Caroline Krug	FR	2863	Ames	9	21:32.7
10	Ayak Akol	SO	2847	Ames	10	21:33.4
11	Nicole Brownmiller	FR	3209	Mason City	11	21:35.8
12	Ailie Goodman	FR	2856	Ames	12	21:53.0
13	Caraline Hertz	JR	2860	Ames	13	22:07.3
14	Miller Heitmann	SO	3180	Marshalltown	14	22:19.3
15	Anessa Morrison	SO	3184	Marshalltown	15	23:41.7
16	Madeline Stephan	JR	3145	Fort Dodge	16	24:14.3
17	Emerson Eastman	SO	3177	Marshalltown	17	24:29.5
18	Thalia Gallegos	SR	3178	Marshalltown	18	25:04.3
19	Paige Lewis	JR	3143	Fort Dodge	19	25:28.7
20	Darylann Cook	SR	3138	Fort Dodge	20	26:10.8
21	Aubrie Tejada	SR	3187	Marshalltown	21	26:25.7
22	Madison Carmody	FR	3137	Fort Dodge	22	26:53.3
23	Katie Rodamaker	SR	3144	Fort Dodge	23	27:13.8
24	Reina Lacina	FR	3142	Fort Dodge	24	27:29.0
25	Brooklyn Kaloupek	FR	3140	Fort Dodge	25	27:37.0

Athlete	Yr.	#	Team	Score	Time
26 Callie Kirchmann	SO	3263	Waterloo East	--	27:46.9
27 Lilyia Christen	SO	3176	Marshalltown	26	27:52.9
28 Taylor Hoftender	JR	3261	Waterloo East	--	28:25.1
29 Vanesa Alva-Martinez	SO	3260	Waterloo East	--	28:58.4

Race #8
Girls Varsity by Division South
FINAL RESULTS
TEAM SCORING SUMMARY
South

	Final Standings	Score	Total	Avg.	Division
1	Des Moines Roosevelt	29	1:46:07	21:14	South
2	Ottumwa	35	1:50:32	22:07	South
3	Des Moines Abraham Lincoln	71	1:57:43	23:33	South
4	Des Moines Hoover	104	2:08:16	25:40	South

INDIVIDUAL RESULTS

	Athlete	Yr.	#	Team	Score	Time
1	Elena Gentry	SR	3094	Des Moines Roosevelt	1	19:29.3
2	Meredith Gentry	SO	3095	Des Moines Roosevelt	2	19:37.3
3	Jasmin Luedtke	SR	3246	Ottumwa	3	20:30.1
4	Charlotte McCoy	SO	3110	Des Moines Roosevelt	4	21:17.2
5	Ava Manning	SR	2920	Des Moines Abraham Lincoln	5	21:42.7
6	Mcelderry Kaelin	SO	3244	Ottumwa	6	22:20.5
7	Yaeli Carapia	SR	3241	Ottumwa	7	22:21.3
8	Eve Rust	JR	3250	Ottumwa	8	22:22.8
9	Emma Miller	FR	3001	Des Moines Hoover	9	22:27.8
10	Emma Sherman	SO	3120	Des Moines Roosevelt	10	22:28.3
11	Sylvie Monaghan	JR	3249	Ottumwa	11	22:56.7
12	Anna Krueger	FR	3103	Des Moines Roosevelt	12	23:14.6
13	Lily Brickley	FR	3085	Des Moines Roosevelt	13	23:16.7
14	Ada Bogdanski	SO	3084	Des Moines Roosevelt	14	23:20.0
15	Jorydn Cherniss	JR	2913	Des Moines Abraham Lincoln	15	23:24.3
16	Audrey Felix	SO	2915	Des Moines Abraham Lincoln	16	23:46.9
17	Ella Frost	FR	2916	Des Moines Abraham Lincoln	17	24:14.6
18	Tosh Cherniss	JR	2914	Des Moines Abraham Lincoln	18	24:34.5
19	Yasmin Guzman-Segovia	JR	2918	Des Moines Abraham Lincoln	19	24:38.0
20	Brynn Addis	SR	3240	Ottumwa	20	24:54.0
21	Elsie Manning	SO	2921	Des Moines Abraham Lincoln	21	24:59.7
22	Shanee Saidu	FR	2973	Des Moines East	--	25:51.8
23	Zoey Schmit	SO	3003	Des Moines Hoover	22	25:56.3
24	Grace Myli	SR	3002	Des Moines Hoover	23	25:58.2
25	Sarah Ho	FR	2998	Des Moines Hoover	24	26:11.6

Athlete	Yr.	#	Team	Score	Time
26 Mia Tanner	SR	3251	Ottumwa	25	26:37.2
27 Anya Caulfield	JR	2955	Des Moines East	--	27:32.5
28 Sophia Hughes	FR	2999	Des Moines Hoover	26	27:41.8
29 Tyla Shepstone	FR	3004	Des Moines Hoover	27	27:54.9
30 Panga Kapapa	JR	2962	Des Moines East	--	28:57.3

Race #6
Boys Varsity 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

	Final Standings	Score	Total	Avg.	Division
1	Des Moines Roosevelt	40	1:24:04	16:49	South
2	Marshalltown	45	1:24:28	16:54	North
3	Ames	80	1:27:08	17:26	North
4	Mason City	123	1:30:04	18:01	North
5	Des Moines Abraham Lincoln	134	1:30:36	18:08	South
6	Fort Dodge	156	1:32:35	18:31	North
7	Des Moines North	197	1:35:25	19:05	South
8	Ottumwa	198	1:36:27	19:18	South
9	Des Moines East	223	1:39:08	19:50	South
10	Des Moines Hoover	245	1:43:19	20:40	South

SPLIT SCORING SUMMARY
1.5M

	UNOFFICIAL Standings	Score
1	Des Moines Roosevelt	54
2	Marshalltown	55
3	Ames	65
4	Mason City	106
5	Des Moines Abraham Lincoln	126
6	Fort Dodge	179
7	Des Moines North	197
8	Ottumwa	216
9	Des Moines East	218
10	Des Moines Hoover	247

