

# 2023 IOWA CLASS 4A STATE QUALIFIER - IOWA CITY WEST MEET OFFICIALS

Iowa City, IA

Host: Iowa City West

Wednesday, October 18, 2023

Meet Director:

BJ Mayer

Meet Referee:

Bill Neal

Timing:

Matthew Shannon



OFFICIAL MEET REPORT

printed: 10/18/2023 5:20 PM

**Race #1**  
**HS Girls 5K**

## Final Results

### RACE SUMMARY

#### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Ankeny Centennial	23	1-3-4-6-9(10)(14)	1:34:25	18:53	1:05.4
2 Waukee	44	2-5-7-13-17(18)(22)	1:36:44	19:21	1:21.9
3 Cedar Falls	84	8-12-15-24-25(26)(27)	1:39:41	19:57	1:11.9
4 Iowa City West	108	16-20-21-23-28(31)(33)	1:41:30	20:18	0:50.3
5 North Scott Eldridge	137	11-29-30-32-35(42)(43)	1:46:04	21:13	2:21.3
6 Muscatine	164	19-34-36-37-38(39)(40)	1:49:09	21:50	2:25.3
7 Cedar Rapids Jefferson	231	44-45-46-47-49(50)(54)	2:00:30	24:06	1:15.1
8 Burlington	245	41-48-51-52-53	2:04:47	24:58	4:28.6
DNP Waterloo East					

### INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MOHRHAUSER, Anika	JR	Ankeny Centennial	1	18:12.32	---	5:51.6	3:38.5
2 MCCONKEY, Michelle	SO	Waukee	2	18:42.58	30.26	6:01.3	3:44.5
3 DENHARTOG, Cora	JR	Ankeny Centennial	3	18:50.25	37.93	6:03.8	3:46.1
4 HODGES, Bella	JR	Ankeny Centennial	4	18:58.07	45.75	6:06.3	3:47.6
5 BURRIER, Sydney	SO	Waukee	5	18:58.17	45.85	6:06.3	3:47.6
6 FLICK, Julia	JR	Ankeny Centennial	6	19:05.92	53.60	6:08.8	3:49.2
7 BEYER, Hayden	SO	Waukee	7	19:11.67	59.35	6:10.7	3:50.3
8 SIMONSON, Josee	JR	Cedar Falls	8	19:14.71	1:02.39	6:11.6	3:50.9
9 BLEVINS, Ellie	FR	Ankeny Centennial	9	19:17.71	1:05.39	6:12.6	3:51.5
10 HVEEM, Haley	JR	Ankeny Centennial	(10)	19:37.63	1:25.31	6:19.0	3:55.5
11 MADISON, Peyton	SR	North Scott Eldridge	11	19:40.63	1:28.31	6:20.0	3:56.1
12 BECKER, Anna	SR	Cedar Falls	12	19:45.80	1:33.48	6:21.7	3:57.2
13 WURTH, Mallory	JR	Waukee	13	19:46.47	1:34.15	6:21.9	3:57.3
14 ZINN, Kyra	JR	Ankeny Centennial	(14)	19:48.07	1:35.75	6:22.4	3:57.6
15 MEYER, Emily	JR	Cedar Falls	15	19:49.74	1:37.42	6:22.9	3:57.9
16 VAN WANING, Kate	SO	Iowa City West	16	19:58.30	1:45.98	6:25.7	3:59.7
17 BENNETT, Lydia	FR	Waukee	17	20:04.47	1:52.15	6:27.7	4:00.9
18 LEBLANC, Taylor	SR	Waukee	(18)	20:04.75	1:52.43	6:27.8	4:01.0
19 HALLETT, Kiara	SR	Muscatine	19	20:10.75	1:58.43	6:29.7	4:02.2
20 TITUS, Kalli	JR	Iowa City West	20	20:11.35	1:59.03	6:29.9	4:02.3
21 OLSON, Susanna	FR	Iowa City West	21	20:12.31	1:59.99	6:30.2	4:02.5
22 BERGER, Sydney	SR	Waukee	(22)	20:16.78	2:04.46	6:31.6	4:03.4
23 WANG, Cindy	SR	Iowa City West	23	20:18.63	2:06.31	6:32.2	4:03.7
24 ZYLSTRA, Zoe	JR	Cedar Falls	24	20:23.53	2:11.21	6:33.8	4:04.7
25 GALLAGHER, Maddie	SR	Cedar Falls	25	20:26.56	2:14.24	6:34.8	4:05.3
26 COUSIN, June	FR	Cedar Falls	(26)	20:35.30	2:22.98	6:37.6	4:07.1
27 FONLEY, Emersyn	FR	Cedar Falls	(27)	20:37.08	2:24.76	6:38.2	4:07.4
28 VARGA, Erinn	SR	Iowa City West	28	20:48.57	2:36.25	6:41.9	4:09.7
29 THIESSEN, Kennadi	JR	North Scott Eldridge	29	21:12.32	3:00.00	6:49.5	4:14.5
30 SCHNECKLOTH, Sophi	FR	North Scott Eldridge	30	21:25.69	3:13.37	6:53.8	4:17.1
31 MONIZA, Gabrielle	SR	Iowa City West	(31)	21:34.96	3:22.64	6:56.8	4:19.0