INDIVIDUAL RESULTS

	Athlete	Yr.	#	Team	Score	Time	1.5M
1	Owen Maret	JR	3055	Des Moines Roosevelt	1	15:52.1	7:50.3 (1)
2	Ra'Shaun Sinnwell	SR	3203	Mason City	2	16:27.9	8:09.7 (3)
3	Aj Acheson	SO	3034	Des Moines Roosevelt	3	16:29.6	8:16.3 (12)
4	James Johnson	SR	3161	Marshalltown	4	16:33.3	8:14.3 (11)
5	Zack Stoermer	SR	2903	Des Moines Abraham Lincoln	5	16:34.1	8:10.7 (4)
6	John Moellers	JR	3165	Marshalltown	6	16:37.2	8:13.3 (8)

Athlete	Yr.	#	Team	Score	Time	1.5M
7 Preston Johnson	FR	3162	Marshalltown	7	16:39.8	8:13.3 (9)
8 Erik Anderson	SR	2790	Ames	8	16:42.7	8:11.0 (5)
9 Brennen Bhave	JR	2796	Ames	9	16:44.5	8:09.5 (2)
10 Carter Nunn	SO	3166	Marshalltown	10	16:55.7	8:14.1 (10)
11 Will Beaumont	SR	3035	Des Moines Roosevelt	11	17:03.4	8:11.8 (6)
12 Weston Wise	SR	3077	Des Moines Roosevelt	12	17:15.8	8:39.4 (16)
13 Cameron Reagen	JR	3067	Des Moines Roosevelt	13	17:22.3	8:43.1 (20)
14 Henry Hansen	FR	3194	Mason City	14	17:23.0	8:34.0 (13)
15 Reece Thompson	SR	3073	Des Moines Roosevelt	15	17:27.0	8:43.3 (21)
16 Sean Martin	JR	3057	Des Moines Roosevelt	16	17:30.0	8:42.8 (19)
17 Michael Wagner	SR	3136	Fort Dodge	17	17:35.8	8:38.4 (15)
18 Caleb Rasmussen	SO	3167	Marshalltown	18	17:41.9	8:40.1 (17)
19 Hudson Wheelock	SO	2909	Des Moines Abraham Lincoln	19	17:44.0	8:36.3 (14)
20 Jonathan Ryken	SO	2831	Ames	20	17:47.1	8:52.2 (25)
21 Noah Williamson	SR	2844	Ames	21	17:55.4	8:52.9 (27)
22 Hezekiah Johnson	FR	2816	Ames	22	17:58.0	8:52.8 (26)
23 Parker Gooding	JR	3157	Marshalltown	23	17:59.1	8:45.1 (22)
24 Abdelaziz Adam	JR	2981	Des Moines Hoover	24	18:04.1	8:41.6 (18)
25 Lucas Peace	SR	3235	Ottumwa	25	18:15.5	8:59.9 (31)
26 Ebenezer Yafeti	SO	3027	Des Moines North	26	18:17.5	8:51.5 (23)
27 Waulfret Morales	JR	3233	Ottumwa	27	18:19.1	9:08.2 (34)
28 Omarion Myers-Zimmerman	SR	3130	Fort Dodge	28	18:20.3	9:08.8 (37)
29 Abraham Johnson	SR	2934	Des Moines East	29	18:29.8	8:52.0 (24)
30 Dale Greene	SR	3158	Marshalltown	30	18:30.6	8:56.1 (29)
31 Ayeden Lein	FR	3197	Mason City	31	18:31.2	8:53.4 (28)
32 Diego Bejarano	SO	2881	Des Moines Abraham Lincoln	32	18:33.8	9:08.8 (36)
33 Shawn Roberts	JR	3133	Fort Dodge	33	18:34.6	9:09.4 (38)
34 Xander Mielke	JR	2938	Des Moines East	34	18:38.1	9:08.3 (35)
35 Cael Hansen	FR	3127	Fort Dodge	35	18:44.2	9:20.3 (43)
36 Elliott Ruiz	JR	3201	Mason City	36	18:47.5	8:56.8 (30)
37 Elian Funes	SO	2893	Des Moines Abraham Lincoln	37	18:49.2	9:12.3 (39)
38 Constant Rashidi	JR	3020	Des Moines North	38	18:50.8	9:18.6 (40)
39 Braulio Carcia-Mejia	FR	3007	Des Moines North	39	18:51.1	9:20.1 (42)
40 Octavio Padilla	SR	3199	Mason City	40	18:54.3	9:04.8 (32)
41 Mason Dvorak	SO	2892	Des Moines Abraham Lincoln	41	18:54.6	9:07.9 (33)
42 Chase Gordon	SO	2986	Des Moines Hoover	42	19:12.1	9:23.6 (44)
43 Aiden Recker	SO	3132	Fort Dodge	43	19:20.2	9:38.8 (46)
44 Josue Barahona-Alvarado	JR	3005	Des Moines North	44	19:20.4	9:19.1 (41)
45 Brady Major	JR	3129	Fort Dodge	45	19:30.4	9:39.2 (47)
46 Jonatan Villatoro	JR	3239	Ottumwa	46	19:37.3	9:54.9 (52)

Athlete	Yr.	#	Team	Score	Time	1.5M
47 Esteban Maceda	JR	2937	Des Moines East	47	19:38.8	9:40.1 (48)
48 Warren Meade	FR	2899	Des Moines Abraham Lincoln	48	19:39.3	9:36.9 (45)
49 Quenten Mitchell	JR	3232	Ottumwa	49	19:58.7	9:47.2 (49)
50 Rigoberto Tovar Jr.	SO	3024	Des Moines North	50	20:05.3	9:54.4 (51)
51 Lindberg Garek	SO	3227	Ottumwa	51	20:15.9	9:49.8 (50)
52 Alex Gomez	SO	3228	Ottumwa	52	20:25.6	9:55.9 (53)
53 Owen Gruver	SO	3126	Fort Dodge	53	20:34.9	9:59.7 (56)
54 Jonah Johnson	FR	3011	Des Moines North	54	20:56.8	10:07.1 (59)
55 Jason Rivas	JR	2939	Des Moines East	55	21:00.5	9:56.6 (54)
56 Salatiel Mashengesho	FR	3014	Des Moines North	56	21:03.5	9:57.5 (55)
57 Traden Skinner	JR	2993	Des Moines Hoover	57	21:08.0	10:06.5 (58)
58 Georvon Tyler	JR	3258	Waterloo East	--	21:11.8	10:10.9 (61)
59 Axel Romero	SR	2941	Des Moines East	58	21:20.6	10:01.9 (57)
60 Zander Proctor	SR	3236	Ottumwa	59	21:40.4	10:08.6 (60)
61 Vincent Harwell	SO	2987	Des Moines Hoover	60	21:43.5	10:30.9 (64)
62 Devin Warner	SR	2946	Des Moines East	61	21:44.8	10:28.4 (63)
63 Carter Seber	JR	3257	Waterloo East	--	22:18.0	10:55.6 (66)
64 Layne Hundley	FR	3254	Waterloo East	--	22:52.8	10:43.7 (65)
65 Devan Renes	SR	2992	Des Moines Hoover	62	23:11.5	11:01.0 (67)
66 Mariyon Norton	SO	3255	Waterloo East	--	24:35.9	12:05.3 (68)
67 Ben Hodges	JR	2988	Des Moines Hoover	63	24:39.4	12:12.7 (69)
Julian Brown	SO	2887	Des Moines Abraham Lincoln	--		10:10.9 (62)
Isaiah Knight	JR	2820	Ames	--		8:12.8 (7)

Race #7**Boys Varsity by Division North****FINAL RESULTS****TEAM SCORING SUMMARY****North**

Final Standings		Score	Total	Avg.	Division
1	Marshalltown	26	1:24:28	16:54	North
2	Ames	47	1:27:08	17:26	North
3	Mason City	67	1:30:04	18:01	North
4	Fort Dodge	83	1:32:35	18:31	North

INDIVIDUAL RESULTS

Athlete		Yr.	#	Team	Score	Time
1	Ra'Shaun Sinnwell	SR	3203	Mason City	1	16:27.9
2	James Johnson	SR	3161	Marshalltown	2	16:33.3
3	John Moellers	JR	3165	Marshalltown	3	16:37.2
4	Preston Johnson	FR	3162	Marshalltown	4	16:39.8
5	Erik Anderson	SR	2790	Ames	5	16:42.7
6	Brennen Bhave	JR	2796	Ames	6	16:44.5
7	Carter Nunn	SO	3166	Marshalltown	7	16:55.7
8	Henry Hansen	FR	3194	Mason City	8	17:23.0
9	Michael Wagner	SR	3136	Fort Dodge	9	17:35.8
10	Caleb Rasmussen	SO	3167	Marshalltown	10	17:41.9
11	Jonathan Ryken	SO	2831	Ames	11	17:47.1
12	Noah Williamson	SR	2844	Ames	12	17:55.4
13	Hezekiah Johnson	FR	2816	Ames	13	17:58.0
14	Parker Gooding	JR	3157	Marshalltown	14	17:59.1
15	Omarion Myers-Zimmerman	SR	3130	Fort Dodge	15	18:20.3
16	Dale Greene	SR	3158	Marshalltown	16	18:30.6
17	Ayeden Lein	FR	3197	Mason City	17	18:31.2
18	Shawn Roberts	JR	3133	Fort Dodge	18	18:34.6
19	Cael Hansen	FR	3127	Fort Dodge	19	18:44.2
20	Elliott Ruiz	JR	3201	Mason City	20	18:47.5
21	Octavio Padilla	SR	3199	Mason City	21	18:54.3
22	Aiden Recker	SO	3132	Fort Dodge	22	19:20.2
23	Brady Major	JR	3129	Fort Dodge	23	19:30.4
24	Owen Gruver	SO	3126	Fort Dodge	24	20:34.9
25	Georvon Tyler	JR	3258	Waterloo East	--	21:11.8

Athlete	Yr.	#	Team	Score	Time
26 Carter Seber	JR	3257	Waterloo East	--	22:18.0
27 Layne Hundley	FR	3254	Waterloo East	--	22:52.8
28 Mariyon Norton	SO	3255	Waterloo East	--	24:35.9
29 Isaiah Knight	JR	2820	Ames	--	

Race #7**Boys Varsity by Division South****FINAL RESULTS****TEAM SCORING SUMMARY****South**

Final Standings		Score	Total	Avg.	Division
1	Des Moines Roosevelt	18	1:24:04	16:49	South
2	Des Moines Abraham Lincoln	64	1:30:36	18:08	South
3	Des Moines North	98	1:35:25	19:05	South
4	Ottumwa	101	1:36:27	19:18	South
5	Des Moines East	119	1:39:08	19:50	South
6	Des Moines Hoover	138	1:43:19	20:40	South

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time
1 Owen Marett	JR	3055	Des Moines Roosevelt	1	15:52.1
2 Aj Acheson	SO	3034	Des Moines Roosevelt	2	16:29.6
3 Zack Stoermer	SR	2903	Des Moines Abraham Lincoln	3	16:34.1
4 Will Beaumont	SR	3035	Des Moines Roosevelt	4	17:03.4
5 Weston Wise	SR	3077	Des Moines Roosevelt	5	17:15.8
6 Cameron Reagen	JR	3067	Des Moines Roosevelt	6	17:22.3
7 Reece Thompson	SR	3073	Des Moines Roosevelt	7	17:27.0
8 Sean Martin	JR	3057	Des Moines Roosevelt	8	17:30.0
9 Hudson Wheelock	SO	2909	Des Moines Abraham Lincoln	9	17:44.0
10 Abdelaziz Adam	JR	2981	Des Moines Hoover	10	18:04.1
11 Lucas Peace	SR	3235	Ottumwa	11	18:15.5
12 Ebenezer Yafeti	SO	3027	Des Moines North	12	18:17.5
13 Waulfret Morales	JR	3233	Ottumwa	13	18:19.1
14 Abraham Johnson	SR	2934	Des Moines East	14	18:29.8
15 Diego Bejarano	SO	2881	Des Moines Abraham Lincoln	15	18:33.8
16 Xander Mielke	JR	2938	Des Moines East	16	18:38.1
17 Elian Funes	SO	2893	Des Moines Abraham Lincoln	17	18:49.2
18 Constant Rashidi	JR	3020	Des Moines North	18	18:50.8
19 Braulio Carcia-Mejia	FR	3007	Des Moines North	19	18:51.1
20 Mason Dvorak	SO	2892	Des Moines Abraham Lincoln	20	18:54.6
21 Chase Gordon	SO	2986	Des Moines Hoover	21	19:12.1
22 Josue Barahona-Alvarado	JR	3005	Des Moines North	22	19:20.4
23 Jonatan Villatoro	JR	3239	Ottumwa	23	19:37.3