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**HS Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
32 NWATCHOCK, Natalie	SO	North Scott Eldridge	32	21:43.42	3:31.10	6:59.5	4:20.7
33 EVANS, Lydia	SO	Iowa City West	(33)	21:44.60	3:32.28	6:59.9	4:20.9
34 ACKER, Ava	JR	Muscatine	34	21:49.17	3:36.85	7:01.4	4:21.8
35 DUNCAN, Ava	SR	North Scott Eldridge	35	22:01.88	3:49.56	7:05.5	4:24.4
36 ESTABROOK, Whitney	SO	Muscatine	36	22:04.20	3:51.88	7:06.2	4:24.8
37 SCHLAWIN, Kate	SR	Muscatine	37	22:28.30	4:15.98	7:14.0	4:29.7
38 LUNA, Amelia	JR	Muscatine	38	22:36.02	4:23.70	7:16.4	4:31.2
39 KOPF, Isabella	FR	Muscatine	(39)	22:39.67	4:27.35	7:17.6	4:31.9
40 HOLLER, Kirsten	FR	Muscatine	(40)	22:39.72	4:27.40	7:17.6	4:31.9
41 DOWNEY, Eva	SR	Burlington	41	22:42.62	4:30.30	7:18.6	4:32.5
42 HAMILTON, Khloe	FR	North Scott Eldridge	(42)	23:01.75	4:49.43	7:24.7	4:36.4
43 RINIKER, Ella	SR	North Scott Eldridge	(43)	23:14.56	5:02.24	7:28.8	4:38.9
44 EGGER, Christina	SR	Cedar Rapids Jeffer	44	23:28.75	5:16.43	7:33.4	4:41.8
45 KUUNDU, Himidi	JR	Cedar Rapids Jeffer	45	23:55.47	5:43.15	7:42.0	4:47.1
46 ESQUEDA, Lizeth	JR	Cedar Rapids Jeffer	46	23:58.05	5:45.73	7:42.8	4:47.6
47 THOMPSON-WILLIAMS, Ch	JR	Cedar Rapids Jeffer	47	24:22.95	6:10.63	7:50.9	4:52.6
48 FISHBACK, Dresden	FR	Burlington	48	24:31.51	6:19.19	7:53.6	4:54.3
49 PETERSON, Thursday	JR	Cedar Rapids Jeffer	49	24:43.80	6:31.48	7:57.6	4:56.8
50 NICKELL, Ryah	JR	Cedar Rapids Jeffer	(50)	25:00.97	6:48.65	8:03.1	5:00.2
51 RINGOLD, Macy	SR	Burlington	51	25:07.68	6:55.36	8:05.3	5:01.5
52 KOBLISKA, Katelyn	JR	Burlington	52	25:13.22	7:00.90	8:07.0	5:02.6
53 ALLEN, Hailey	JR	Waterloo East	-	25:33.71	7:21.39	8:13.6	5:06.7
54 HAMILTON, Klairissa	SO	Burlington	53	27:11.14	8:58.82	8:45.0	5:26.2
55 LONG, Lydia	JR	Cedar Rapids Jeffer	(54)	28:21.11	10:08.7	9:07.5	5:40.2
56 ALVA-MARTINEZ, Vanesa	SO	Waterloo East	-	28:46.00	10:33.6	9:15.5	5:45.2
57 KIRCHMANN, Callie	SO	Waterloo East	-	28:51.22	10:38.9	9:17.2	5:46.2
58 HOFTENDER, Taylor	JR	Waterloo East	-	30:30.05	12:17.7	9:49.0	6:06.0