Athlete	Yr.	#	Team	Score	Time
24 Esteban Maceda	JR	2937	Des Moines East	24	19:38.8
25 Warren Meade	FR	2899	Des Moines Abraham Lincoln	25	19:39.3
26 Quenten Mitchell	JR	3232	Ottumwa	26	19:58.7
27 Rigoberto Tovar Jr.	SO	3024	Des Moines North	27	20:05.3
28 Lindberg Garek	SO	3227	Ottumwa	28	20:15.9
29 Alex Gomez	SO	3228	Ottumwa	29	20:25.6
30 Jonah Johnson	FR	3011	Des Moines North	30	20:56.8
31 Jason Rivas	JR	2939	Des Moines East	31	21:00.5
32 Salatiel Mashengesho	FR	3014	Des Moines North	32	21:03.5
33 Traden Skinner	JR	2993	Des Moines Hoover	33	21:08.0
34 Axel Romero	SR	2941	Des Moines East	34	21:20.6
35 Zander Proctor	SR	3236	Ottumwa	35	21:40.4
36 Vincent Harwell	SO	2987	Des Moines Hoover	36	21:43.5
37 Devin Warner	SR	2946	Des Moines East	37	21:44.8
38 Devan Renes	SR	2992	Des Moines Hoover	38	23:11.5
39 Ben Hodges	JR	2988	Des Moines Hoover	39	24:39.4
40 Julian Brown	SO	2887	Des Moines Abraham Lincoln	--	

IOWA ALLIANCE CONFERENCE CHAMPIONSHIPS

Mason City, IA
Mohawk Stadium
10/11/2023

Meet Director:
Meet Referee:
Timing:
Wayzata Results, LLC



Race #3
Girls JV 5000M

FINAL RESULTS

TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Ames	29	1:56:18	23:16	North
2 Mason City	50	1:59:23	23:53	North
3 Des Moines Roosevelt	52	2:00:05	24:01	South
4 Des Moines East	133	2:28:09	29:38	South
5 Marshalltown	134	2:28:19	29:40	North

SPLIT SCORING SUMMARY

1.5M

UNOFFICIAL Standings	Score
1 Ames	23
2 Mason City	53
3 Des Moines Roosevelt	57
4 Des Moines East	127
5 Marshalltown	138

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	1.5M
1 Erin TerHark	JR	3223	Mason City	1	22:34.3	11:11.5 (5)
2 Isabela Schmidt	FR	2875	Ames	2	22:37.4	11:06.3 (2)
3 Kate Kotta	SO	3218	Mason City	3	22:41.6	11:01.4 (1)
4 Adele Johnson	SR	2861	Ames	4	23:00.7	11:10.8 (3)
5 Isabella Riley	FR	2871	Ames	5	23:09.4	11:10.9 (4)
6 Tessa Bitner	JR	3083	Des Moines Roosevelt	6	23:31.4	11:43.8 (11)
7 Ava Scott	SR	3119	Des Moines Roosevelt	7	23:37.6	11:26.7 (7)
8 Claire Lu	FR	2864	Ames	8	23:40.0	11:13.3 (6)
9 Eve Askildson	FR	3207	Mason City	9	23:46.0	11:39.5 (10)
10 Samantha Palmer	SO	2867	Ames	10	23:50.4	11:39.2 (9)

Athlete	Yr.	#	Team	Score	Time	1.5M	
11	Bradie Bhave	FR	2850	Ames	11	24:05.6	11:29.4 (8)
12	Lydia Smith	SR	3122	Des Moines Roosevelt	12	24:08.3	12:04.2 (15)
13	Isabelle Raymer	FR	3118	Des Moines Roosevelt	13	24:14.3	11:49.3 (12)
14	Olivia Hahn	JR	3096	Des Moines Roosevelt	14	24:33.1	12:09.8 (19)
15	Hasom Park	SO	2868	Ames	15	24:41.0	12:08.0 (18)
16	Juliet Hainley	SO	3031	Des Moines North	--	24:42.0	12:20.0 (25)
17	Anna Lundy	SR	3108	Des Moines Roosevelt	16	24:43.7	12:04.2 (14)
18	Lily Knight	FR	3101	Des Moines Roosevelt	17	24:46.3	12:07.6 (17)
19	Eleanor Lazaro	FR	3105	Des Moines Roosevelt	--	24:55.6	12:18.4 (24)
20	Leah Kincaid	FR	2862	Ames	--	25:00.8	12:30.1 (29)
21	Annabelle Lorentzen	FR	3107	Des Moines Roosevelt	--	25:03.9	12:18.0 (22)
22	Kate Hayes	FR	3098	Des Moines Roosevelt	--	25:06.5	12:18.0 (23)
23	Nettie Foat	SO	3215	Mason City	18	25:09.5	12:16.0 (21)
24	Claire Sewell	FR	3221	Mason City	19	25:11.2	12:35.1 (30)
25	Kate Johnson	JR	3099	Des Moines Roosevelt	--	25:11.7	12:04.5 (16)
26	Harley Trettin	FR	3224	Mason City	20	25:15.4	12:35.1 (31)
27	Linda Toso	SR	2878	Ames	--	25:34.1	12:24.5 (27)
28	Edith Bennett	FR	2849	Ames	--	25:38.4	12:15.5 (20)
29	Blaine Bruning	FR	3087	Des Moines Roosevelt	--	25:52.4	12:00.5 (13)
30	Scarlett Brown	SO	3086	Des Moines Roosevelt	--	25:52.9	12:26.5 (28)
31	Margaux LaPorte	JR	3104	Des Moines Roosevelt	--	25:56.6	12:21.6 (26)
32	Ailin Mendoza	SO	3112	Des Moines Roosevelt	--	26:06.2	12:41.9 (32)
33	Mya Frisk	JR	2855	Ames	--	26:16.2	12:44.4 (34)
34	Corrine Phares	FR	2869	Ames	--	26:29.4	13:03.3 (38)
35	Kelsey Allman	FR	2848	Ames	--	26:31.3	13:03.2 (37)
36	Madison Elg	SO	3093	Des Moines Roosevelt	--	26:34.4	12:42.0 (33)
37	Leah Gerriettes	FR	3216	Mason City	21	26:36.7	13:25.3 (44)
38	Estelle Wong	JR	2880	Ames	--	26:41.3	13:06.4 (40)
39	Elizabeth Duncan	JR	2853	Ames	--	26:41.4	13:06.4 (39)
40	Kara Lockwood	SR	3245	Ottumwa	--	26:44.5	12:54.6 (36)
41	Mallory Knutson	SO	3102	Des Moines Roosevelt	--	26:44.5	12:52.9 (35)
42	Zoey Moon	SO	3113	Des Moines Roosevelt	--	27:19.6	13:47.2 (48)
43	Parker Gale	FR	3139	Fort Dodge	--	27:31.7	13:22.9 (42)
44	Marlowe Barton	SO	3081	Des Moines Roosevelt	--	27:37.2	13:48.1 (50)
45	Isa De Joode	JR	3092	Des Moines Roosevelt	--	27:37.2	13:48.1 (49)
46	Ava Cerne	FR	3091	Des Moines Roosevelt	--	27:49.4	13:13.5 (41)
47	Shayla-Kay Servantez	JR	3220	Mason City	--	27:57.5	14:06.2 (56)
48	Isabelle Henderson	SR	3243	Ottumwa	--	28:02.0	13:45.7 (47)
49	Sophia Schnieder	SO	2876	Ames	--	28:23.0	13:30.6 (45)
50	Talia Bruning	FR	3088	Des Moines Roosevelt	--	28:28.4	13:58.1 (53)

Athlete	Yr.	#	Team	Score	Time	1.5M
51 Gesselle Rivera	SO	3185	Marshalltown	22	28:37.1	14:08.5 (58)
52 Ava Torres	JR	2925	Des Moines Abraham Lincoln	--	28:38.3	13:43.0 (46)
53 Audrey Naumann	JR	3115	Des Moines Roosevelt	--	28:39.0	14:06.7 (57)
54 Cleaira Walker-Sykes	SR	2978	Des Moines East	23	28:49.4	13:23.3 (43)
55 Elena Gaya	FR	3029	Des Moines North	--	29:04.2	13:48.2 (51)
56 Suzie Chambers	JR	3242	Ottumwa	--	29:08.9	13:52.1 (52)
57 Saiya Noborikawa	FR	3141	Fort Dodge	--	29:16.4	14:56.9 (73)
58 Stefani Gutierrez	JR	3179	Marshalltown	24	29:18.1	14:28.2 (65)
59 Jazmin Maceda	SR	2963	Des Moines East	25	29:25.5	14:24.9 (62)
60 Selena Constanza-Chavez	JR	2956	Des Moines East	26	29:26.0	14:24.9 (61)
61 Tania Mora	SR	3183	Marshalltown	27	29:38.5	14:28.2 (66)
62 Karla Martinez	SO	3109	Des Moines Roosevelt	--	29:39.0	14:00.1 (55)
63 Annie McKenzie	SO	3111	Des Moines Roosevelt	--	29:40.7	13:58.7 (54)
64 Kaitlyn Yopez	FR	3188	Marshalltown	28	29:52.4	14:08.8 (59)
65 Kiara Juarez	FR	2961	Des Moines East	29	30:02.2	14:26.7 (63)
66 Natalie Park	FR	2968	Des Moines East	30	30:25.8	14:28.8 (67)
67 Florance Nshimirimana	JR	2967	Des Moines East	31	30:27.4	14:27.7 (64)
68 Evelyn Romero-Duron	SR	2971	Des Moines East	32	30:28.4	14:51.2 (70)
69 Valeria Maldonado	SO	3247	Ottumwa	--	30:30.4	14:37.3 (69)
70 Laura Gavia	SO	2917	Des Moines Abraham Lincoln	--	30:43.5	14:20.7 (60)
71 Alicia Zambrano	SR	3189	Marshalltown	33	30:52.4	14:37.2 (68)
72 Farya Sayedi	JR	2975	Des Moines East	--	31:00.7	14:56.1 (71)
73 Hannah Hayes	SR	3097	Des Moines Roosevelt	--	31:11.0	15:35.2 (79)
74 Corina Droll	SO	3212	Mason City	--	31:58.2	15:30.9 (75)
75 Elizabeth Antonio-Martinez	JR	3028	Des Moines North	--	32:11.8	14:56.8 (72)
76 Jessica Valdez-Hidalgo	JR	2977	Des Moines East	--	32:24.2	15:33.5 (78)
77 Alita Rodriguez-Tello	SR	2969	Des Moines East	--	33:03.5	15:10.1 (74)
78 Hai Htoo	JR	2960	Des Moines East	--	33:28.1	15:33.1 (77)
79 Araceli Bejarano	FR	2911	Des Moines Abraham Lincoln	--	33:29.5	15:46.0 (81)
80 Evelyn Campos	SO	2954	Des Moines East	--	33:58.5	16:36.6 (83)
81 Noralan Warsame	JR	2980	Des Moines East	--	34:01.0	16:40.3 (86)
82 Yaxiri Roman-Flores	FR	2970	Des Moines East	--	34:25.2	16:39.1 (85)
83 Natalie Heredia	FR	2958	Des Moines East	--	34:26.4	16:39.0 (84)
84 Jorja Janssen	SO	3182	Marshalltown	34	35:16.5	15:49.5 (82)
85 Fatou Sy	SO	2924	Des Moines Abraham Lincoln	--	35:17.9	15:46.0 (80)
86 Saraih Heredia	SR	2959	Des Moines East	--	35:37.7	16:58.8 (87)
87 Poe Meh	JR	2965	Des Moines East	--	36:10.8	17:30.6 (90)
88 Yeimi Barajas-Munoz	SR	2953	Des Moines East	--	36:38.0	18:05.8 (94)
89 Khadija Warsame	SR	2979	Des Moines East	--	36:48.6	15:32.6 (76)
90 Nevaeh Silva	SO	2976	Des Moines East	--	36:52.6	18:05.6 (93)

Athlete	Yr.	#	Team	Score	Time	1.5M
91 Mia Monique Zazueta	JR	3190	Marshalltown	35	36:57.6	17:30.2 (89)
92 Evelyn Gonzalez	JR	2957	Des Moines East	--	37:01.1	17:43.2 (92)
93 Htee Say	SR	3033	Des Moines North	--	37:10.9	17:15.5 (88)
94 Vanessa Antonio-Maya	FR	2951	Des Moines East	--	37:30.5	17:43.1 (91)
95 Rebekah Geerdes	SR	2997	Des Moines Hoover	--	38:56.4	18:40.2 (95)
96 Dayana Melendez-Argueta	SR	2966	Des Moines East	--	45:58.4	22:26.9 (96)
Anessa Morrison	SO	3184	Marshalltown	--		30:47.3 (97)

Race #4
Boys JV 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

	Final Standings	Score	Total	Avg.	Division
1	Des Moines Roosevelt	15	1:29:57	18:00	South
2	Ames	46	1:34:34	18:55	North
3	Marshalltown	90	1:38:08	19:38	North
4	Mason City	123	1:41:55	20:23	North
5	Des Moines Abraham Lincoln	144	1:43:55	20:47	South
6	Ottumwa	173	1:47:36	21:32	South
7	Fort Dodge	234	1:55:06	23:02	North
8	Des Moines East	245	1:56:43	23:21	South
9	Des Moines Hoover	248	2:06:36	25:20	South
10	Des Moines North	250	1:58:19	23:40	South

SPLIT SCORING SUMMARY
1.5M

	UNOFFICIAL Standings	Score
1	Des Moines Roosevelt	15
2	Ames	43
3	Marshalltown	94
4	Mason City	116
5	Des Moines Abraham Lincoln	141
6	Ottumwa	176
7	Des Moines Hoover	240
8	Fort Dodge	244
9	Des Moines East	246
9	Des Moines North	246

INDIVIDUAL RESULTS

	Athlete	Yr.	#	Team	Score	Time	1.5M
1	Isaiah Keller	SO	3051	Des Moines Roosevelt	1	17:32.8	8:30.7 (1)
2	Jonah Flynn	SR	3041	Des Moines Roosevelt	2	17:55.4	8:40.8 (2)
3	Zane Kenney	SR	3052	Des Moines Roosevelt	3	17:58.5	8:51.7 (4)
4	Graham Wise	FR	3076	Des Moines Roosevelt	4	17:58.9	8:48.7 (3)
5	Eli Smithberg	SR	3072	Des Moines Roosevelt	5	18:31.4	9:18.9 (11)
6	Damion Winkler	JR	2845	Ames	6	18:31.4	9:10.3 (6)

Athlete	Yr.	#	Team	Score	Time	1.5M
7 Joseph Payton	JR	2828	Ames	7	18:39.9	9:14.5 (7)
8 Silvio Hermann	SO	3046	Des Moines Roosevelt	8	18:42.4	8:59.8 (5)
9 Julian Nicolino	FR	3063	Des Moines Roosevelt	9	18:43.6	9:26.1 (16)
10 Joey Zambreno	SO	3078	Des Moines Roosevelt	--	18:46.8	9:26.0 (15)
11 Evan Moon	JR	2825	Ames	10	19:06.4	9:22.6 (14)
12 Mac Cochran	SO	2800	Ames	11	19:07.7	9:14.6 (8)
13 Silas Erickson	SO	2808	Ames	12	19:08.5	9:38.1 (19)
14 Parker O'Neill	JR	3064	Des Moines Roosevelt	--	19:14.3	9:45.6 (30)
15 Samuel Sadow	FR	2832	Ames	13	19:15.9	9:22.6 (13)
16 Diego Teada	SR	3171	Marshalltown	14	19:19.8	9:39.5 (21)
17 Brady Wickering	JR	3205	Mason City	15	19:25.0	9:19.3 (12)
18 John Dirks	FR	2805	Ames	16	19:27.4	9:31.3 (17)
19 Ian Meyer	SR	3164	Marshalltown	17	19:30.1	9:15.7 (10)
20 William McDeid	FR	2823	Ames	--	19:30.1	9:15.7 (9)
21 Trey Jackson	SR	3049	Des Moines Roosevelt	--	19:33.3	9:42.8 (26)
22 Alex Hernandez Miranda	SO	3159	Marshalltown	18	19:36.1	9:44.0 (28)
23 Joyson Zannoubo	JR	2846	Ames	--	19:37.8	9:54.2 (37)
24 Logan Corwin	JR	3038	Des Moines Roosevelt	--	19:38.7	9:42.4 (24)
25 Elias Thompson	JR	2837	Ames	--	19:39.4	9:45.7 (31)
26 Felix Miguez	FR	2824	Ames	--	19:45.5	9:44.5 (29)
27 Parker Magill	FR	3054	Des Moines Roosevelt	--	19:45.6	9:54.9 (40)
28 Carson Wright	SO	3172	Marshalltown	19	19:47.2	9:44.0 (27)
29 Myles Fulton	FR	3044	Des Moines Roosevelt	--	19:47.9	9:45.8 (32)
30 Hank Murphy	FR	3061	Des Moines Roosevelt	--	19:48.8	9:55.3 (41)
31 Michael Johnson	SO	3196	Mason City	20	19:51.2	9:40.9 (22)
32 John Schindel	SR	2833	Ames	--	19:51.8	9:46.0 (33)
33 Ambrose Luong	FR	3198	Mason City	21	19:52.3	9:38.1 (18)
34 Charles Gilbertson	JR	3155	Marshalltown	22	19:54.2	9:42.4 (25)
35 Owen Caldwell	SO	2799	Ames	--	19:55.1	9:38.2 (20)
36 Lucas Knutson	FR	3053	Des Moines Roosevelt	--	19:56.7	9:54.9 (39)
37 August Vance	SR	3075	Des Moines Roosevelt	--	20:01.6	10:03.5 (50)
38 Isaac Benscoter	JR	3148	Marshalltown	23	20:01.7	9:47.0 (35)
39 Allen Cai	FR	2798	Ames	--	20:03.9	9:55.4 (42)
40 Kager Kremer	JR	3163	Marshalltown	24	20:09.1	9:50.3 (36)
41 Michael Todhunter	JR	2904	Des Moines Abraham Lincoln	25	20:13.5	9:54.3 (38)
42 Artie Helmers	FR	2814	Ames	--	20:16.3	10:02.8 (49)
43 Matthew Grande	SR	2811	Ames	--	20:17.7	10:07.7 (52)
44 Jacob Weber	JR	2841	Ames	--	20:18.1	10:11.7 (57)
45 Gino Wallace	SR	2907	Des Moines Abraham Lincoln	26	20:19.7	9:42.0 (23)
46 Myles Goldman	SO	3156	Marshalltown	--	20:19.8	9:57.8 (43)

Athlete	Yr.	#	Team	Score	Time	1.5M
47 Owen Bowker	FR	2797	Ames	--	20:24.1	10:02.6 (48)
48 Brant McElderry	FR	3058	Des Moines Roosevelt	--	20:27.2	9:46.1 (34)
49 Lucas Bantz	JR	3147	Marshalltown	--	20:28.2	10:00.3 (46)
50 Carson Snyder	SR	3170	Marshalltown	--	20:35.4	9:58.3 (44)
51 Benjamin Trabue	FR	2838	Ames	--	20:37.7	10:10.2 (55)
52 Dylan Poe	FR	3065	Des Moines Roosevelt	--	20:38.9	10:08.0 (53)
53 Sam Smith	SO	3071	Des Moines Roosevelt	--	20:39.0	10:08.1 (54)
54 Arjun Mitra	SO	3060	Des Moines Roosevelt	--	20:44.0	10:35.3 (75)
55 Jack Franks	JR	3043	Des Moines Roosevelt	--	20:44.3	10:17.7 (63)
56 Sam Schwarz	SO	3202	Mason City	27	20:44.9	10:11.9 (58)
57 Josue Corral Coronado	FR	3150	Marshalltown	--	20:45.4	9:59.7 (45)
58 Logan Toloza	SR	3238	Ottumwa	28	20:45.9	10:07.5 (51)
59 TJ Douglas	SO	2806	Ames	--	20:50.8	10:20.4 (67)
60 Lionel Parks	SO	2900	Des Moines Abraham Lincoln	29	20:56.3	10:01.7 (47)
61 Skyler Wade	JR	2840	Ames	--	20:57.1	10:19.3 (65)
62 Alex Eichhorn	SR	2807	Ames	--	20:57.2	10:14.4 (61)
63 Mason Zuck	FR	3079	Des Moines Roosevelt	--	20:58.4	10:18.5 (64)
64 Mariano Chavez	SR	3225	Ottumwa	30	20:59.4	10:14.0 (60)
65 Ethon Downes	JR	2891	Des Moines Abraham Lincoln	31	20:59.9	10:25.0 (69)
66 Gus Sanders	SR	3068	Des Moines Roosevelt	--	21:01.8	10:28.0 (70)
67 Jaden Schwartz	FR	3168	Marshalltown	--	21:02.5	10:19.7 (66)
68 Garang Kear	SR	2819	Ames	--	21:02.6	10:15.9 (62)
69 Cameron Seitz	JR	3070	Des Moines Roosevelt	--	21:11.5	10:28.5 (71)
70 Finn Huggins	JR	3048	Des Moines Roosevelt	--	21:16.9	10:37.2 (77)
71 Ruben Fuentes	SO	3153	Marshalltown	--	21:18.3	10:13.8 (59)
72 Cameron Renes	SO	2991	Des Moines Hoover	32	21:21.2	10:11.6 (56)
73 Ian Crespi	FR	2802	Ames	--	21:23.1	10:41.4 (85)
74 Hoscar Godina-Torres	SR	2894	Des Moines Abraham Lincoln	33	21:25.4	10:38.3 (80)
75 Joel Chan	SR	3036	Des Moines Roosevelt	--	21:26.6	10:48.1 (87)
76 Jt Dix	SO	3040	Des Moines Roosevelt	--	21:28.7	10:37.7 (79)
77 Xayden Pauls	FR	3234	Ottumwa	34	21:32.7	10:33.1 (72)
78 Bennet Neipert	JR	3062	Des Moines Roosevelt	--	21:34.9	10:35.2 (74)
79 Zacharey Harborth	JR	2812	Ames	--	21:35.1	10:33.2 (73)
80 Isaac Seberger	JR	3169	Marshalltown	--	21:35.8	10:40.1 (84)
81 Sam Schmidt	FR	3069	Des Moines Roosevelt	--	21:43.4	10:39.6 (82)
82 Khaing Zan	SO	2995	Des Moines Hoover	35	21:47.1	10:37.2 (78)
83 Aaron Boston	JR	2884	Des Moines Abraham Lincoln	36	21:47.3	10:35.7 (76)
84 Eli Schrag	SO	2834	Ames	--	21:47.4	11:21.2 (106)
85 Conrad Greathouse	FR	3125	Fort Dodge	37	21:48.1	10:20.7 (68)
86 Adyen Robinson	SO	3237	Ottumwa	38	21:52.9	10:49.8 (88)

Athlete	Yr.	#	Team	Score	Time	1.5M	
87	Devon Toledo-Comer	FR	2905	Des Moines Abraham Lincoln	39	21:54.4	10:40.1 (83)
88	Peter Hardee	SO	3195	Mason City	40	22:01.1	10:39.3 (81)
89	Josh Shields	SO	3134	Fort Dodge	41	22:09.0	11:17.7 (102)
90	Carter Mitchell	SO	3059	Des Moines Roosevelt	--	22:16.1	11:16.5 (101)
91	Tiago Colton	JR	2801	Ames	--	22:16.6	11:25.2 (109)
92	Brendan Dial	FR	2804	Ames	--	22:16.9	10:59.9 (92)
93	Jonah Oneal	JR	3018	Des Moines North	42	22:24.9	11:07.4 (98)
94	JohnPaul Martinez	SO	3230	Ottumwa	43	22:24.9	11:03.2 (96)
95	Jack Baker	SO	2793	Ames	--	22:26.8	11:25.2 (110)
96	Adam Baker	FR	2792	Ames	--	22:29.1	11:06.2 (97)
97	Armondo Estrada	FR	3152	Marshalltown	--	22:33.8	10:42.5 (86)
98	Paul Martin	FR	3056	Des Moines Roosevelt	--	22:34.8	11:15.2 (100)
99	Evaristo Saucedo-Escoto	FR	3022	Des Moines North	44	22:36.4	10:59.4 (91)
100	Ronan Welsler	SO	2948	Des Moines East	45	22:37.3	11:21.0 (105)
101	Conner Holman	FR	3160	Marshalltown	--	22:39.8	11:20.3 (104)
102	Jordan Wallace	SR	2908	Des Moines Abraham Lincoln	--	22:41.4	11:01.4 (94)
103	Oscar Kellen	SO	3050	Des Moines Roosevelt	--	22:42.7	11:45.9 (120)
104	Owen Congdon	SR	3037	Des Moines Roosevelt	--	22:50.9	11:23.8 (108)
105	Evan Nelson	SO	2826	Ames	--	22:51.0	10:50.7 (89)
106	Tayvin Warner	SO	2947	Des Moines East	46	22:56.0	11:23.3 (107)
107	Jackson Uthe	FR	2839	Ames	--	22:58.3	11:34.2 (116)
108	Gavin Lopez	JR	2897	Des Moines Abraham Lincoln	--	23:00.3	10:55.5 (90)
109	Jacob Goodman	SO	2810	Ames	--	23:01.4	11:32.3 (115)
110	Hayden Daters	JR	3151	Marshalltown	--	23:04.0	11:27.7 (113)
111	Kolton Samaniego	JR	3021	Des Moines North	47	23:10.7	11:18.7 (103)
112	Caden Lemons	FR	2989	Des Moines Hoover	48	23:10.7	11:02.5 (95)
113	Rapas Srinarongsiri	SO	3135	Fort Dodge	49	23:13.5	11:30.2 (114)
114	Isaiah Haveman	JR	2813	Ames	--	23:16.0	11:01.1 (93)
115	Cade Taylor	SR	2836	Ames	--	23:17.5	11:26.7 (112)
116	Reece Denahey	SO	3039	Des Moines Roosevelt	--	23:22.4	11:45.7 (118)
117	Benjamin Harrington	SO	3045	Des Moines Roosevelt	--	23:27.7	11:46.3 (121)
118	Derek Shannon	JR	2942	Des Moines East	50	23:28.6	11:49.0 (122)
119	Kieron Sharp	FR	2902	Des Moines Abraham Lincoln	--	23:30.5	11:57.8 (131)
120	Samuel Johnson	FR	2818	Ames	--	23:34.9	12:14.9 (144)
121	Zavier McKee	FR	2898	Des Moines Abraham Lincoln	--	23:40.7	11:57.6 (130)
122	Porter Quinn	FR	3066	Des Moines Roosevelt	--	23:42.0	11:52.4 (126)
123	Michael Chhim	SO	2928	Des Moines East	51	23:42.3	11:26.2 (111)
124	Edson Gallentine	SO	3154	Marshalltown	--	23:42.8	11:53.0 (127)
125	Ezequiel Bejarano	SR	2882	Des Moines Abraham Lincoln	--	23:43.0	12:00.8 (135)
126	Dane Hoogeveen	FR	3047	Des Moines Roosevelt	--	23:50.6	11:51.5 (123)

Athlete	Yr.	#	Team	Score	Time	1.5M
127 Brayden Kammerer	SO	3128	Fort Dodge	52	23:51.8	11:58.0 (132)
128 Blaise Ford	FR	3042	Des Moines Roosevelt	--	23:52.4	11:51.5 (124)
129 Abraham Eujenio	SO	2930	Des Moines East	53	23:58.3	11:08.2 (99)
130 Tobias Simmons	SR	3023	Des Moines North	54	24:02.8	11:45.4 (117)
131 Abubakr Rahimov	SR	3131	Fort Dodge	55	24:03.7	11:59.1 (134)
132 Kenneth Bai	SO	2791	Ames	--	24:04.1	12:11.3 (141)
133 Abraham Fisher	JR	3124	Fort Dodge	56	24:07.0	11:58.5 (133)
134 Elijah Sheldon	SO	2835	Ames	--	24:23.9	12:13.8 (143)
135 Sebastian Urias	SR	2906	Des Moines Abraham Lincoln	--	24:32.2	12:03.0 (136)
136 Akramjon Abdurakhimov	SR	3123	Fort Dodge	57	24:35.1	12:16.1 (145)
137 Fabian Espinoza	SR	3226	Ottumwa	58	24:40.1	12:04.8 (138)
138 Ian Carolus	SR	3192	Mason City	59	24:42.2	11:45.8 (119)
139 Irven Maldonado	JR	3229	Ottumwa	60	24:43.1	12:09.9 (139)
140 Chris Young	SR	2950	Des Moines East	61	24:49.5	11:51.6 (125)
141 Drew Gathercole	JR	2931	Des Moines East	62	24:54.4	11:53.2 (128)
142 Jack Breese	FR	2886	Des Moines Abraham Lincoln	--	25:05.6	11:57.4 (129)
143 Saige Heuberger	JR	2933	Des Moines East	--	25:19.4	12:32.4 (147)
144 Logan Bui	JR	2888	Des Moines Abraham Lincoln	--	25:37.8	12:50.7 (150)
145 Jackson Luft	SO	2936	Des Moines East	--	25:56.9	12:30.6 (146)
146 Joe Clark	FR	2890	Des Moines Abraham Lincoln	--	26:00.9	12:03.0 (137)
147 Connor Noeuy	FR	3017	Des Moines North	63	26:03.9	12:13.8 (142)
148 Issac Allen	JR	2788	Ames	--	26:11.2	12:39.0 (148)
149 Sam Eoba	SO	3009	Des Moines North	64	26:32.2	12:45.9 (149)
150 Anthony Williams	JR	2910	Des Moines Abraham Lincoln	--	26:39.2	13:22.9 (153)
151 Elias Bou Karam	JR	2885	Des Moines Abraham Lincoln	--	26:39.5	13:02.0 (151)
152 Manas Basnet	JR	2794	Ames	--	28:08.8	13:57.6 (156)
153 Elfasi Eoo	JR	3010	Des Moines North	65	29:13.7	13:34.7 (155)
154 Nathan Buckley	SO	2983	Des Moines Hoover	66	29:26.8	13:33.4 (154)
155 Jenif Kharka	FR	2896	Des Moines Abraham Lincoln	--	30:13.4	14:14.4 (158)
156 Alberto Zamog	SR	3173	Marshalltown	--	30:21.5	14:45.8 (160)
157 Gustavo Perez-Puga	FR	3019	Des Moines North	--	30:46.0	14:14.3 (157)
158 Joven Arcelo	FR	2982	Des Moines Hoover	67	30:49.7	14:32.8 (159)
159 Jonas Dahlen	SO	3253	Waterloo East	--	31:19.1	14:53.7 (161)
160 Hser Than	SO	2994	Des Moines Hoover	68	32:16.5	13:12.7 (152)
161 Javier Castaneda	SR	2889	Des Moines Abraham Lincoln	--	32:16.6	15:13.0 (162)
162 Robby Wild	FR	2949	Des Moines East	--	37:25.2	17:43.5 (164)
163 Cale Wilmarth	FR	3206	Mason City	69	38:43.2	18:05.8 (165)
164 Bjorn Roen	SR	3200	Mason City	--	39:29.9	18:45.6 (166)
Braulio Carcia-Mejia	FR	3007	Des Moines North	--		15:28.7 (163)
Aiden Nissen	SR	3016	Des Moines North	--		12:10.1 (140)